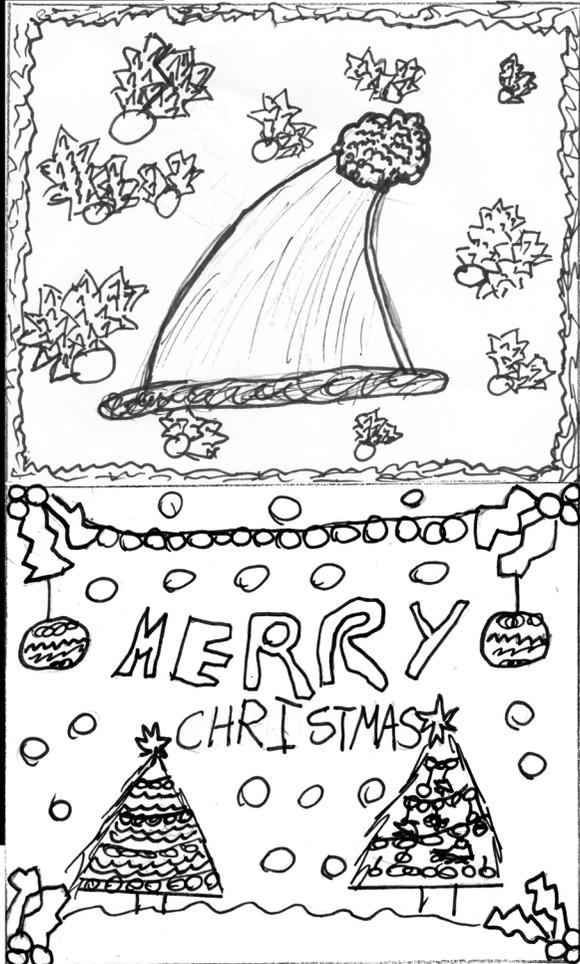


December  
2023 /  
January  
2024

# MEMO

*Mid-Eden  
Magazine*

with news  
from the  
Parishes of  
The Cross Fell  
Group



Sponsored by \_\_\_\_\_

Langwathby Stores & Post Office.  
The VIC, Culgaith.  
Tithe Cottage Furnishings.  
Parish Councils: Culgaith, Langwathby  
PCC of Langwathby  
Langwathby Methodist Chapel

## Dear Friends

Why celebrate Christmas?

This may be a question you are thinking this year with the war occurring in the Gaza Strip and the Ukrainian conflict continuing to drag on.

But there is something magical about Christmas: children dream of Father Christmas and his fantasy sleigh, we think of Christmas trees, snowy scenes with plump robins together with piles of presents, excess food and alcohol to wash it down! However, Christmas can be a difficult time for the already stretched and stressed families, and for those who have lost loved ones and the lonely.

With all the magic, the stress and the hype of Christmas are we missing the point? What is the heart of Christmas? In the words of C S Lewis, at Christmas we remember the 'central event in the history of the earth – the very thing the whole story has been about'.

The point of Christmas is Jesus Christ. At Christmas we celebrate the birthday of the most important person that has ever lived. He is the centre-piece of our civilisation. After all, we call what happened before his birth 'BC' and what happened after 'AD'.

So I would like to invite you to join us this Christmas to meet this Jesus who came to join us on earth to share God's love and to enable us to experience the joy, the peace and the hope he brings which the world needs so badly at this time. There are a variety of styles of services which you will find advertised at the back of this Memo, so don't miss out!

May God bless you and your family and have a joyful and peaceful Christmas.

**Katharine Butterfield**

## CLERGY CONTACT NUMBERS

We are here to serve you and you are welcome at any of our community groups and services.

Details are on our website: <https://eastofedenmc.org.uk>

The following **EEMC** ministers can be contacted by email or telephone:

**Rev'd Canon Katharine Butterfield** Tel: 01768 898176,  
Email: [kmutterfield@btinternet.com](mailto:kmutterfield@btinternet.com)

**Rev'd Dave Milner** Tel: 01768 863209, Email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**Rev'd Keith Speck** Tel: 01768 898257, Email: [keithspck1@gmail.com](mailto:keithspck1@gmail.com)

