

February  
2024

# MEMO

*Mid-Eden  
Magazine*

with news  
from the  
Parishes of  
The Cross Fell  
Group



*Sponsored by* \_\_\_\_\_

Langwathby Stores & Post Office.  
The VIC, Culgaith.  
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Parish Councils: Culgaith, Langwathby  
PCC of Langwathby  
Langwathby Methodist Chapel

www.midedenmemo.org.uk

MidEdenMemo 

This year, by coincidence, Ash Wednesday falls on St Valentine's Day. There are many legends associated with Valentine, including a story that he secretly conducted Christian marriage ceremonies. This allowed the new husbands to escape conscription from the Roman army, much to the emperor's displeasure, thus having him martyred. Whatever the historical truth, Valentine has for a long time been linked with romantic love, and the love shared between couples.

Ash Wednesday, in the Christian tradition, is the start of the period of Lent as we begin to look towards the events of the first Easter. It's a reminder to us of just how deep God the Father's love is for each of us as his children. When we had turned our backs upon him and spurned his love for us, he wasn't willing to abandon us. Ash Wednesday is a reminder that, through the life, death and resurrection of his Son Jesus, there is now a way for our relationship with him to be restored. Probably the most well-known verse of the whole Bible is in John's Gospel, chapter 3 and verse 16. It says this: "God so loved the world that he gave his one and only Son, so that whoever puts his trust in him will never die but have everlasting life..."

So, on February 14<sup>th</sup>, I hope that you will take the opportunity to tell somebody how much you love them. And... hear God telling you again just how much he loves you!

**Rev. Dave Milner**

[There are services on Ash Wednesday at St John's Skirwith, and at St Cuthbert's Great Salkeld, both at 7.00pm]

## CLERGY CONTACT NUMBERS

We are here to serve you and you are welcome at any of our community groups and services.

Details are on our website: <https://eastofedenmc.org.uk>

The following **EEMC** ministers can be contacted by email or telephone:

**Rev'd Canon Katharine Butterfield** Tel: 01768 898176,  
Email: [kmbutterfield@btinternet.com](mailto:kmbutterfield@btinternet.com)

**Rev'd Dave Milner** Tel: 01768 863209, Email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Rev'd Keith Speck** Tel: 01768 898257, Email: [keithspck1@gmail.com](mailto:keithspck1@gmail.com)

**Rev'd Lindsay Harrod** Tel: 01768 881769, Email: [harrod.lindsay@yahoo.co.uk](mailto:harrod.lindsay@yahoo.co.uk)

**DATES FOR YOUR DIARY****FEBRUARY 2024**

1st	“Meeting Point”, Langwathby Methodist Church (p7)	10.15am
3rd	Ten-pin Bowling, Carlisle: see Kirkland & Blencarn Village Hall (p12)	
5th	Return bags of clothing etc, Langwathby CE School (p9)	
7th	Langwathby & Edenhall WI, Langwathby Village Hall (p11)	7.30pm
8th	Coffee & Chat, Hunsonby Community Centre (p6)	noon-1.30pm
8th	Mountain Rescue & Safety Talk, Culgaith Village Hall (p10)	7.30pm
10th	Breakfast Rolls, Culgaith Village Hall (p10)	9.00am-11.30am
10th	Hartside First Responders Defib Info, Langwathby VH (p12)	2.30pm
13th	Soup Lunch, Skirwith Village Hall (p11)	noon-1.30pm
14th	Coffee Morning, Kirkland & Blencarn VH (p12)	10.30am-12.30pm
14th	Hartside First Responders Defib Info, Langwathby VH (12)	3.00pm
14th	Whist Drive, Kirkland & Blencarn Village Hall (p12)	7.00pm
15th	“Oasis”, Langwathby Methodist Church (p7)	10.30am
15th	The Vic’s Valentine’s Day Special, Culgaith (p13)	2.00pm-4.00pm
17th	Hartside Responders Defib. Info, Gamblesby Comm Cre (p12)	3.00pm
20th	Melmerby & District Gardening Club, Melmerby (p13)	7.30pm
21st	Langwathby Fellowship, Langwathby Methodist Chapel (p11)	2.00pm
23rd	Film: Barbie, Gamblesby Comm Cre (p13) Food 7.00pm, Film 8.00pm	
24th	Stained Glass Artist, Kirkland & Blencarn Village Hall (p12)	7.00pm
24th	Wine Tasting, Culgaith Village Hall (p10)	7.30pm
25th	Film Night: “Bend It Like Beckham”, Skirwith Village Hall (p11)	5.00pm
26th	MEMO AGM, Langwathby Village Hall	7.00pm
28th	Film Night: “Are You There God...”, Skirwith Village Hall (p11)	5.00pm
28th	Whist Drive, Kirkland & Blencarn Village Hall (p12)	7.00pm
29th	The Vic’s Leap Year Special, Culgaith (p13)	2.00pm-4.00pm

