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To support The MEMO we welcome new Sponsors, **Donations and Legacies.**



A view from space anyone?

Six women, including pop star Katy Perry, safely completed a trip in mid-April to the edge of outer space and back to a private Texas ranch on a vehicle owned by Amazon co-founder, Jeff Bezos. There's an encapsulation of today's values and evidence of the distribution of wealth that says much about our society.

Brian Cox observed a few days earlier that (at least) all newly elected politicians should take the trip into space and look long and hard at that image of our world suspended in glorious technicolour brilliance against the impenetrable blackness of space. Why? To appreciate the wonder of this remarkable view? Certainly. But primarily to recognize the responsibility for maintaining that environment as the habitat for 8 billion humans and numerous other living things.

Of course, that must mean a home that sustains the life of the poorest and the richest. Food, water, and somewhere to live for those that by chance can afford to buy whatever they want, but also and especially for those who by chance cannot be sure even of water.

We once embraced collectively a story about ourselves that made the idea of 'the common good' central, but I fear we have lost that story and its values. There are some hopeful exceptions. Wales has a 'well-being of future generations Act' and a 'Minister for future generations'.

I hope that our rural communities stay ahead of government. We do believe in the 'common good' of all we live with. For that to be possible, we have to, well, talk to each other and share our common values, which I think we do well. That globe and all its inhabitants do deserve our care, don't they?

Peter Bowes Lay Preacher

EAST OF EDEN MISSION COMMUNITY CONTACT DETAILS

Please visit our website for news and details of all services: www.eastofedenmc.org.uk

Rev Dave Milner: Mission Community Co-Leader and Jt Methodist Superintendent

Tel: 07597 639314 Email: dave@revmilner.plus.com

Rev Fiona Jenkins: Mission Community Co-Leader and Priest in Charge Designate of the Kirkoswald Group Benefice Tel: 07725 404668 Email: revfionalazonby@icloud.com

DATES FOR YOUR DIARY

<u>JULY 2025</u>

2nd	Langwathby & Edenhall WI, Langwathby Village Hall	7.30pm			
3rd	"Oasis", Langwathby Methodist Chapel	10.30am			
3rd	The Vic café, Victoria Inst, Culgaith	2.00pm-4.00pm			
8th	Soup & cake lunch, Skirwith Village Hall	12.00-1.30pm			
10th	Make Your Own Roman Blind, Langwathby Village Hall	9.30am-3.30pm			
10th	The Vic café, Victoria Inst, Culgaith	2.00pm-4.00pm			
12th	Table Top Sale, Ousby Community Centre	10.00am-1.00pm			
15th	Floors Castle Coach Trip, M&DGC				
17th	"Meeting Point", Langwathby Methodist Chapel	10.15am			
17th	The Vic café, Victoria Inst, Culgaith	2.00pm-4.00pm			
19th	Langwathby Village Scarecrow Festival				
20th	Langwathby Village Scarecrow Festival				
24th	The Vic café, Victoria Inst, Culgaith	2.00pm-4.00pm			
31st	"Men in the kitchen", The Vic café, Victoria Inst, Culgaith	2.00pm-4.00pm			
AUGUST 2025					
AUGUS	31 2025				
2nd	Fund Raising Event, Kirkland & Blencarn Village Hall	2.00pm-4.30pm			
2nd	Ousby Big BBQ	11.30am			
16th	Culgaith Show & Sports Day, Culgaith Recreation Ground	1			

Contacting the MEMO Team.

Enquiries regarding Business adverts or subscriptions should be sent to Jeff, on 07443 453121 or email **jeff.midedenmemo@gmail.com**

Any queries regarding Community (non-business) adverts or subscriptions should be sent to Abi, email address: <u>community@midedenmemo.org.uk</u>

For general and editorial enquiries please contact Jane and Attracta by email <u>editor@midedenmemo.org.uk</u>

Any items of hard copy or payment that can't be sent electronically should be left at Langwathby Stores where a folder for the MEMO is held behind the counter. Please provide contact details with any items that you leave so that we can get back to you if there are any queries.

See inside back cover for all Memo contact options and payment details.

Cover Artist

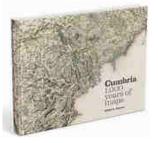
We'd like to thank Janis Young for kindly producing the cover art this month.