**Rev'd Lindsay Harrod** Tel: 01768 881769, Email: [harrod.lindsay@yahoo.co.uk](mailto:harrod.lindsay@yahoo.co.uk)

## DATES FOR YOUR DIARY

### NOVEMBER 2023

|      |  |                       |
|------|--|-----------------------|
| 22nd | Christmas Crafting, Culgaith Village Hall          | 7:00pm                |
| 23rd | Langwathby Parish Council Meeting, Langwathby VH   | 7.30pm                |
| 24th | Film: East Is East, Gamblesby VH                   | Food 7pm; Film 8.00pm |
| 25th | Coffee Morning, Kirkland & Blencarn VH             | 10.30am-12.30pm       |
| 25th | Film: The Polar Express, Melmerby VH               | 3.00pm                |
| 25th | Film: Top Gun, Melmerby VH                         | 8.00pm                |
| 28th | He Brews Coffee Club, Gamblesby Methodist Church   | 10.00am-noon          |
| 30th | The VIC café: St Andrew's Day special, Culgaith VH | 2.00-4.00pm           |
| 30th | Donelly & South's Christmas Cracker, Skirwith VH   | 7.30pm                |

### DECEMBER 2023

|      |   |                       |
|------|---|-----------------------|
| 2nd  | Christmas Fair, Gamblesby Methodist Church (p4)               | 11.00am-2.00pm        |
| 5th  | He Brews Coffee Club, Gamblesby Methodist Ch (p4)             | 10.00am-noon          |
| 6th  | Annual Meeting, Langwathby & Edenhall WI, Lang'by VH (p7)     | 7.30pm                |
| 7th  | "Oasis", Langwathby Methodist Chapel (p5)                     | 10.30am               |
| 7th  | Culgaith School Carolling, The VIC, Culgaith (p9)             | 2.00pm-4.00pm         |
| 9th  | First Responders Info Afternoon, Ousby Community Centre       | 2.00pm                |
| 10th | Ousby Christmas Family Bingo (p7)                             | 2.00pm                |
| 12th | He Brews Coffee Club, Gamblesby Methodist Ch (p4)             | 10.00am-noon          |
| 12th | Christmas Soup Lunch, Skirwith Village Hall (p7)              | Noon-1.30pm           |
| 14th | Ousby Senior Citizens Christmas Party Afternoon, Fox Inn (p7) |                       |
| 14th | Pre-Christmas celebration teas, The VIC, Culgaith (p9)        | 2.00pm-4.00pm         |
| 15th | Family Christmas Bingo, Culgaith Village Hall (p6)            | 6.00pm                |
| 17th | Langwathby Children's Christmas Party, Lang'by VH (p9)        | 3.00-6.00pm           |
| 19th | He Brews Coffee Club, Gamblesby Methodist Church              | 10.00am-noon          |
| 20th | Skirwith Carol Singing, Skirwith Bus Shelter (p5)             | 7.00pm                |
| 22nd | Community Nativity Service, Gamblesby Methodist Church (p4)   | 4.00pm                |
| 22nd | Lessons & Carols, St John's Ch, Skirwith: Wine                | 6.40pm/Service 7.00pm |
| 22nd | Hayley's Christmas Big Band, Langwathby Village Hall (p12)    | 7:00pm                |
| 24th | Christmas Eve Celebration, Langwathby Methodist Chapel (p5)   | 11.00am               |
| 27th | Melmerby Scar Challenge, Melmerby VH                          | From 8.45am           |

### JANUARY 2024

|      |  |                    |
|------|--|--------------------|
| 2nd  | He Brews Coffee Club, Gamblesby Methodist Church     | 10.00am-noon       |
| 4th  | Meeting Point, Langwathby Methodist Chapel           | 10.15am            |
| 4th  | The VIC, Culgaith reopens                            | 2.00pm-4.00pm      |
| 6th  | New Year Ceilidh, Culgaith Village Hall (p6)         | 7.00pm-10.30pm     |
| 7th  | Film: "About Time", Skirwith Village Hall (p7) Teas  | 2.30pm/Film 3.00pm |
| 9th  | He Brews Coffee Club, Gamblesby Methodist Church     | 10.00am-noon       |
| 16th | Melmerby & District Gardening Club, Melmerby VH (p9) | 7.30pm             |

## Cover Artists

We'd like to thank **Ava and Nancy**, both Year 4, for kindly producing this month's cover drawings for us. See page 12 for more drawings from other pupils at Langwathby School.