**MARCH 2024**

7th	“Meeting Point”, Langwathby Methodist Church (p7)	10.15am
14th	Coffee & Chat, Hunsonby Community Centre (p6)	noon-1.30pm

**APRIL 2024**

11th	Coffee & Chat, Hunsonby Community Centre (p6)	noon-1.30pm
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**Cover Artist**

We’d like to thank Sue McNicol for kindly producing this month’s cover drawing for us.

**About The MEMO** condensed version—see back inside cover or our website [www.midedenmemo.org.uk](http://www.midedenmemo.org.uk) for full details and contacts.

**All copy for the March issue by  
NOON FRIDAY 9th February 2024**

**MEMO distributors will be able to collect from Langwathby Church on Wednesday 21st February 2024**



**AGM**  
Annual General Meeting

**MEMO AGM**

**Langwathby Village Hall (back room)  
Monday 26th February 2024 at 7.00pm**

*Open to All - Have your say, provide suggestions or feedback on your community magazine.*

**MEMO COPY DATES FOR 2024**

**NEW**

**9th February  
12th April  
12th July  
11th October**

**15th March  
10th May  
9th August  
8th November**

**14th June  
13th September**

**PRICE  
RISE**

**MEMO CHARGES FROM 1ST JANUARY 2024**

**Non-Business Adverts (Individual/Groups/Clubs/  
Education):**

£8 per third of page entry or £80 subscription (eleven thirds for the year). Sponsorship (name on front cover) £65 minimum - this donation does not include advertising within the Memo.

**Business Adverts:**

Standard Business Directory Advert £9 per issue or £90 subscription (11 issues) Max. 40 words excluding title & contact details plain text.  
Premium Business Directory Advert £13 per issue or £130 subscription (11 issues) Max 1/6 of a page with border, image and formatting.

**MEMO SHORTS**

Short notes of thank-you or acknowledgement. Limited space, priority to recent contributors to the MEMO.

Thank you to all who came to the Christingle service at St Peter's. The collection amounted to £159 which has been donated to the Children's Society.

A rectangular sign with a black border and a white background. The words "ROAD" and "CLOSED" are written in bold, black, sans-serif capital letters, one above the other. The sign is mounted on a post with a red and white striped background.

## Skirwith to Junction with A686 – Road Closure

Culgaith Parish Council is pleased to report that, after working with Highways for a number of years, funding has now become available to undertake 'machine lay surfacing' along the Langwathby to Skirwith road, which will obviously improve the running surface but also reshape and put the camber back onto the road.

The works will take place at the two problem locations, the one by the Beck Mill entrance and also from the 30mph sign in Skirwith back towards Langwathby.

The drainage issues on the low-lying section of the carriageway by the Beck Mill entrance road will be dealt with, with a new drainage system being installed if required, as part of that scheme.

The works will take place under road closure (Junction with A686 to Skirwith - full width works) and are programmed to commence on the **11th March 2024 until the 5th April 2024.**

The closure is now on 'One Network' - access for pedestrians and dismounted cyclists through the works is maintained. Vehicle traffic is diverted via A66 and then through Culgaith.

Farms will need to liaise with the contractor for field and property access though long delays may be unavoidable due to excavation extents and material laying and cooling times.

To comply with Health and Safety legislation, there is insufficient working road width for any other traffic management other than a complete road closure.

This work is long overdue in taking place and the Parish Council and WAFC Highways would ask residents and businesses to be patient and tolerant. It is a case of 'short term pain for long term gain'!

Culgaith Parish Council.

# Culgaith Parish Council

Monday 6<sup>th</sup> November 2023 at 7.30pm  
at Victoria Institute Culgaith

Present – 7 Councillors, 1 WAFC Councillor. Two members of public.  
The following key issues were discussed: -