MICKLETONS

Mickletons was the name for the common grazing ground south-east of Langwathby village. It bordered the Eden's east bank and extended east of the Culgaith road, one field deep there. Its placename means "Land belonging to the big farm-village i.e. Langwathby, as its common. Eventually it became overstocked and the Manor Court of Langwathby i.e. the village's farmers and others, made it a stinted common with each stintholder entitled to put as many cattle on it as his stint-total allowed, and no more. The common was about 150 acres, and the Manor Court fixed it at about 80 stints. Each man's total of stints varied according to how big his farm was. Anyone putting more beasts on it than his stint allowed was fined by his fellows, sitting as the Manor Jury.

In 1776, Mickletons had 18 stint-holders, ranging from John Rebanks (1 stint) to Timothy Fetherstonhaugh (15 stints). He lived at The College in Kirkoswald but had land elsewhere. These 18 farmers, all freeholders, met and unanimously decided to have Mickletons divided into fields, each field's size depending on how many stints each had. These came free, but had to be dyked or hedged and the surveyor paid. This was James Clarke (born c.

1745 in Watermillock, and based as yet in Greystoke; by 1783 he lived in Penrith) who duly surveyed and allotted the fields in 1777. His map and award are now in the Cumbria Archive Centre, Carlisle, ref DX 338/3 and in the new book by William D Shannon, 'Cumbria, 1000 years of maps'.



Thank you to Jeremy Godwin for his research.

MEMO SHORTS

The VIC Community Cafe held on May 29th in support of Eden Animal Rescue raised £280.20. Sincere thanks to all who came along and supported us and also to those who helped.

KIRKLAND AND BLENCARN VILLAGE HALL

Saturday 2nd August 2pm - 4.30pm Fund Raising Event

A sale of reproduction prints kindly donated by artist Alan Stones, with all proceeds going to the village hall funds.

Coffee/tea and cake will be available.

At Langwathby Methodist Chapel this month

"Oasis"

Coffee, a short reflection and light lunch From 10.30, Thursday, 3 July

"Meeting Point"

Come for Coffee & Conversation! From 10.15, Thursday, 17 July

Visitors welcome!

Langwathby & Edenhall WI

<u>We meet on the 1st Wednesday of the month at 7.30pm in</u> <u>Langwathby Village Hall</u>

> July 2nd PAINTING WITH PASTELS Elise Hendry

> > Competition: Prettiest Summer Hat to be worn Hostesses: R. Remmer, P. Shreeve, B. Davey

August 6th OUTING Travel arrangements to be confirmed later

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Saturday 2nd August from 11.30am. On the village green. All welcome. Charges apply for BBQ.

A fun afternoon packed with games and sports for all.

Follow us on Facebook @ Ousby Activity Committee for more information.

Culgaith Village Hall (aka The Victoria Institute)

Our pop choir is taking a summer break and will be back in October.



Π

The hall is available for private hire $(\pounds 10 / \text{hour for local residents}, \pounds 12$ for non residents)

Here's what someone said about using the hall:

"I was really impressed with how easy and straight forward it was to book the village hall for my children's joint birthday party. The village hall itself is a great size for an event like this and has a brilliant room upstairs too. An added bonus was it was nice and warm in the middle of winter!! "

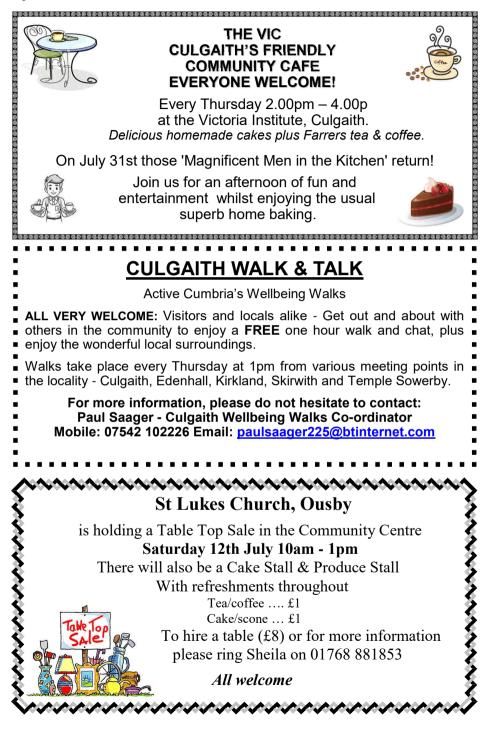
If you want to get in touch please drop an email to **culgaithhallbookings@gmail.com** or telephone Val 01768 216995.

