

September
2025

MEMO

MID-EDEN MAGAZINE
www.midedenmemo.org.uk

Community Events, Trades & Services In

Blencarn
Culgaith
Edenhall
Gamblesby
Glassonby
Hunsonby
Kirkland
Langwathby
Little Salkeld
Melmerby
Ousby
Skirwith
Winskill



Sponsored by

Langwathby Stores & Post Office.
The VIC, Culgaith.
Tithe Cottage Furnishings.
Parish Councils: Culgaith, Hunsonby, Langwathby
PCC of Langwathby
Langwathby Methodist Chapel
Penrith Building Society

To support The MEMO we
welcome new Sponsors,
Donations and Legacies.

MidEdenMemo 

Dear Friends,

September is, for many, both a time of change and a time to take stock. For our school children the long summer holidays are ended and they are now in a new class, or perhaps even a new school, for the forthcoming academic year. Older children may have left school for college or university and some will have started work. For them all it is a time of change.

The weather too is starting to change as we begin meteorological autumn, although many of us hope for an Indian summer! Flowers are fading and autumnal hues are taking over.

Around us crop harvests will have started and livestock sales will be underway. Our farmers will be taking stock of the season.

And in our churches, many will be celebrating Harvest Festivals when we rightly give thanks for those who produce our food, as well as praying for them in what are challenging times.

One of my favourite harvest hymns is, "We plough the fields and scatter the good seed on the land, but it is fed and watered by God's almighty hand." What I particularly like about this hymn is that, in an age when we like to feel we are independent, the words emphasise the words "we" and "God". We are dependent on one another and the support provided by the communities around us is invaluable.

Whether we are facing change or taking stock of our lives the friendship and fellowship we enjoy in our churches and various community groups is wonderful and varied. Please look at this newsletter to see what is around.

Blessings for a fruitful September.

Julie Barrett
Lay Reader

EAST OF EDEN MISSION COMMUNITY CONTACT DETAILS

Please visit our website for news and details of all services:
www.eastofedenmc.org.uk

Rev Ros Watson: Part-time Methodist Supernumary Minister
Tel: 01768 351244 Email: ros.watson@methodist.org.uk

Rev Fiona Jenkins: Mission Community Co-Leader and Priest in Charge
Designate of the Kirkoswald Group Benefice
Tel: 07725 404668 Email: revfionalazonby@icloud.com

DATES FOR YOUR DIARY

AUGUST 2025

30th	Strawberry Teas & Cake Stall, Hall Cottage, Melmerby	2.00pm-4.00pm
31st	Melmerby Park Run, Melmerby Village Hall	9.00am
31st	Deadline for Langwathby Parochial Foundation entries	

SEPTEMBER 2025

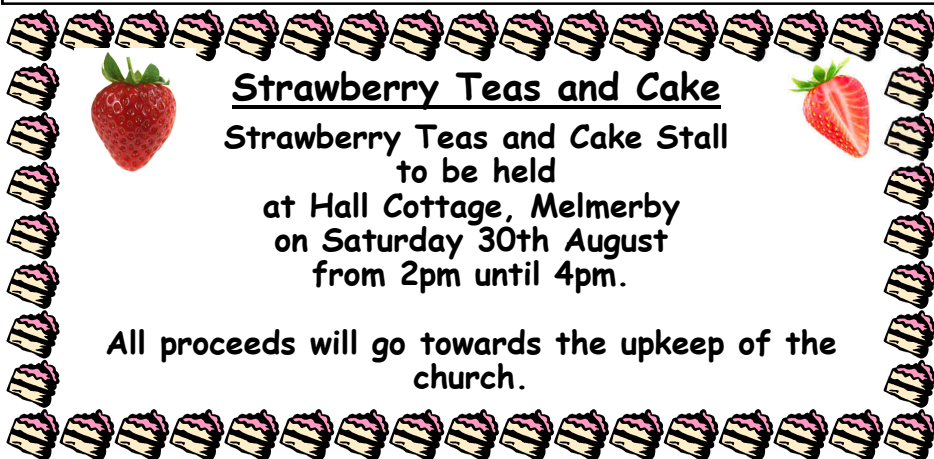
3rd	Langwathby & Edenhall WI, Langwathby Village Hall	7.30pm
4th	"Oasis", Langwathby Methodist Chapel	10.30am
5th	Uncovering Roman Carlisle, Kirkland & Blencarn Village Hall	7.00pm
6th	Ousby Show, Ousby Community Centre	2.00pm - 4.00pm
6th	Dance Exercise Taster, Culgaith Village Hall	5.20pm-6.10pm
10th	Parent & Toddler Playgroup, Culgaith Village Hall	9.30am-11.00am
10th	Coffee & Chat, Hunsonby Community Centre	10.30am-Noon
13th	Pre-loved Clothing Sales, Melmerby Village Hall	2.00pm
16th	Melmerby & District Gardening Club, Melmerby Village Hall	7.30pm
17th	Langwathby Community Fellowship, Methodist Chapel	2.00pm
18th	"Meeting Point", Langwathby Methodist Chapel	10.15am
25th	Special VIC Café, Culgaith, for Macmillan Cancer Support	2.00pm-4.00pm