**About The MEMO** condensed version—see November’s MEMO or our website [www.midedenmemo.org.uk](http://www.midedenmemo.org.uk) for full details and contacts.

**All copy for the February issue by  
NOON FRIDAY 12th January 2024**

**MEMO distributors will be able to collect from Langwathby Church on Wednesday 17th January 2024**



**AGM**  
Annual General Meeting

**MEMO AGM**

**Langwathby Village Hall (back room)  
Monday 26th February 2024 at 7.00pm**

*Open to All - Have your say, provide suggestions or feedback on your community magazine.*

**MEMO COPY DATES FOR 2024**

**NEW**

12th January  
12th April  
12th July  
11th October

9th February  
10th May  
9th August  
8th November

15th March  
14th June  
13th September

**PRICE  
RISE**

**MEMO CHARGES FROM 1ST JANUARY 2024**

**Non-Business Adverts (Individual/Groups/Clubs/  
Education):**

£8 per third of page entry or £80 subscription (eleven thirds for the year). Sponsorship (name on front cover) £65 minimum - this donation does not include advertising within the Memo.

**Business Adverts:**

Standard Business Directory Advert £9 per issue or £90 subscription (11 issues) Max. 40 words excluding title & contact details plain text.  
Premium Business Directory Advert £13 per issue or £130 subscription (11 issues) Max 1/6 of a page with border, image and formatting.

**MEMO SHORTS**

Short notes of thank-you or acknowledgement. Limited space, priority to recent contributors to the MEMO.

Thank you to all who supported the Eden Animal Rescue Big Breakfast on November 4th. A magnificent £1,426 was raised for new kennels.

In Loving Memory of Mary Walker and for those who  
also died in Christ

Printed with kind permission of Lindsay Thompson  
from her original painting 'Hope'

The painting was inspired by her Christian Faith and is  
based upon 1 Thessalonians 4:13-18



## AT GAMBLESBY METHODIST CHURCH

### HE BREWS COFFEE CLUB

EVERY TUESDAY 10am - 12pm

Except 26 December

Enjoy games, crafts or just a chat only £1



### CHRISTMAS FAIR

SATURDAY 2 DECEMBER 11am – 2pm

Stalls with tea/coffee refreshments

*Craft & produce stalls, fun for the children and goodies for all!*



*Funds for Little Acorns Children's Christian Creative Club*

### COMMUNITY NATIVITY SERVICE

FRIDAY 22 DECEMBER at 4 pm

*A magical start to the Christmas weekend*

Everyone Welcome

followed by light refreshments



*For further information, please contact Claire  
on 07756932116 or email: gamblesbymethodist@gmail.com*



## Carols in Skirwith



### *Carol Singing around the village*

Come, walk and sing with us, Wednesday 20th December

Meet 7pm at bus shelter with torches (weather permitting!)

Collecting for British Red Cross



### *Service of Lessons and Carols*



St John's Church

Friday 22nd December 7pm - Mulled Wine from 6:40pm

Wrap up warm **All welcome!** Bring a blanket



## OASIS

**Thursday 7 December from 10.30am  
at Langwathby Methodist  
Chapel**

**An opportunity to escape the busyness  
of Christmas preparations**

**Coffee followed by a short informal service and  
light lunch**

**All are welcome**



**Christmas Eve at The Chapel!  
A warm welcome to celebrate  
Christmas**

*with*

**Carols, Mince Pies  
& Christmas Trees**



(decorated by Pennine Patchers, our local  
quilting group)

**11.00am - at Langwathby Methodist Chapel**

**CULGAITH VILLAGE HALL (AKA VICTORIA INSTITUTE)  
UPDATE**

**UPCOMING EVENTS**

*Space is limited for all events so booking in advance is advised. If you decide to try to come on the night then it's cash only if paying at the door.*

**HO! HO! HO! CHILDREN'S FAMILY CHRISTMAS BINGO**



**Friday 15th December at 6pm**

Festive Jumpers and Fancy Dress encouraged. There will be Christmas themed small bingo prizes.



Children £2.50; Adults £5.00

Book your seats: call Chris or Val on 01768 216995  
Or email: [valwalshe3@gmail.com](mailto:valwalshe3@gmail.com) or [chrisbwalshe@gmail.com](mailto:chrisbwalshe@gmail.com)

**NEW YEAR CEILIDH**



**Saturday 6th January 7pm-10.30pm**  
with the **EDEN VALLEY CEILIDH BAND.**

A fun evening for anyone over 11 years old.