- **WAFC Councillors Report** - Filed on Website.
- **Finance**
- **A Budget** for 2024/25 was agreed.
- **Precept – 2024/25.** A prudent inflationary rise was agreed, lifting the figure for 2024/25 to £13000. The work the Council engages in, on behalf of the community, being highlighted in the Annual Report.
- **Planning** - To Report.  
23/0594 - Brook View, Skirwith, Penrith –Trees requiring pollarding and trimming; 1) Ornamental Pear. 2) Ornamental Crab Apple. 3) Flowering Cherry. 4) Betula utilis. Supported  
23/0643, Site adjacent to Otters Holt, Culgaith, Reserved Matters for access, appearance, landscaping, layout and scale, attached to approval 17/0632. Supported  
23/0663, Land Adjacent to Otters Holt, Culgaith, Modification of S106 agreement regarding a commuted sum, attached to approval 17/0632. Commented
- **A Permissive Path** – By Tam Villa, Culgaith – Further discussed
- **Skirwith Footway Light by Pear Tree House** - Non-Functioning. In hand.
- **Electricity NW – Tree Maintenance** in Church Street Skirwith – Work completed
- **Road Safety Markings** – Culgaith Entrance Roads. In hand
- **HGV and Coach Traffic** from Station Road to ‘Black Swan’ Junction. In hand
- **Skirwith Bus Shelter** - Enhancement. Progress report
- **Skirwith – Church St.** Roadside Concrete Post and Rail Fence repair. In hand
- **Skirwith Village Green.** Renovation of Steps and Hand Rail - Path off road, by Beck Cottage. Work commissioned
- **Flooding Issue** - The Pea to A6412 Junction. Being monitored
- **Culgaith Drove Road** – Replacement Bench – Authorized
- **20mph Speed Restriction** Through Culgaith. In discussion with Highways
- **Silver Birch** on Blencarn Village Green – Work completed
- **Christmas lights - Skirwith Beech Tree** – Permission granted, with financial support.

Date and Venue of Next Meeting

Monday 8<sup>th</sup> January 2024 – Skirwith Village Hall, commencing at 7.30pm.

**Full minutes are available on [www.culgaith.org.uk](http://www.culgaith.org.uk)  
John Fleming – Parish Clerk. [culgaithpc@yahoo.co.uk](mailto:culgaithpc@yahoo.co.uk)**

# Culgaith Parish Council

Monday 8<sup>th</sup> January 2024 at 7.30pm  
at Skirwith Village Hall

Present – 5 Councillors and two members of public.

The Chair paid tribute to the late Cllr John Watson and the meeting held a minute's silence in John's memory.

The following key issues were discussed: -

- **Permissive Foot Path** – By Tarn Villa Culgaith. Reported that this had now been agreed and appropriate sign posts erected.
- **Otters Holt** – Two parcels of amenity land had been offered to the Council, to come into public ownership, by the developers. Negotiations were ongoing.
- **Grass Cutting Contract for 2024 - 2026**
- **Finance**
- **Planning** - To Report.
- 23 0706 – Skelling Farm, Kirkland Road. Skirwith Penrith - Construction of a portal frame roof over an existing manure store – Supported  
23/0745, Ranbeck Farm Kirkland, Erection of agricultural building over existing.
- **Skirwith to Langwathby** – The 'machine lay' resurfacing along sections of the Langwathby to Skirwith road, addressing the surface water issues, was reported.
- **20mph Speed Restriction** throughout Culgaith Village.  
Agreed to apply to WAFC for this introduction to be considered.
- **Skirwith Footway Light by Pear Tree House** - Non-Functioning. Still in hand
- **HGV and Coach Traffic** from Station Road to 'Black Swan' Junction. In hand
- **Skirwith – Church St.** Roadside Concrete Post and Rail Fence repair. In hand
- **Flooding Issue** - The Pea to A6412 Junction. Being monitored
- **Road Safety Markings** – Culgaith Entrance Roads. 30mph road markings installed.
- **Skirwith Village Green.** Renovation of steps and hand rail - path off road, by Beck Cottage. In hand
- **Culgaith Drove Road** – Replacement Bench Now installed
- **Tree Safety Pruning – Blencarn to Kirkland Plantation.**  
Work taking place on 27<sup>th</sup> February 2024
- **Tree Pruning – Skirwith to Kirkland.** – Overhanging branches. Work completed.
- **Voneus Broadband Fibre Installation Queries – Culgaith/Blencarn/ Kirkland.**  
Ongoing correspondence reported.
- **Langwathby Station Parking Charges.** Revised charges reported.

Date and Venue of Next Meeting

Monday 4<sup>th</sup> March 2024 – Blencarn Village Hall, commencing at 7.30pm.

**Full minutes are available on [www.culgaith.org.uk](http://www.culgaith.org.uk)  
John Fleming – Parish Clerk. [culgaithpc@yahoo.co.uk](mailto:culgaithpc@yahoo.co.uk)  
Culgaith Parish Council**

## MEETING POINT & OASIS

### “MEETING POINT”

Come for Coffee! - served from 10:15am  
Thursday 1st Feb

### “OASIS”

Come for coffee, a short reflective service and light Lent lunch  
Thursday 15th Feb from 10:30am

Venue: Langwathby Methodist Church

**All are welcome**



## Langwathby Parish Council

Thursday 23<sup>rd</sup> November 2023 at 7.30 pm in Langwathby Village Hall  
Present – 7 Councillors, WAFC Cllrs M Hanley and one member of the public.