OCTOBER 2025

2nd	"Oasis", Langwathby Methodist Chapel	10.30am
2nd	Alpha Faith Exploration Meeting, Tea Rose Cottage, Edenhall	7.00-9.00pm
5th	Addingham Financial Support Funding Applications Deadlines	
6th	Deadline for written comments on closure of Edenhall St Cuthbert Church	
7th	Pop Choir, Culgaith Village Hall	7.00pm
8th	Coffee & Chat, Hunsonby Community Centre	10.30am-Noon
9th	Meeting re Closure, St Cuthbert's Church, Edenhall	6.30pm
10th	Strictly Come Dancing—with Dogs!, Kirkland & Blencarn VH	7.00pm
10th	Film Night (Withnail & I), Culgaith V. Hall	6.15pm (Social) 7.30pm (Film)
11th	Strictly Come Dancing—with Dogs!, Kirkland & Blencarn VH	3.00pm
18th	Sale of Homemade Goods, Blencathra House, Lang'by	10.00am-4.00pm
25th	Bulb Market, Culgaith Village Hall	10.00am-noon

Cover Artist

We'd like to thank **Ray Ogden** for kindly producing the cover art this month.



Strawberry Teas and Cake

**Strawberry Teas and Cake Stall
to be held
at Hall Cottage, Melmerby
on Saturday 30th August
from 2pm until 4pm.**

**All proceeds will go towards the upkeep of the
church.**

FUNDING FOR GROUPS & ORGANISATIONS AND ALSO FOR YOUNG PEOPLE AGED 16-27

Call for funding Applications from groups and organisations within the PARISH OF ADDINGHAM.

The Joseph Hutchinson Charity invites applications from **groups and organisations** within the parish of Addingham (Hunsonby, Winskill, Little Salkeld, Glassonby, and Gamblesby).

We provide financial support for educational, social, environmental, and recreational projects and activities that benefit the inhabitants of the parish.

To request an application form, please email
Kate Stannard at kate.stannard@gmail.com.

Please note:

Each application is assessed individually.

Submission does not guarantee a grant will be awarded.

The deadline for application submissions is **5th October 2025**.

Also:

Call for Educational funding Applications from individuals within the parish of Addingham.

The Joseph Hutchinson Charity invites applications from **young people (16–27)** who have been living in the parish of Addingham (Hunsonby, Winskill, Little Salkeld, Glassonby & Gamblesby) for at least 1 year.

We offer financial support for university, college, apprenticeships, and accredited training courses.

To request an application form, please email
Kate Stannard at kate.stannard@gmail.com.

Please note:

Each application is assessed individually.

Submission does not guarantee a grant will be awarded.

The deadline for application submissions is **5th October 2025**.