Tickets: Over-16s £10                      11-16s £8

Pay bar with drinks and nibbles available and there will also be a raffle.

Tickets available by bank transfer from [culgaithhallbookings@gmail.com](mailto:culgaithhallbookings@gmail.com) or cash to Jon on 07717 845625.

For general information email [culgaithhallbookings@gmail.com](mailto:culgaithhallbookings@gmail.com) or telephone Jacqui 0777 2205 776

**CULGAITH VILLAGE HALL 100 CLUB**

**October Winners**

|           |     |        |                |
|-----------|-----|--------|----------------|
| 1st prize | £50 | No. 58 | Pauline Toppin |
| 2nd prize | £20 | No. 23 | Nick Stockdale |
| 3rd prize | £10 | No 11  | Kay Leech      |

***A big thanks to all who support the hall***



## OUSBY CHRISTMAS FAMILY BINGO

Sunday 10th December - 2.00pm start

At Ousby Village Hall All welcome.

£6.50 for 6 games of Bingo and 1 Quickie Game.

Raffle tickets available on the day for £1 a strip. Cash only.



Don't forget to book our

## SENIOR CITIZENS CHRISTMAS PARTY AFTERNOON

on 14th December at The Fox Inn.

**Strictly Ousby Residents only.** This is free of charge.

Please book by 5th December—call/text Becky  
on 07761 333676 or email [beckytallentire@icloud.com](mailto:beckytallentire@icloud.com)

*Events are run by Ousby Activity Committee.*



## SKIRWITH VILLAGE HALL

Tuesday 12 December **CHRISTMAS SOUP LUNCH** 12.00-1.30pm.

Come and join our friendly village for a festive soup lunch. We will have some stalls and our very own musicians 'Flucello' will be entertaining us. We look forward to welcoming old and new friends



Sunday 7th January 3pm

We will be screening a **film matinee 'About Time'**, starring Bill Nighy.

Doors will open at 2.30pm for coffees, teas, wine, and I am sure we will rustle up some cakes and scones. It's all in the pipeline.



**theWI**  
INSPIRING WOMEN

## Langwathby & Edenhall WI

*We meet on the 1st Wednesday of the month in Langwathby Village Hall*

### December 6th: ANNUAL MEETING

Supper & Secret Santa  
to be decided later

Hostesses: The Committee



**Meet at 7.30pm in the Village Hall**



## **Hartside First Responders Christmas update**

Hartside First Responders is a voluntary organisation set up to support North West Ambulance Service to provide life saving help for local residents whilst waiting for the ambulance to arrive. Members are from your local community and give their time when they can to offer this vital service for you. We are called out by NWAS to cases they have identified as being serious when our involvement can make a real difference.

We have had a successful year with:

- \* 3 new responders joining our team
- \* defibrillator training delivered in some of our villages
- \* the team continuing to turn out when called by NWAS
- \* We have been issued with a new method of call-out via our smart phones.

We would still welcome new recruits especially in the 'hub' of Langwathby and in Hunsonby/Winskill. The closer the responder is to you, the sooner they will arrive.

We need to replace some of our equipment which was purchased when we first started in 2011. Defibrillators can have their pads and batteries replaced but for our older machines these are no longer available and we need to buy new ones. They are the most expensive bit of equipment we carry. They are also the most essential. They can save your life.

Please contact us if:

- \* You wish to make a donation
- \* You would like us to deliver some training in your area
- \* You would like to join our team

Last but not least, we wish you all a Happy Christmas and a Healthy New Year

For more information, contact our team leader, Irene Ramsden, 07789 477319 [irene.ramsden025@gmail.com](mailto:irene.ramsden025@gmail.com) our secretary Alison Smith, 01768 881066 or [longworth913@btinternet.com](mailto:longworth913@btinternet.com) or our treasurer Jane Jones, 01768 881839 or [janeshipsides@hotmail.com](mailto:janeshipsides@hotmail.com)

# Melmerby and District Gardening Club

## Spotlight on Members' Gardens

*Projects, produce, polytunnels and photos*

Tuesday 16th January 2024 at 7.30pm in Melmerby Village Hall

Raffle Tea/Coffee

**M&DGC Annual membership of £15 per person**

Visitors are very welcome to attend for £3.00

Any queries contact Lorna Egan (Secretary)

[l.m.egan@btinternet.com](mailto:l.m.egan@btinternet.com) or

Jennifer Baker (Treasurer) [tonybakerdevelopments@gmail.com](mailto:tonybakerdevelopments@gmail.com)

or 079234 30932



## Hartside First Responders

Come and meet us...