The following key issues were discussed: -

- Reports presented by WAFC Councillor Filed on Website
- Finance
- A Budget for 2024/25 was approved
- A Precept of £18000, the same as last year, was agreed
- Langwathby Station – Parking Charges - Revised charges reported
- Planning Matters - There were none
- Langwathby Public Hall Renovation Project – Future Grant Applications
- LPC – Langwathby Public Hall – Sole Trustee – 2024 meeting dates agreed
- Langwathby Traffic and Parking Issues. Discussed in depth
- Ladies Walk – Broken Wooden Footpath Signs In hand
- Back Lane Light/Coxen Lane – Langwathby With E- NW and WAFC
- Edenhall Roadside Flooding by Sports Field Entrance. In hand – Highways
- Langwathby Town Head Farm Corner A686/ Back Lane Flash Flooding
- Langwathby Back Lane Jetting of Drains In hand – Highways
- The Friends of the Settle Carlisle Line - Complimentary membership to LPC

Thursday 25<sup>th</sup> January 2024

John Fleming – Parish Clerk.

A full set of minutes are available on [www.langwathby.org](http://www.langwathby.org)

**Hunsonby Community Centre**  
**Coffee and Chat**



Our popular Community meeting will take place on the  
**2nd Thursday of each month.**

Dates for the next 3 months:

**February 8th, March 14th, April 11th**

These will be held from **Noon to 1.30pm. NOTE NEW TIME**

***There will be SOUP AND CHEESE SCONE,  
Coffee, Tea and Biscuits.***

*Suggested donation £3*



***Everyone welcome. Hope to see you there.***

**Hunsonby Parish Council**

Notes from September, November & January 2024 Meetings -

- The swimming pool defib door has been replaced.
- Parish Land - The declaration has now been done & submitted to the Land Registry. Many thanks to Bryan & Lydia for all their work on this.
- Parish Allotments - We have a draft agreement from Ainstable PC that we have adapted to fit our land following the registration, ready for 2024 letting.
- Annual Donations & Precept - All councillors agree to maintain all donations & the precept the same.
- Planning application - 23/0587 - Willow House, Little Salkeld - Variation to change K-rend to anthracite vertical cladding.
- Planning application - 2023/1142/FPS - 4 Ling Cottages, Ousby - Erection of rear 2-storey extension & single storey side extension. No objections.
- Grass Cutting - Final invoice & letter received from Nigel & Jill Preston, advising they are retiring from grass cutting. We would like to thank Nigel & Jill for all their expert services over the years. The areas within the parish have always been maintained to a high standard. Many thanks to them.

Reports received from District Councillors Mary Robinson & Michael Hanley.



## MELMERBY

Melmerby's first written record is in 1201 as "Malmerbi", then "Melmerbi" in 1240, and means "Melmor's farm-village", the "bi" or "by" showing him to be a Norseman. Melmor was an old Irish name which the Norse settlers there had taken into use. (It means "servant of Mary".) Its scenery had not improved since Camden's visit in the early 17th century or so. He called it "a lean, hungry and desolate country". By 1794, the land near the village was farmed, with drystone walls but few trees except around the Hall. Beyond, it looked "waste and deplorable, whilst the eminences frown in the wildest features of sterility": ie the fells were high, wild and bare. In Henry III's time, Wigton's lord owned Melmerby for a while. In the 1380s, the Threlkelds became lords of Melmerby, and then the Pattersons. In 1794, Melmerby had 229 people, all adherents of the Church of England, but one of them was "an excommunicated harlot." (No further details.) The village had 46 houses and the Hall. Its Green was large. Its open common field had 300 acres, but some of it had been hived off for single owners so it had once been bigger. Seventeen of the farmers owned this land. The soil was dry and sandy, good for oats, barley and potatoes but not for turnips or wheat. The Helm Wind flattened any rye. Their 2500 sheep (plus those from Gamblesby and Ousby up on the fell) were carefully bred. The cattle were few and ordinary. There was no school or workhouse. The copper and lead mines have closed.

Thanks to Jeremy Godwin for his research.