*'One visit a week has made so much difference to my life.
I can't thank Linking Lives enough'*

Changing isolation by friendship one visit at a time

Serving Penrith and the surrounding villages

**Could YOU be one of our volunteers
and make this big difference to someone in your community?**

**If you could spare about one hour a week to visit someone for a friendly chat,
or if you would just like to find out more about Linking Lives, we would love
to hear from you.**

Please contact our local **Linking Lives** Coordinator
Samantha Pester on **07951 738540** or: [**penrith@linkinglives.uk**](mailto:penrith@linkinglives.uk)

HAVE YOUR SAY— MEMO BUSINESS ADVERTS

The MEMO committee is considering changing the constitution of the magazine to allow us to accept regular business adverts from businesses which are based outside of the MEMO's distribution area. As part of this process we would like to hear the views of our readers.

The reasons for considering this change include:

- any additional income generated would help to secure the longer term future of the MEMO against rising printing costs etc.
- extra income could also be used to include some general interest articles which are not paid for as adverts e.g. health service information, volunteer / charity activities, walks, puzzles etc.
- though we will continue to promote local businesses many services used by our readers are outside of our distribution area and information about them could be relevant and useful
- our readers may like to know about events outside of the area such as cinema / theatre listings, educational opportunities etc.

We would consider charging businesses from outside our area a bit more to advertise than local businesses. We would also include the new adverts in a separate section to make clear which are local businesses and which are further away.

We would very much like to hear your views on our proposals so please let us have your comments either by sending an email to [**editor@midedenmemo.org.uk**](mailto:editor@midedenmemo.org.uk) or by phoning Jeff on 07443 453121.

Edenhall St Cuthbert

Potential Church Closure

You are cordially invited to a public meeting to be held at **6:30pm** on **9th October 2025** at St Cuthbert's Church Edenhall to discuss the future of the church of Edenhall St Cuthbert.

This is a meeting to discuss the potential closure of the church as a Church of England church as a result of various external challenges being faced by parishes across the country, such as declining attendance and changing demographics.

We will be discussing options being considered by the parish that could result in the closure of the building and a change of responsibility for the church and churchyard, which may see it transferred to Edenhall Estate, who have kindly agreed in principle to take on the maintenance, responsibility and costs of the church going forward.

There will be an opportunity to hear the reasons for the proposals, to raise any questions or concerns, and to express views for consideration by the parochial church council of the parish of Edenhall and the Diocese of Carlisle in deciding whether and how to progress.

If you cannot attend the meeting but would like to make comment then please do send them by post to the Pastoral Officer at Church House, 19-24 Friargate Penrith CA11 7XR or by email to pastoral@carlisle-diocese.org.uk by **Monday 6th October.**



NHS EMPOWERING PATIENTS

With Better Access to Healthcare

The following information from the NHS may be helpful to you, our readers.

NHS App

The NHS App is a simple and secure way for people to access a range of NHS services on their smartphone, computer or tablet, including:

- ◆ Viewing their GP health record
- ◆ Ordering repeat prescriptions
- ◆ Booking and managing appointments
- ◆ Checking symptoms and accessing NHS 111 online

The app helps patients take greater control of their health and care, and supports easier, faster access to NHS services, especially at a time when efficiency and accessibility are more important than ever.

Leaflets that summarise what the NHS App offers and how patients can download and use it are available to view at

www.midedenmemo.org.uk/blog/2025/08/29/nhs-app

AbilityNet

Established in 1998, AbilityNet is a pioneering UK charity transforming the lives of older and disabled people and working with organisations of all types and sizes to build a digital world that is accessible to all.

How to get free help from our tech volunteers

We have a network of more than 450 friendly tech volunteers who can help you or someone you are supporting. They can come to your home, or help you on the phone.

Volunteers are all DBS-checked and are happy to deal with any tech problems you may be having, large or small.