Learn more about the defibrillator that is in your village; when and how to use it in the case of a cardiac arrest.

We are trying to visit all the villages but our next event is at Ousby Community Centre

Saturday 9 December starting at 2 pm

## THE VIC

### **CULGAITH'S FRIENDLY COMMUNITY CAFÉ EVERYONE WELCOME!**

Every Thursday 2pm – 4pm at the Victoria Institute, Culgaith

Join us on December 7th when we welcome the children from Culgaith School who will be setting the scene for the festive season by singing Christmas carols to us.

December 14th will be the final VIC of 2023 so join us for a pre-Christmas celebratory afternoon.

We wish everyone a very happy Christmas and look forward to seeing you again in the New Year.

The VIC reopens on January 4th.



## EDENHALL'S HISTORY

**E**denhall, as a place-name, means “Nook near the Eden”. Its settlers spoke Old English—ie they were Angles. Perhaps they got there before the Norse farmers arrived by boats up Eden, settling along its banks. “-by” is their word for a farm—village: eg Lazonby, Langwathby, Appleby. The Angles chose a low valley out of sight of the river where they’d be left in peace. The “-hall” is from Old English “halh” = “nook”.



At its south end was the parish church (still there) and at its north end was their chief’s house (the later Eden Hall). The village lay between them, in two lines of houses as fence for the Green, to put the livestock in when needed or when the raiders were expected. Eden, as a river-name, is a Celtic (pre-Roman) word meaning “river”.

Whoever the chief was in the later 11th century, it was taken from him by William the Conqueror and given to Henry fitz Swein. “Fitz” means “son of” and “Swein” is a Norse name: the Normans’ ancestors were Norsemen. Henry’s surname today would be “Swainson”, a family still around in Penrith.

By then, Edenhall’s growth was restricted by being in the Royal Hunting Forest of Inglewood. Its owner was the king, but in practice each village was controlled by the Lord of the Manor. In the 13th century, the Turpes were its lords; the Stapletons got it by marrying Miss Julia Turpe at the start of the reign of Edward I. In 1449, Miss Stapleton married Sir Thomas Musgrave of Great Musgrave and Hartley, whose family soon made Edenhall their main abode, demolishing Hartley Castle in the 17th or 18th century for reuse in repairing Eden Hall. About then, they moved the old village to where it is now to improve their view and to enlarge their park, which cut across Dolphenby’s fields making Dolphenby unviable. Near the Hall, to its south, was the well used by the Hall, where the butler saw the fairies and stole the “Luck” from them.

In the early 20th century, the then Musgrave (Sir RG) lived in London and spent freely. He went bankrupt and sold up in 1934, whereupon the Hall was demolished for recycling. Some of its stone is in the front wall of a house at the top of Wordsworth Street in Penrith. It’s made of pale



sandstone in large blocks. The stables, park walls and lodges survive, as does the Agent's house.

Edenhall was an estate village so any flaws in the water supply or drains were kept quiet for fear of upsetting the Agent or the Squire. In Sir RG's time, the Hall was let to a wealthy tenant and family, and the Long Room served as the Village Hall.



**The cross on the road to the church** is a Victorian one in a medieval cross-socket. Its position suggests that it was the local Plague Stone, in use from 1596-1598. Food was left there by the locals and taken by those in need, who left their coins in vinegar in the socket to disinfect them, as happened in Penrith also.

With thanks to Jeremy Godwin for his research.