Additional material from Wikipedia:

The Grade II Listed Melmerby Hall, began as a defensive structure in the early 14th century. A petition received by Edward II between 1320 and 1326 reads:

*"John le Denum petitions the King that whereas he has a castle in Cumberland called Melmerby Tower, which could be kept by a dozen men at arms, he has kept it until now and has often been assailed by the Scots to their great loss, and John's lands are so devastated there and elsewhere that he can no longer bear the expense. He craves help in the form of wages or otherwise until times change, because all the country around would suffer great peril and loss if it were taken through lack of garrison."*



## North Lakes Field Archers

Langwathby Penrith Cumbria

Registered with the National Field Archery Society

We are a local well established field archery club based at Langwathby Village Hall.



As a field archery club we also have a woodland course set up in the local area.

Our regular weekly club sessions at Langwathby Village Hall offer a relaxed and sociable atmosphere together with our indoor league competitions.

If you fancy trying your hand at Field Archery and would like more information, contact Dave Fuller on 07929251928

or email [northlakesfieldarchers@gmail.com](mailto:northlakesfieldarchers@gmail.com)



COMMUNITY-POWERED  
**EMERGENCY CARE**

### AIR AMBULANCE BAG COLLECTIONS

5<sup>th</sup>-7<sup>th</sup> February, 2024

LANGWATHBY CE SCHOOL, SALKELD ROAD

Any unwanted clothing, bedding, curtains, towels, handbags, belts and shoes will be gratefully accepted to raise funds for Langwathby School and the Great North Air Ambulance Service.

Mobile phones (working or otherwise), used printer inks and toner cartridges are also accepted – please put in a separate bag.

Bags are available from Langwathby School and Langwathby Stores from 12<sup>th</sup> January.

Please return your filled bags to Langwathby School from 5<sup>th</sup> February.

Thank you for your support.



**CULGAITH VILLAGE HALL (AKA VICTORIA INSTITUTE)**

**MOUNTAIN RESCUE & SAFETY ILLUSTRATED TALK**  
**By Penrith Mountain Rescue Team**



Thursday 8<sup>th</sup> February at 7.30pm (Doors open 7pm)  
Come and find out why YOU may need Mountain  
Rescue, it's not all about rescuing folk from the hills  
and mountains!

To book please contact John Hutchinson  
Email : [jojaq\\_boglands@hotmail.com](mailto:jojaq_boglands@hotmail.com) or  
Text / WhatsApp : 07773 240643

It's **FREE** to get in, but a donation to get out!

**BREAKFAST ROLLS**

**10th February 9am-11.30am**

Give yourself a treat and join us for a delicious breakfast roll and hot drink between 9am & 11.30am. Cost £5. For catering purposes please let us know if you might come along.

**WINE TASTING**

**24th February 7.30pm**

Following the success of the last event, this time it's on a Saturday, so hopefully you can sleep off the effects the next day.

**Other planned events include;**

- Whist Drive
- CPR/First Aid
- Clubbercise taster—fun fitness class

If you would like to be notified when we have a date for these, or for any other information, please drop us an email at [\*\*culgaithhallbookings@gmail.com\*\*](mailto:culgaithhallbookings@gmail.com) or telephone **Jacqui 0777 2205 776**

**CULGAITH VILLAGE HALL 100 CLUB**  
**December Winners**

1st prize	£50	No. 9	Peter Emmerton
2nd prize	£20	No. 52	David Hartland
3rd prize	£10	No. 54	Stuart Hetherington

***A big thanks to all who support the hall***

**SKIRWITH VILLAGE HALL**

**Film Night**—Sunday 28 January at 5pm. Doors open at 4.30pm.  
**“Are You There, God? It’s Me, Margaret” 2023 Comedy** Tickets £5.  
 Followed by optional meal courtesy of Moveable Feasts.  
 Film Tickets from Helen on 01768 879024 or  
 helen\_stoupa@yahoo.co.uk  
 Meal: contact Janet by 21 January: moveablefeasts@btconnect.com



**Soup Lunch:** Tuesday 13 February Noon-1.30pm. Come and join us for our monthly get-together and delicious soup and treats.

**Film Night**—Sunday 25 February 5pm (Doors 4.30pm)  
**“Bend It Like Beckham”**. Tickets £5.  
 Followed by optional Indian meal. Book Film Tickets with Helen and Meal with Janet by 18 February. (Contact details as above.)

**LANGWATHBY COMMUNITY FELLOWSHIP**

The monthly meetings usually take place on the 3rd Wednesday of the month **at 2pm at the Methodist Chapel**  
**They are for everyone** and each session includes a speaker, then refreshments.

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**21st February**  
**THE ARCTIC EXPERIENCE WITH KATH**

Whether you are new to our community, or have come to meetings previously, we look forward to welcoming you.