To request help from our tech volunteers:

- ◆ call us on 0300 180 0028
- ◆ email us at **enquiries@abilitynet.org.uk** or
- ◆ **fill in the home visit request form** on our website

A leaflet with more details about AbilityNet is available to view at

www.midedenmemo.org.uk/blog/2025/08/29/nhs-app

Further information can also be found here:

www.Facebook.com/MidEdenMemo/

Sale of Home-made Goods

Book bags, necklaces, aprons, bunting, etc

Light Refreshments

**Saturday 18 October
10 am—4 pm**

Blencathra House
Salkeld Road
Langwathby

All in aid of

Langwathby Community Playground

**FOR
SALE**

**FOR
SALE**

CURIOUS ABOUT FAITH? TRY ALPHA!

You are invited (by an Anglican, a Catholic and a Methodist!) to join a series of group conversations that freely explore the Christian faith in an open, friendly environment.

Everyone's welcome whatever your background or beliefs. It's free and there's no pressure to come back.

Weekly at Tea Rose Cottage, Edenhall CA11 8SX, starting Thursday 2nd October 7- 9pm

Light meal, short film and discussion - you can say as much as you like or nothing at all!

Tel 07748988033 or chris.swift443@btinternet.com for further details.

Alpha.org.uk



KIRKLAND AND BLENCARN VILLAGE HALL

"Uncovering Roman Carlisle" Friday 5th September 7pm

An amazing first hand account of the excavation at Carlisle Cricket Club by volunteer, Dr Andrew Wallis, following the discovery of a Roman Bathhouse in 2017, now the largest known building on Hadrian's Wall.
£7.50 per ticket includes desserts!

Booking essential: blencarnandkirklandvillagehall@gmail.com
or text Jane 07984 696418

Friday 10th October 7pm & Saturday 11th October 3pm

"Strictly Come Dancing - with dogs!"



A dazzling and fun Heelwork to Music display led by Kim Lyddon (Team GB Heelwork to Music Manager and multiple Crufts Finalist)

with her two amazing border collies, Rio and Rudi.

Ticket price £10. Only 20 tickets per event are available so please book early to avoid disappointment:

blencarnandkirklandvillagehall@gmail.com
or text Jane 07984 696418

"Artimakers" Craft Club

Enquiries - please email artimakers@icloud.com

August 50/50 Club winners

1st Charlie Morton 2nd Fern Morton 3rd Bill Dodd
4th John Fleming 5th Peter Ellwood



Melmerby and District Gardening Club

FORGOTTEN LIVES

***THE STORY BEHIND THOSE WHO BUILT HIGH MOSS
WITH PETER HUGHES***

Tuesday 16th September 2025, 7.30pm Melmerby Village Hall
Raffle Tea/Coffee Book Sale

M&DGC Annual Membership: £18 per person due in September
Visitors are very welcome to attend at £5.00.

Contact Lorna Egan (Sec) l.m.egan@btinternet.com 07742 444580

Jennifer Baker (Treasurer) tonybakerdevelopments@gmail.com

Tel: 07923 430932



Culgaith Tarn Events

Bulb Market

**10am - 12 noon Sat 25th October
Culgaith Village Hall**

**Good quality Spring bulbs ready for planting
to create a beautiful Spring!**

Free Tea & Coffee and a friendly welcome!

COMING TO YOUR LETTER-BOX SOON...

Alston Moor and Fellside Place Action Group will shortly be delivering a housing needs survey to all households within the MEMO area.



Please answer the questions (tick boxes) to give your community the best chance of securing affordable homes that match local residents' needs.

We will collect the form—so no need for a stamp or to drop it off.

Help us to help you!

At Langwathby Methodist Chapel this month

“Oasis”

Coffee, a short reflection and light lunch

From 10.30, Thursday, 4 September



“Meeting Point”

Come for Coffee & Conversation!

From 10.15, Thursday, 18 September



Visitors welcome!

Culgaith Village Hall (aka The Victoria Institute)

Breaking News - From October we will be starting film screenings on the 2nd Friday of the month. We will be showing Withnail and I, The Guard, Fiddler on the Roof and The Grinch. Exact dates and more information to follow.