April 100 Club draw winners:

1st prize £50 (2) Kath Thompson 2nd prize £20 (52) David Hartland 3rd prize £10 (76) Jo Ludlow Henderson

Thanks to those that support the village hall through this draw. All numbers have now been sold.







Septic Tank Owner? Fully funded upgrades are now available in Cumbria

Due to the nutrient pollution of river catchments in Cumbria, we are replacing septic tanks with modern treatment plants that cut down on phosphates.

This ongoing upgrade project is being funded by Westmorland and Furness Council, so you can have a positive impact on the environment, free of charge.

Register your interest online today!



01768 428 000

burrow-environmental.com

PUBS, SHOPS & RESTAURANTS

<u>The Shepherds Inn.</u> <u>Melmerby</u>



The Shepherds Inn, The Shepherds Inn, Melmerby is under new ownership and currently being refurbished.

Watch this space for details of our new menu and opening times.

Also checkout:

Facebook: The Shepherds Inn Website: shepherdsinn.pub



Edenhall Country Hotel Fish & Chip Friday

Bar meals served daily



12pm-2pm & 6pm-9pm Fish, Homemade Chips & Mushy Peas for only £13.95 Sumptuous Sunday Lunch from £15.95 Lunchtime meals served 12pm to 2pm Friday, Saturday & Sunday. Evening meals served every evening from 5:30pm—9:00pm Edenhall Country Hotel, Edenhall, Penrith, CA11 8SX T:01768 881454 www.edenhallhotel.co.uk

LANGWATHBY STORES & POST OFFICE

Shop & Post Office Opening Times: Monday to Saturday 7am to 7pm Sunday 8am to 6pm

For those everyday essentials and an excellent selection of wines (including fine wines), spirits, beers, lagers!

Plus hot & cold drinks!

Also remember to check out our regular special offers in store.

Orders taken for Delivery or Collection

> Telephone: 01768 881342







The Shepherds Inn The Village Green, Langwathby CA10 1LW

E:stephen@shepherds-inn.co.uk T:01768 881463

reservations@shepherds-inn.co.uk www.shepherds-inn.co.uk

Serving good homemade food every day from 12 noon until 7.30pm including our famous Wathby whale and shortcrust steak and ale proper pie. And, we have been told,**the** best shortbread in the **World**!

Scan for the menu





COMMUNITY ACTIVITIES

VILLAGE HALLS

Langwathby Village Hall bookings - please contact Brenda Shannon on 07871 994988 (please leave a message, and we'll get back to you) or by email <u>bookings.vhlangwathby@gmail.com</u>.

LOCAL PLAYGROUPS

Culgaith - 'Come and Play' at Culgaith School, 2pm-3pm Contact <u>admin@culgaith.cumbria.sch.uk</u> or 01768 88655 (See School Website for dates)

Culgaith Parent and toddler (0 -5) playgroup. 9.30am - 11am on Wednesday

BUSINESS AND LOCAL SERVICES

ANDREW BRISCOE CARPET & UPHOLSTERY CLEANING

30 Years experience in the carpet cleaning industry. Van mounted carpet cleaning system for all types of carpets. Upholstery cleaning including Viscose, Linen and fine fabrics. Rug cleaning drop off or pick up service. National Carpet Cleaners Association Corporate Member. Office Tel: 01768 865812 Mobile:07850 805251 Acrestone Cottage, Winskill CA10 1PD



Tel: 01768 881413. Mobile: 07510 416851 Email: mc.castleview@hotmail.com www.castleviewconstruction.co.uk

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HAIR (6) BEAUTY

Langwathby Hall, Langwathby, Penrith CA10 1LW Call the Salon for Hair Appointments 01768 889380 For Beauty Call Marie on 07944 643337 Plenty of FREE PARKING.

Chloe's Hair & Beauty offers all aspects of Hair Dressing & Beauty Treatments for Women, Men and Children.

Late night appointments available Wednesdays & Thursdays.