**Langwathby & Edenhall WI**

*We meet on the 1st Wednesday of the month in Langwathby Village Hall*

**February 7th:**  
**WHERE WILDLIFE GO IN WINTER**  
**Jamie Normington**

Competition: Wildlife Ornament  
 Hostesses: A Threlkeld, P Jago

**Meeting starts at 7.30pm**



**Hartside First Responders**  
**Come and meet us...**

Learn more about the defibrillator that is in your village;  
when and how to use it in the case of a cardiac arrest.

We are trying to visit all the villages:

**Langwathby Village Hall**

Saturday 10 February starting at 2.30 pm

Wednesday 14 February starting at 3 pm

**Gamblesby Community Centre**

Saturday 17 February starting at 3 pm

For more information, contact Alison Smith, 01768 881066 or

[longworth913@btinternet.com](mailto:longworth913@btinternet.com) or Ian Carter 07525653099

[ian@edenoutdooradventures.co.uk](mailto:ian@edenoutdooradventures.co.uk)



**KIRKLAND AND BLENCARN VILLAGE HALL**



**Ten-Pin Bowling for all the family at Carlisle**  
**Saturday 3rd February**

Booking essential so please phone Jane on 07984 696418

**Whist Drives**

**Wed 14th and 28th February 7pm**

£3 entry includes tea and biscuits and PRIZES!



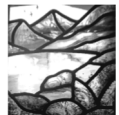
**Coffee Morning with a hint of Valentine!**

**Wed 14th February 10.30am - 12.30pm**

£2 for coffee/tea and cake and £1 for an extra slice

**Stained Glass Artist Debbie Copley will share her story**  
**Saturday 24th February 7pm**

Check out Debbie's work on Instagram: [dc\\_stained\\_glass](https://www.instagram.com/dc_stained_glass) or  
website: [debbiessed.com](http://debbiessed.com)



Tickets include a hot supper but please bring your own drinks!

Tickets £8/adult £2/child. **BOOKING ESSENTIAL** Call Jane on  
07984 696418

or email: [blencarnandkirklandvillagehall@gmail.com](mailto:blencarnandkirklandvillagehall@gmail.com)

\*\*\*\*\*

**50/50 Club Winners January**

1st Judith Purdham

2nd Saniel Sharp

3rd Jane Porter

4th Richard Littlewood

5th Roy Firth



## Melmerby and District Gardening Club



### **ALPINES FOR TROUGHS AND RAISED BEDS**

(Including construction and maintenance, plus plants for sale)

### **Neil Huntley of Hartside Nursery Garden**

Tuesday 20 February 2024, 7.30 p.m. Melmerby Village Hall

Raffle Tea/Coffee Library

M&DGC Annual membership of £15 per person

Visitors are very welcome to attend for £3.00

Any queries contact Lorna Egan (Secretary)

[l.m.egan@btinternet.com](mailto:l.m.egan@btinternet.com)

Or Jennifer Baker (Treasurer) [tonybakerdevelopments@gmail.com](mailto:tonybakerdevelopments@gmail.com)

or 079234 30932



### THE VIC

**CULGAITH'S FRIENDLY COMMUNITY CAFÉ**

**EVERYONE WELCOME!**



**Every Thursday 2 – 4pm** at the Victoria Institute, Culgaith

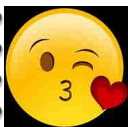
Join us on the **15th February** when, just a day late, we'll be

celebrating **Valentine's Day**

with our usual array of home baking lovingly made!!

And don't forget **2024 is a Leap Year** so please join

**us for an extra VIC on the 29th February!!**



### GAMBLESBY COMMUNITY CENTRE

Film night season continues on 23rd February with:

**\*\*\* BARBIE \*\*\***



**Very funny, very clever and very pink!**

Film begins at 8pm, food served from 7pm.

Film only: £6. Film and 2 course meal: £12.

Vegetarian option available (please request when ordering).

Pay bar, cash only.

Please order food before 21st February.