If you want to get in touch please drop an email to culgaithhallbookings@gmail.com or telephone Val 01768 216995. If you live in Culgaith village then you can also let us know if you would like any assistance in attending eg. A lift or someone to walk with.

These events are open to everyone.

UPCOMING EVENTS

Saturday 6th Sept, 5.20pm - 6.10pm

30 minutes Dance Exercise taster.

30 minutes of actual exercise but extra time allows each routine to have some steps broken down. Cost £4

Wednesday 10th Sept, 9.30am - 11am

Parent and Toddlers Playgroup restarts.

Tuesday 7th Oct, 7pm

Pop Choir restarts.

Friday 10th Oct, Film night





6.15pm open for those who want to socialise, 7.30pm film starts.

Withnail and I (cert 15) - A classic cult Northern film. Set in 1969, a dark comedy about two substance-abusing, unemployed actors who retreat to the countryside for a holiday that proves disastrous. Advance booking recommended (fully refundable). £5 Adults, £3 under 16s

100 CLUB JUNE WINNERS

- | | |
|-----|--------------------------------|
| 1st | £50 Hilary & John Russell (38) |
| 2nd | £20 Cynthia & Roger Gill (37) |
| 3rd | £10 Margaret Barr (86) |








**THE VIC
CULGAITH'S FRIENDLY
COMMUNITY CAFE
EVERYONE WELCOME!**

Every Thursday 2.00pm – 4.00pm
at the Victoria Institute, Culgaith.
Delicious homemade cakes plus Farrers tea & coffee.

**LET'S
BREW
THIS!**



**Join us on September 25th when The Vic
will once again be supporting Macmillan
Cancer Support. All proceeds will go to
this important charity.**





CULGAITH WALK & TALK

Active Cumbria's Wellbeing Walks

ALL VERY WELCOME: Visitors and locals alike - Get out and about with others in the community to enjoy a **FREE** one hour walk and chat, plus enjoy the wonderful local surroundings.

Walks take place every Thursday at 1pm from various meeting points in the locality - Culgaith, Edenhall, Kirkland, Skirwith and Temple Sowerby.

For more information, please do not hesitate to contact:
Paul Saager - Culgaith Wellbeing Walks Co-ordinator
Mobile: 07542 102226 Email: paulsaager225@btinternet.com



HUNSONBY COMMUNITY CENTRE

COFFEE AND CHAT

10.30 TO 12 NOON

WEDNESDAYS **SEPTEMBER 10TH,
OCTOBER 8TH
NOVEMBER 12TH**

HOME-MADE SCONES / CAKES **TEA / COFFEE**

ALL WELCOME !!

Do you have an hour to spare on a Saturday morning between September and April?



Langwathby Junior Football Club is looking for a volunteer or volunteers to coach our youngest players - the U8s - at Edenhall Sports Ground.

There are no competitive matches at this age, only the fun of playing games with a ball with friends.

No previous experience is necessary as the club provide free access to all necessary qualifications.

For further information, please contact Club Chair Dave Willetts on 075000 49755 or email langwathbyfootball@gmail.com

LANGWATHBY & EDENHALL WI

We meet on the 1st Wednesday of the month at 7.30pm in Langwathby Village Hall



Wednesday September 3rd

**COOKING WITH THE AIR FRYER
Anne Nicoll**

Competition: A Small Cooking Utensil

Hostesses: T Stephenson, H Davies

LANGWATHBY COMMUNITY FELLOWSHIP

New Programme starts:
WEDNESDAY 17th SEPTEMBER
At Langwathby Methodist Chapel
at 2.00pm



“LET’S DANCE CUMBRIA”
WITH MAZ BURGESS



FOLLOWED BY REFRESHMENTS

THIS IS AN OPEN MEETING –EVERYONE IS WELCOME!

PUBS, SHOPS & RESTAURANTS

The Shepherds Inn, Melmerby



The Shepherds Inn,
Melmerby is under new ownership
and currently being refurbished.