BUSINESS AND LOCAL SERVICES

COLIN DAWSON LTD: ELECTRICAL AND DAIRY ENGINEERS



All types of Electrical Installation and testing carried out. Bagged animal, poultry, and wild bird seed. A wide range of household and electrical supplies, workwear, tools and general hardware is available from our shop at High Mill, Langwathby. Tel: 01768 889084 email: dawson@xlninternet.co.uk www.colindawsonltd.co.uk

CULGAITH SAFE & LOCKS: 24 hour Emergency Response 07790 613320 Services provided: Emergency entry to your home, business or car/van; Lock servicing/replacement and fitting; Key cutting, home and business security advice. Website: www.safeandlocks.com E-mail: safeandlocks@hotmail.co.uk

FELLSIDE GROUNDWORKS LTD: Council approved – all types of commercial and domestic groundwork undertaken: Drives, tarmacing, concreting, curbing, walling, drainage etc. Also plant hire and small tool hire at reasonable rates. Please call John on 07825 768911 or 01768 881158. Or email: fellside.groundworks@gmail.com



Green Stuff - Garden and Home Services

Specializing in all areas of grass care. Regular or one off grass cutting, strimming, fertilizing and moss control. Hedges and bushes cut, trimmed and pruned. Green waste can be taken away. Garden joinery and general handyman work undertaken. No jobs too small. Fully insured with free no obligation quote.

Contact Simon 07966699154. Watsonsj79@gmail.com

HARTSIDE PROPERTY MAINTENANCE: City and Guilds qualified plumber based in Gamblesby. Installs and repairs to domestic water systems from Alston to Penrith. 24/7 year round emergency callouts available. 10% discounts for OAP'S, BlueLight card holders and veterans/armed forces personnel. Call Harvey Moore today on 07307380760.



The MEMO now has a website! <u>www.midedenmemo.org.uk</u>

You can download the electronic copy of the MEMO from there.

BUSINESS AND LOCAL SERVICES (continued)



Yoga, Meditation, Breath Work and Cold Immersion Training with Ian Rigg

Prioritise your own health and well being and become calmer, fitter and more resilient. The following classes and workshops are available in Langwathby and Penrith: Yogic Arts Meditation Breath Work Cold Immersion Training Contact: Ian Rigg 07743967222 or visit ian-rigg.com

KIRKMAN CONSTRUCTION: all aspects of groundworks, stonemasonry, bricklaying, plastering and associated general building. Conversions, restorations, new build, landscaping and more. Heritage and conservation works including lime-work (pointing, building, plastering) and dry stone. Operated plant hire. Commercial, domestic and agricultural work undertaken. Tel: 01768 593500 Email: <u>theyard@kirkman.construction</u> www.kirkman.construction

M.J. ELECTRICAL Friendly and Reliable, Local Electrician based in Gamblesby. All aspects of electrical work undertaken. Free quotations available. Call Michael for all your electrical queries: 01768 881799 or 07760 444525 Email: mjenningselectrical@gmail.com



Mobile: 07811 362632 Tel: 01768 897151

Email: paulmoffet@hotmail.co.uk

New builds, extensions and garden/ boundary walls

Fully qualified with 25 years experience



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On Mondays at 9.30am. Suitable for beginners. More classes to be added.

Pilates aims to strengthen the body in an even way, with particular emphasis on core strength, to improve general fitness and well-being. Wellbeing + Posture + Confidence

Contact: Andy Speight 07596 957027 or email: sp8physiopilates@gmail.com

Chartered Physiotherapist and APPI registered Pilates Instructor



PINE TREE NURSERIES & GARDEN DESIGN SERVICES

Glassonby CA10 1DZ Tel: 07899 722530 / 07391 450735

Email: pinetreenurseries@gmail.com

Wander round our display beds and choose from a large selection of perennials, shrubs, conifers, grasses and trees.

Friendly advice always available.