To book contact Vicki Everatt on 07741 474364 or email

[gamblesbycommunitycentre@outlook.com](mailto:gamblesbycommunitycentre@outlook.com)





## Melmerby Village Hall Lottery



**November**  
1st D Fisher  
2nd A Devine  
3rd H Wright  
4th A Jenkins  
5th J Stocks

**December**  
1st Wilson Family  
2nd J Dixon  
3rd M Weatherall  
4th D Bell  
5th James Family

*They may be able to help...*



**Citizens' Advice Bureau** - <http://www.cac-e.org.uk>  
Penrith Office  
2 Sandgate, Penrith, CA11 7TP  
01768 891503



**Mind - Money and mental health**  
<https://tinyurl.com/w5ctfo9>

christians  
against  
poverty

**CAP**

### Christians Against Poverty

CAP debt centre in partnership with Penrith Methodist Church

**Mon - Thu 9.30 - 5.00 : Fri 9.30 - 3.30**

To book an appointment or find out more, telephone  
0800 328 0006



### Salvation Army Food Bank

Hunter Lane, Penrith

Items can be left in the porch at Hunter Lane on  
Tuesdays, Wednesdays and Fridays **or** in the Food  
Bank Box in St Peter's Church, Langwathby **or** in the  
Food Bank Box in All Saint's Church, Renwick

Financial donations can be made to the Penrith Food Bank as follows:

Sort Code 60-01-73 ; Account number 00178123 ;  
Quote reference PE05/GR1

**Cheques cannot be processed at the moment**

## PUBS, SHOPS & RESTAURANTS



### The Shepherds Inn

The Village Green, Langwathby  
CA10 1LW

E: [stephen@shepherds-inn.co.uk](mailto:stephen@shepherds-inn.co.uk)  
T: 01768 881463



Serving good homemade food every day from 12 noon until 7.30pm including our famous Wathby whale and shortcrust steak and ale proper pie.

And, we have been told,  
The best shortbread in the World!



Scan for the menu



### The Shepherds inn, Melmerby

Opening times January - April  
Mon & Tues—CLOSED

Wed: Takeaway Only 5pm-7pm |  
Thurs: 6pm-10pm | Fri & Sat: 5.30-11pm  
Sun: Noon-9pm

We will still be doing our Shepherds at Home **takeaway menu** during our opening hours as well as Wednesdays 5pm-7pm

**Fish on Fridays! Creative and delicious weekly specials**

Traditional Sunday lunch served all day  
Tel: 01768 889064 Village Green,  
Melmerby CA10 1HF

Facebook: The Shepherds Inn Website: [shepherdsinn.pub](http://shepherdsinn.pub)



## LANGWATHBY STORES & POST OFFICE

**Shop & Post Office**  
**Opening Times:**  
**Monday to Saturday 7am to 7pm**  
**Sunday 8am to 6pm**

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**Telephone:**  
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CA11 8SX T:01768 881454  
[www.edenhallhotel.co.uk](http://www.edenhallhotel.co.uk)





## COMMUNITY ACTIVITIES

### VILLAGE HALLS

**Langwathby Village Hall bookings** - please contact Brenda Shannon on 07871 994988 (please leave a message, and we'll get back to you) or by email [bookings.vhlangwathby@gmail.com](mailto:bookings.vhlangwathby@gmail.com).

### LOCAL PLAYGROUPS

A friendly, welcoming playgroup, open to everyone from local and surrounding areas during term time, offers a variety of toys, craft sessions, outings, snacks and story/song time suitable for 0-4 years.

**Langwathby** - Term time only. Fridays 1pm till 3pm Langwathby Village Hall. Contact Rachel Buckle 07958 321335.

**Culgaith - 'Come and Play' at Culgaith School, 2pm-3pm**

Tues 30th Jan, Fri 9th Feb, Tues 20th Feb, Fri 1st March, Tues 12th March, Fri 22nd March. Contact [admin@culgaith.cumbria.sch.uk](mailto:admin@culgaith.cumbria.sch.uk) or **01768 88655**

## BUSINESS AND LOCAL SERVICES

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## BUSINESS AND LOCAL SERVICES (continued)



Tel: 01768 881413. Mobile: 07510 416851

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### CULGAITH SAFE & LOCKS: 24 hour Emergency Response 07790 613320

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## BUSINESS AND LOCAL SERVICES (continued)

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## TLC HOME CARE

### Home Care Services

#### ABOUT US

TLC Home Care is a home care service offering person centred care packages to individuals in their own home in Fellside and surrounding areas. Services include assisting with meal preparation, shopping, light cleaning duties and companion calls.

TLC Home Care

Tel Claire: 07947 774451

Email: [tlchomecareservices11@gmail.com](mailto:tlchomecareservices11@gmail.com)

## NEW ADVERTISERS

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### Green Stuff

Is going full time in 2024 and is now taking bookings for Spring garden cleans, hedge cutting and lawn moss control.  
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Contact Simon  
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BUSINESS ADVERTISEMENTS  
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FORM  
See back cover for Charges

## Festivals in February

### **1 February IMBOLC / CANDLEMAS Pagan**

Imbolc/Candlemas celebrates the awakening of the land and the growing power of the Sun. Snowdrops, which appear at this time of the year, are seen as the heralds of spring.