Watch this space for details of our
new menu and opening times.

Also checkout:

Facebook: The Shepherds Inn

Website: shepherdsinn.pub

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Shop & Post Office
Opening Times:
Monday to Saturday 7am to 7pm
Sunday 8am to 6pm

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wines (including fine wines),
spirits, beers, lagers!

Plus hot & cold drinks!

Also remember to check out our
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Collection*

Telephone:
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**Fish & Chip Friday
Bar meals served daily**

12pm-2pm & 6pm-9pm

Fish, Homemade Chips & Mushy Peas for only
£13.95

Sumptuous Sunday Lunch from £15.95

Lunchtime meals served 12pm to 2pm

Friday, Saturday & Sunday.

Evening meals served every evening from
5:30pm—9:00pm

Edenhall Country Hotel, Edenhall, Penrith,
CA11 8SX T:01768 881454
www.edenhallhotel.co.uk



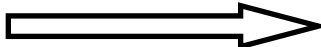
**The Shepherds Inn
The Village Green,
Langwathby CA10 1LW**

**E:stephen@shepherds-inn.co.uk
T:01768 881463**

**reservations@shepherds-inn.co.uk
www.shepherds-inn.co.uk**

Serving good homemade food every day from 12 noon until 7.30pm
including our famous Wathby whale and shortcrust steak and ale proper pie.
And, we have been told, the best shortbread in the World!

Scan for the menu





Christmas Lunches at Dalemain

Enjoy a home cooked meal in the Mediaeval Hall with Christmas decorations, a warm log fire & festive cheer.

Served 26th November to 17th December 2025
(Sunday – Thursday) 12-2:15pm.

2 Courses - £31.00 3 Courses - £35.00

www.dalemain.com/events/christmas-lunches

tourism@dalemain.com 01768486450

COMMUNITY ACTIVITIES

VILLAGE HALLS

Langwathby Village Hall bookings - please contact Brenda Shannon on 07871 994988 (please leave a message, and we'll get back to you) or by email bookings.vhlangwathby@gmail.com.

LOCAL PLAYGROUPS

Culgaith - 'Come and Play' at Culgaith School, 2pm-3pm
Contact admin@culgaith.cumbria.sch.uk or 01768 88655 (See School Website for dates)

Culgaith Parent and toddler (0 -5) playgroup. 9.30am - 11am on Wednesday mornings in Culgaith Village Hall

BUSINESS AND LOCAL SERVICES

ANDREW BRISCOE CARPET & UPHOLSTERY CLEANING

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BUSINESS ADVERTISEMENTS

FOR DETAILS AND APPLICATION FORM

CONTACT JEFF TRUMAN T: 07443 453121

BUSINESS AND LOCAL SERVICES (continued)



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Email: mc.castleview@hotmail.com
www.castleviewconstruction.co.uk

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Free estimate and guaranteed to beat any like for like. Written quotation.



Langwathby Hall, Langwathby, Penrith CA10 1LW
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Chloe's Hair & Beauty offers all aspects of Hair Dressing & Beauty Treatments for Women, Men and Children.

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www.colindawsonltd.co.uk

CULGAITH SAFE & LOCKS: 24 hour Emergency Response 07790 613320

Services provided: Emergency entry to your home, business or car/van; Lock servicing/replacement and fitting; Key cutting, home and business security advice.
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Providing fully qualified and insured tree and hedge services.
Including pruning, reductions, planting, health assessments, felling, hedge management and cutting to shape.

All waste can be removed or chipped as required.

Previous work can be viewed by following PS Tree on Facebook.