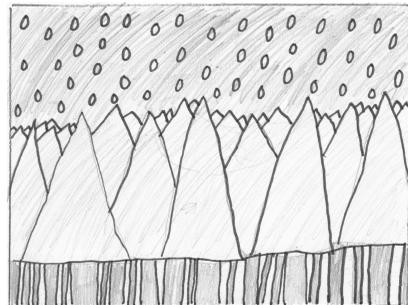
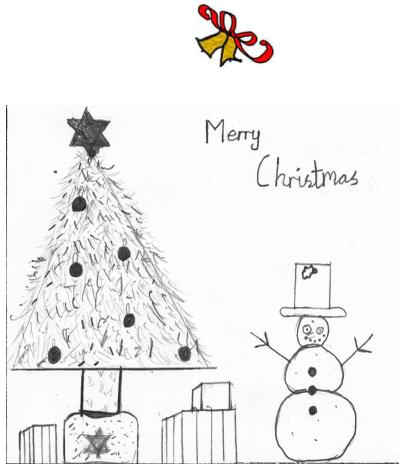
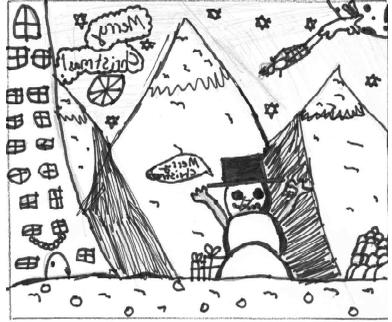
### **THE LUCK OF EDENHALL**

**S**till intact after over 600 years and a journey that took it from the Middle East to the north of England, the Luck of Edenhall is far more than just a compellingly old, and incredibly pristine, drinking glass. It carries with it a centuries-old legend recounting the power of the glass to protect the good fortune of its owner's household.

Known as the 'Luck of Edenhall', this large beaker (drinking glass) of translucent, orange-tinged glass is one of the most exceptional objects in the V & A Museum's glass collection. Its recorded history starts in Cumberland, now part of Cumbria, in the late 17th century, but it was actually made in the Middle East, in Egypt or Syria, around 1350.



**Thank you** to the children of **Langwathby School** for their brilliant artwork. From the many drawings provided it was difficult to choose. Well done everyone. The cover pictures are from Ava and Nancy, Year 4, and some more favourites are shown below, top to bottom, left to right from Ellie, Elise and Jazmine, Year 5, and Jessica, Sadie and Hester, Year 4.



# LANGWATHBY STORES & POST OFFICE

## 2023 Christmas Opening Times



Days not listed below are our normal hours:

Monday - Saturday 7am - 7pm

Sunday 8am - 6pm

*The Post Office is open whenever the Shop is open (EXCEPT ON BOXING DAY) but access at peak times will be by the shop side door.*

### Christmas Eve

Sunday 24th December 7am - 4pm

### Christmas Day

Monday 25th December CLOSED

### Boxing Day

Tuesday 26th Dec 10:30am - 12:30pm

*The Post Office is CLOSED on Boxing Day*

### New Years Eve

Sunday 31st December 7am - 4pm

### New Years Day

Monday 1st January 2022 10am - 4pm

***The Team wish you a Happy Christmas and a Great 2024***

**Nisa**

01768 881342





**\*\*\* EXERCISE CLASS \*\*\***

An Exercise Class is now running  
at 8.00am  
on Tuesday mornings  
in Melmerby Village Hall



Cost: £5



Interested?  
For more information contact  
[roobannister@outlook.com](mailto:roobannister@outlook.com)  
or phone 0758 141 3422  
or on Facebook!!



**PUBS, SHOPS & RESTAURANTS**

**MEMO information, contact details and charges have moved!**  
You can find them on the inside back cover.



**BUSINESS ADVERTISEMENTS**  
CONTACT JEFF TRUMAN  
FOR DETAILS AND APPLICATION  
FORM  
See back cover for Charges  
T: 01768 881163

**The Shepherds inn, Melmerby**

**Opening times January - April**

Mon & Tues—CLOSED

Wed: Takeaway Only 5pm-7pm |

Thurs: 6pm-10pm | Fri & Sat: 5.30-11pm

Sun: Noon-9pm

We will still be doing our Shepherds at Home **takeaway menu** during our opening hours as well as Wednesdays 5pm-7pm



**Fish on Fridays! Creative and delicious weekly specials**

Traditional Sunday lunch served all day

Tel: 01768 889064 Village Green,

Melmerby CA10 1HF

Facebook: The Shepherds Inn Website: [shepherdsinn.pub](http://shepherdsinn.pub)

**SUPPORT GROUPS: for details see the MEMO website in the October edition.**

**Local Citizens' Advice: phone 01768 891503**

**Salvation Army Food Bank, Hunter Lane, Penrith**

**MIND: Money & Mental Health: <https://tinyurl.com/w5ctfo9>**

**Christians Against Poverty: Tel' 0800 328 0006**

## PUBS, SHOPS & RESTAURANTS (continued)

### The Shepherds Inn

The Village Green, Langwathby  
CA10 1LW

E: [stephen@shepherds-inn.co.uk](mailto:stephen@shepherds-inn.co.uk)  
T: 01768 881463

Serving good homemade food every day from 12 noon until 7.30pm including our famous Wathby whale and shortcrust steak and ale proper pie.