### **8 or 15 February PARINIRVANA [Nirvana Day] Buddhist**

Mahayanists mark the final passing away from this world of Gautama Buddha at Kushinagara, India, at the age of 80. Pure Land Buddhists call this Nirvana Day.

### **8 February ISRA AND MI'RAJ [The Prophet's Night Journey]**

**Muslim** This marks the night journey of the Prophet Muhammad through the heavens to the presence of God, when the command that Muslims should pray five times a day was given to the Prophet. The rock from which the Prophet ascended is now in Jerusalem's 'Dome of the Rock'. Muslims mark this night by reading the Qur'an and saying additional prayers.

### **10 February YUAN TUAN [New Year Festival] Chinese**

Celebrations last for three or more days, and involve fireworks, dances (e.g. the famous Lion Dance) and gifts of paper money, flowers and sweets. Business accounts are settled and all debts paid before the New Year begins. 2024 is the year of the Dragon.

**About The MEMO** A team of over 40 volunteers collate, type, proof & distribute your MEMO each month to produce a community based publication. We are grateful for the support given by businesses & sponsors. You can contact us as follows:  
**For editorial enquiries for next issue:** editor@midedenmemo.org.uk  
**For business advert enquiries contact our business coordinator:**  
 Jeff 01768 881163; email: jeff.midedenmemo@gmail.com  
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 Chris 01768 881015; email: chris.midedenmemo@gmail.com

**All copy for the March issue by  
 NOON FRIDAY 9th FEBRUARY 2024**

Items ready to be typed can be sent directly to -  
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Payment should accompany the advert request .  
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 Payment can also be made by **BACS/electronically using the following details:**

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*The Committee maintain the right to edit and/or withhold material as deemed necessary.*

**MEMO distributors will be able to collect from Langwathby Church on Wednesday 21st February 2024**

**LENT LUNCHESES**

**East of Eden Mission Community**

Simple food – soup, roll and tea/coffee

12pm – 2pm at the following dates and locations:

14<sup>th</sup> February – Great Salkeld Village Hall - *No booking required*

15<sup>th</sup> February – Langwathby Chapel - *No booking required*

21<sup>st</sup> February – Little Salkeld – *Please contact Kathleen Doidge-Harrison to book your place 01768 881179 or [jkdh98@gmail.com](mailto:jkdh98@gmail.com)*

27<sup>th</sup> February – Kirkoswald Church Institute - *No booking required*

Your donations for lunch to support Christian Aid & Carlisle and North Lakeland Hospice at Home

**CHURCH SERVICES IN OUR CHURCHES AND CHAPELS FOR FEBRUARY 2024**

<b>Sunday 4<sup>th</sup> February</b>	<b>Second Sunday before Lent</b>		
Addingham	3.00pm	Evening Prayer	Rev Lindsay Harrod
Culgaith	11.00am	Morning Worship	Rev Keith Speck
Langwathby, St Peter's	11.00am	Holy Communion	Rev Lindsay Harrod
Langwathby Methodist Chapel	5.00pm	Taize	John Doidge-Harrison
Melmerby	9.30am	Holy Communion	Rev Canon K Butterfield

<b>Sunday 11<sup>th</sup> February</b>	<b>Sunday next before Lent</b>		
Gamblesby	2.00pm	Afternoon Worship	L Morton
Kirkland	9.30am	Holy Communion by extension	Julie Barrett
Langwathby Methodist Chapel	11.00am	Morning Worship	T Cook

<b>Wednesday 14<sup>th</sup> February</b>	<b>Ash Wednesday Service</b>		
Skirwith St John's	7.00pm		

<b>Sunday 18<sup>th</sup> February</b>	<b>First Sunday of Lent</b>		
Addingham	9.30am	Holy Communion	Rev Fiona Jenkins
Culgaith	11.00am	Holy Communion	Rev Lindsay Harrod
Gamblesby	10.00am	Little Acorns	Claire Slee
Langwathby St Peter's	11.00am	Morning Worship	Bryan Gray
Ousby	10.00am	Holy Communion	Rev Canon K Butterfield

<b>Sunday 25<sup>th</sup> February</b>	<b>Second Sunday of Lent</b>		
Culgaith Village Hall	10.30am	Café Church	Lay led
Edenhall	11.00am	Holy Communion	Rev Lindsay Harrod
Gamblesby	2.00pm	Afternoon Worship	L Tomlinson
Langwathby Methodist Chapel	11.00am	Morning Worship	K Williamson
Skirwith	9.30am	Holy Communion	Rev Lindsay Harrod