For a free, no obligation quote, please contact Dave Willetts

Tel; 075000 49755 www.pstree.co.uk email; david.willetts2@gmail.com

ROY HODGSON LOCAL BUILDER: All aspects of building work undertaken. No job too small. Fully qualified (C&G) with over 30 years experience.
For a free, no obligation quote please call 07721 730108 or 01768 88658

TIM METCALFE JOINER AND TILER: All types of joinery and tiling work undertaken. Fully qualified with 35 years experience. All size jobs considered. Call 01768 881827 or 07977 571237

BUSINESS AND LOCAL SERVICES (continued)



TITHE COTTAGE FURNISHINGS

Professional, friendly service making all types of curtains, roman and roller blinds, pelmets, cushions and more. Provides measuring and quotation service, with no obligation. Wide range of fabrics, curtain poles, tracks and trimmings available. Alternatively why not recycle existing furnishings into new window dressings?

Call Catherine Atkinson on 01768889179 / 07443899659

Email: tithecottagefurnishings@talktalk.net



DELTA ROOFING SERVICES are a reliable, trustworthy, and professional team of local roofers. We are local roofing and roof repairs specialists and are fully qualified in all aspects of domestic, commercial, and industrial roofing, with many years of experience.



Fully Guaranteed Roofing Services for Peace of Mind

• Tiled, Slate & Flat Roofing • Fibreglass Roofing (GRP) • High Performance Felt Roofing • Single Ply Roofing • Velux roof window repairs • UPVC Fascias, Soffits & Guttering • Chimney re-pointing and re-building • Lead flashing work • Professional Roof Cleaning

No money taken upfront - Pay when you're 100% satisfied

Contact Number: 07554 567183 Email: info@deltarooftingservices.co.uk

FELLSIDE GROUNDWORKS LTD: Council approved – all types of commercial and domestic groundwork undertaken: Drives, tarmac, concreting, curbing, walling, drainage etc. Also plant hire and small tool hire at reasonable rates. Please call John on 07825 768911 or 01768 881158. Or email: fellside.groundworks@gmail.com



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Our local, friendly, and reliable team cover all aspects of electrical work.

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Email: info@fieldviewelectrical.co.uk

Web: www.fieldviewelectrical.co.uk

12 Moorside, Hunsonby, Penrith CA10 1PL



Green Stuff - Garden and Home Services

Specializing in all areas of grass care. Regular or one off grass cutting, strimming, fertilizing and moss control. Hedges and bushes cut, trimmed and pruned. Green waste can be taken away. Garden joinery and general handyman work undertaken. No jobs too small. Fully insured with free no obligation quote.

Contact Simon 07966699154. Watsons79@gmail.com



HARTSIDE PROPERTY MAINTENANCE: City and Guilds qualified plumber based in Gamblesby. Installs and repairs to domestic water systems from Alston to Penrith. 24/7 year round emergency callouts available. 10% discounts for OAP'S, BlueLight card holders and veterans/armed forces personnel.
Call Harvey Moore today on 07307380760.

BUSINESS AND LOCAL SERVICES (continued)



Yoga, Meditation, Breath Work and Cold Immersion Training with Ian Rigg

Prioritise your own health and well being and become calmer, fitter and more resilient.

The following classes and workshops are available in Langwathby and Penrith:

Yogic Arts

Meditation

Breath Work

Cold Immersion Training

Contact: Ian Rigg 07743967222 or visit ian-rigg.com

KIRKMAN CONSTRUCTION: all aspects of groundworks, stonemasonry, bricklaying, plastering and associated general building. Conversions, restorations, new build, landscaping and more. Heritage and conservation works including lime-work (pointing, building, plastering) and dry stone. Operated plant hire. Commercial, domestic and agricultural work undertaken. Tel: 01768 593500
Email: theyard@kirkman.construction www.kirkman.construction

M.J. ELECTRICAL Friendly and Reliable, Local Electrician based in Gamblesby. All aspects of electrical work undertaken. Free quotations available. Call Michael for all your electrical queries: 01768 881799 or 07760 444525
Email: mjenningselectrical@gmail.com



Mobile: 07811 362632 Tel: 01768 897151

Email: paulmoffet@hotmail.co.uk

**New builds, extensions and garden/
boundary walls**

Fully qualified with 25 years experience



Physiotherapy led Pilates classes at The SP8 Physio Pilates Studio

7 Salkeld Road, Langwathby, CA10 1ND

On Mondays at 9.30am. Suitable for beginners. More classes to be added.