Opening times: Wed - Sun 10am - 5.30pm including Bank Holidays. www.pinetreenurseries.co.uk

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BUSINESS AND LOCAL SERVICES (continued)

PS Tree : For all your Tree and Hedge care needs. Providing fully qualified and insured tree and hedge services. Including pruning, reductions, planting, health assessments, felling, hedge management and cutting to shape. All waste can be removed or chipped as required. Previous work can be viewed by following PS Tree on Facebook. For a free, no obligation quote, please contact Dave Willetts Tel; 075000 49755 www.pstree.co.uk email; david.willetts2@gmail.com

ROY HODGSON LOCAL BUILDER: All aspects of building work undertaken. No job too small. Fully qualified (C&G) with over 30 years experience. For a free, no obligation quote please call 07721 730108 or 01768 88658

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Call Catherine Atkinson on 01768889179 / 07443899659 Email: tithecottagefurnishings@talktalk.net



BUSINESS ADVERTISEMENTS FOR DETAILS AND APPLICATION FORM CONTACT JEFF TRUMAN T: 07443 453121

MEMO NEEDS HELP WITH CREATING ATTRACTIVE ADVERTS.

an you use Microsoft Publisher? We need someone who is able to use *Publisher*, or is happy to learn, and can offer 2 or 3 weekends of their time a year to compose editions of MEMO.

It's very satisfying, transforming advertisers' words into an attractive notice, adding clipart, formatting, and borders and then seeing it in print.

There are guidelines to help you but also plenty of opportunities for you to be **creative** if you want to be.

If you are interested, send us an email and we'll get back to you for a chat with no obligation. Email: editor@midedenmemo.org.uk



About The MEMO A team of over 40 volunteers collate, type, proof &				
distribute your MEMO each month to produce a community based				
publication. We are grateful for the support given by businesses &				
sponsors. You can contact us as follows:				
For editorial enquiries for next issue: editor@midedenmemo.org.uk				

For editorial enquiries for next issue: editor@midedenmemo.org.uk For business advert enquiries contact our business coordinator: Jeff email: ieff.midedenmemo@gmail.com mobile: 07443 453121

For payment related enquiries contact our treasurer:

Martin email: treasurer@midedenmemo.org.uk

For community (non-business) advert enquiries contact:

Abi email: community@midedenmemo.org.uk

All copy for the August issue by NOON FRIDAY 11th JULY 2025

Items ready to be typed can be sent directly to: midedenmemo@gmail.com

Payment should accompany the advert request.

Cheques payable to 'The MEMO'; Address on request from Abi/Jeff or payment / hard copy can kindly be left at Langwathby Stores.

Payment can also be made by BACS/electronically using the following details:

A/c Name: The MEMO A/c Number: 30875570 Sort Code: 20-66-97

The Committee maintain the right to edit and/or withhold material as deemed necessary.

MEMO distributors will be able to collect from Langwathby Church on Wednesday 23rd July 2025

MEMO CHARGES FROM 1ST JANUARY 2025

Non-Business Adverts (Individual/Groups/Clubs/Education): £8 per third of page entry or £80 subscription (eleven thirds for the year). Sponsorship (name on front cover) £65 minimum - this donation does not include advertising within the Memo.

Business Adverts:

Standard Business Directory Advert £9 per issue or £90 subscription (11 issues) Max. 40 words excluding title & contact details plain text. Premium Business Directory Advert £13 per issue or £130 subscription (11 issues) Max 1/6 of a page with border, image and formatting.

MEMO COPY DATES FOR 2025

11th July 10th October 15th August 14th November

12th September

CHURCH SERVICES IN OUR CHURCHES AND CHAPELS FOR JULY 2025

Sunday 6th JulyTrinity 3 Proper 9Addingham9.30amHoly Communion by ExtensionJulie BarrettLangwathby Methodist Chapel11.00amDean LawsonLangwathby Methodist Chapel5.00pmTaizéTaizé Team

Sunday 13th July Gamblesby Langwathby, St Peter's Skirwith Trinity 4 Proper 102.00pmHoly Communion11.00amHoly Communion9.30amHoly Communion

David Milner Fiona Jenkins Archdeacon Ruth Newton

Sunday 20 th July	Trinity 5 Proper 11			
Culgaith	9.30am	Holy Communion	Fiona Jenkins	
Edenhall	11.00am	Holy Communion by Extension	Julie Barrett	
Langwathby Methodist Chapel	11.00am		Lawrence Tomlinson	

Sunday 27 th July	Trinity 6 Proper 12			
Gamblesby	2.00pm		Clare Slee	
Langwathby, St Peter's	11.00am	Family Worship and Baptism	Fiona Jenkins	
Ousby	9.30am	Holy Communion	Fiona Jenkins	



Ecumenical Christian Community

https://eastofedenmc.org.uk