And, we have been told,  
The best shortbread in the World!



Scan for the menu



### THE OLD VILLAGE BAKERY

‘We are open’

Monday to Sunday  
9.00am- 4.00pm

Breakfast served 9.00-11.30 Daily

Lunch served 11.30-3.00 Daily

or grab a coffee & treat yourself to a cake

Booking recommended on 01768 881811

&

‘Upstairs’

Open 10.00-4.00

or by appointment. Please call Deborah on  
07739071141

Ladies fashion, Gifts & Interiors

Looking forward to seeing you all...

T: 01768 881 811 The Old Village Bakery |  
Melmerby | CA10 1HE

## LANGWATHBY STORES & POST OFFICE

**Shop & Post Office**

**Opening Times:**

**Monday to Saturday 7am to 7pm**

**Sunday 8am to 6pm**

**For those everyday essentials  
and an excellent selection of  
wines (including fine wines),  
spirits, beers, lagers!**

**Plus hot & cold drinks!**

**Also remember to check out our  
regular special offers in store.**

***Orders taken for Delivery or  
Collection***

**Telephone:  
01768 881342**



### EDENHALL COUNTRY HOTEL



**Fish & Chip Friday  
Bar meals served daily**

12pm-2pm & 6pm-9pm

Fish, Homemade Chips & Mushy Peas for  
only £13.95

Sumptuous Sunday Lunch from £15.95

Lunchtime meals served 12pm to 2pm

Friday, Saturday & Sunday.

Evening meals served every evening from

5:30pm—9:00pm

Edenhall Country Hotel, Edenhall, Penrith,

CA11 8SX T:01768 881454

[www.edenhallhotel.co.uk](http://www.edenhallhotel.co.uk)

## COMMUNITY ACTIVITIES

### VILLAGE HALLS

**Langwathby Village Hall bookings** - please contact Brenda Shannon on 07871 994988 (please leave a message, and we'll get back to you) or by email [bookings.vhlangwathby@gmail.com](mailto:bookings.vhlangwathby@gmail.com).

### LOCAL PLAYGROUPS

A friendly, welcoming playgroup, open to everyone from local and surrounding areas during term time, offers a variety of toys, craft sessions, outings, snacks and story/song time suitable for 0-4 years.

**Langwathby** - Term time only. Fridays 1pm till 3pm Langwathby Village Hall. Contact Rachel Buckle 07958 321335.

### **Culgaith - 'Come and Play' at Culgaith School, 2pm-3pm**

Tues 12<sup>th</sup> Sept, Fri 29<sup>th</sup> Sept, Tues 10<sup>th</sup> Oct, Fri 20<sup>th</sup> Oct - special invite to sponsored walk. Fri 3<sup>rd</sup> Nov, Tues 14<sup>th</sup> Nov, Wed 29<sup>th</sup> Nov 9-10 am - special invitation to book morning, Fri 8<sup>th</sup> Dec. Contact [admin@culgaith.cumbria.sch.uk](mailto:admin@culgaith.cumbria.sch.uk) or **01768 88655**

## BUSINESS AND LOCAL SERVICES

**Acupuncture & Massage Penrith.** Experienced Acupuncturist & Deep Tissue Massage Practitioner, treating people with a wide range of health and wellbeing concerns. I look forward to welcoming you into a safe, nurturing and healing space. Contact: Jules Burrell AAC, Tel 07890 197759 [www.acupuncturepenrith.co.uk](http://www.acupuncturepenrith.co.uk)

### ANDREW BRISCOE CARPET & UPHOLSTERY CLEANING

30 Years experience in the carpet cleaning industry.

Van mounted carpet cleaning system for all types of carpets.

Upholstery cleaning including Viscose, Linen and fine fabrics.

Rug cleaning drop off or pick up service.