Pilates aims to strengthen the body in an even way, with particular emphasis on core strength, to improve general fitness and well-being. Wellbeing + Posture + Confidence



Contact: Andy Speight 07596 957027

or email: sp8physiopilates@gmail.com



PINE TREE NURSERIES & GARDEN DESIGN SERVICES

Glassonby CA10 1DZ Tel: 07899 722530 / 07391 450735

Email: pinetreenurseries@gmail.com

Wander round our display beds and choose from a large selection of perennials, shrubs, conifers, grasses and trees.
Friendly advice always available.

Opening times: Wed - Sun 10am - 5.30pm including Bank Holidays.

www.pinetreenurseries.co.uk

About The MEMO A team of over 40 volunteers collate, type, proof & distribute your MEMO each month to produce a community based publication. We are grateful for the support given by businesses & sponsors. You can contact us as follows:

For editorial enquiries for next issue: editor@midedenmemo.org.uk

For business advert enquiries contact our business coordinator:

Jeff email: jeff.midedenmemo@gmail.com mobile: 07443 453121

For payment related enquiries contact our treasurer:

Martin email: treasurer@midedenmemo.org.uk

For community (non-business) advert enquiries contact:

Abi email: community@midedenmemo.org.uk

All copy for the October issue by NOON FRIDAY 12th SEPTEMBER 2025

Items ready to be typed can be sent to: midedenmemo@gmail.com

Payment should accompany the advert request.

Cheques payable to 'The MEMO'; Address on request from Abi/Jeff or payment / hard copy can kindly be left at Langwathby Stores.

Payment can also be made by **BACS/electronically using the following details:**

A/c Name: The MEMO **A/c Number:** 30875570 **Sort Code:** 20-66-97

The Committee maintain the right to edit and/or withhold material as deemed necessary.

MEMO distributors will be able to collect from Langwathby Church on Wednesday 24th September 2025

MEMO CHARGES FROM 1ST JANUARY 2025

Non-Business Adverts (Individual/Groups/Clubs/Education):

£8 per third of page entry or £80 subscription (eleven thirds for the year). Sponsorship (name on front cover) £65 minimum - this donation does not include advertising within the Memo.

Business Adverts:

Standard Business Directory Advert £9 per issue or £90 subscription (11 issues) Max. 40 words excluding title & contact details plain text.

Premium Business Directory Advert £13 per issue or £130 subscription (11 issues) Max 1/6 of a page with border, image and formatting.

MEMO COPY DATES FOR 2025

12th September

10th October

14th November

The MEMO website is www.midedenmemo.org.uk

You can download the electronic copy of the MEMO from there.

CHURCH SERVICES IN OUR CHURCHES AND CHAPELS FOR SEPTEMBER 2025

Sunday 7th September

Langwathby Methodist Chapel

Langwathby Methodist Chapel

Special Sundays

11.00am

5.00pm

Taizé

Celia Ramnath

Taizé Team

Sunday 14th September

Gamblesby

Gamblesby

Langwathby, St Peter's

Harvest

10.00am

2.00pm

11.00am Holy Communion by Extension

Little Acorns

Local Team

Jan Blackshaw

Julie Barrett

Sunday 21st September

Culgaith

Langwathby Methodist Chapel

Ousby

Harvest

9.30am

11.00am

10.00am

Holy Communion

Harvest Service

Harvest Service

Fiona Jenkins

Ray and Joan Wager

Archdeacon

Ruth Newton

Sunday 28th September

Addingham

Culgaith

Gamblesby

Langwathby, St Peter's

Harvest

9.30am

10.30am

2.00pm

11.00am

Holy Communion by Extension

Village Hall, Cafe Church

Harvest Festival

Family Worship and Baptism

Bryan Gray

Local Team

Morgan Tebb-Roger

Fiona Jenkins



Ecumenical Christian Community

<https://eastofedenmc.org.uk>