National Carpet Cleaners Association Corporate Member.

Office Tel: **01768 865812** Mobile: **07850 805251**

Acrestone Cottage, Winskill CA10 1PD



SERVICES

TARMACADAM  
DRIVEWAYS  
FOOTPATHS  
GROUNDWORKS  
LANDSCAPING



[adamoneil78@hotmail.co.uk](mailto:adamoneil78@hotmail.co.uk) | 07896 029 454



**Chanukah:** The Jewish Festival of Lights

**Ashura:** A Muslim festival celebrated in both Sunni and Shia Islam, commemorates the day on which Moses is said to have led the Israelites to freedom.

## BUSINESS AND LOCAL SERVICES (continued)

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**Bodhi Day – 8 December:** A celebration of the day that Buddha is said to have gained enlightenment while sitting under a tree, Bodhi Day is celebrated by Buddhists across much of south-east Asia, including in India, China and Vietnam.



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## BUSINESS AND LOCAL SERVICES (continued)



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## TLC HOME CARE

### Home Care Services ABOUT US

TLC Home Care is a home care service offering person centred care packages to individuals in their own home in Fellside and surrounding areas. Services include assisting with meal preparation, shopping, light cleaning duties and companion calls.  
TLC Home Care

Tel Claire: 07947 774451

Email: [tlchomecareservices11@gmail.com](mailto:tlchomecareservices11@gmail.com)



### OUR VOLUNTEER DELIVERERS

The Memo is delivered each month by more than thirty volunteers. Some have been doing this for many years.



**We'd like to express particular thanks to Kath Hull who started in 1985 and has only just 'retired' and handed over her round in Little Salkeld to Jen Sword and Ros Kitchen.**



Has anyone been delivering for longer?




 Everyone who helps to bring Memo to your door wishes you  
 A very Happy Christmas  
 And may the New Year 2024 bring new beginnings, peace  
 and joy to you and all those who live in our beautiful  
 Fellside communities.

**CHURCH SERVICES IN OUR CHURCHES AND CHAPELS FOR DECEMBER 2023**

|  |  |  |                                     |
|--|--|--|-------------------------------------|
| <b>Sunday 3<sup>rd</sup> December</b>    | <b>Advent Sunday</b>   |  |                                     |
| Addingham                                | 9.30am Holy Communion  |  | Rev Canon K Butterfield             |
| Culgaith                                 | 11.00am Methodist led service                                      |  | Rev Dave Milner                     |
| Langwathby Methodist Chapel              | 5.00pm Taize   |  | Julie Barrett                       |
| Langwathby St Peter's                    | 6.00pm Advent Carol Service  |  | Rev Lindsay Harrod                  |
| Melmerby                                 | 9.30am Morning Worship   |  | Julie Barrett                       |
| <b>Sunday 10<sup>th</sup> December</b>   | <b>Second Sunday of Advent</b>                                     |  |                                     |
| Addingham                                | 10.00am Family Christmas Service                                   |  | K Stannard & Team                   |
| Gamblesby                                | 2.00pm Afternoon Worship   |  | Rev Dave Milner                     |
| Kirkland                                 | 9.30am Holy Communion  |  | Rev Lindsay Harrod                  |
| Langwathby Methodist Chapel              | 11.00am Morning Worship  |  | L Morton                            |
| <b>Saturday 16<sup>th</sup> December</b> | 7.00pm Carol Service   |  | Kirkland                            |
| <b>Sunday 17<sup>th</sup> December</b>   | <b>Third Sunday of Advent</b>                                      |  |                                     |
| Culgaith                                 | 3.30pm for 4.00pm Christingle                                      |  | Rev Fiona Jenkins                   |
| Langwathby St Peter's                    | 11.00am Holy Communion   |  | Rev Lindsay Harrod                  |
| Ousby                                    | 10.00am Christmas Carols   |  | Rev Fiona Jenkins                   |
| <b>Tuesday 19<sup>th</sup> December</b>  | 6.30pm Carols with Town Band                                       |  | Culgaith                            |
| <b>Thursday 21<sup>st</sup> December</b> | 4.00pm The Longest Night,<br>6.00pm Lanterns Walk to church Carols |  | Langwathby, St. Peter's<br>Melmerby |
| <b>Friday 22<sup>nd</sup> December</b>   | 4.00pm Nativity<br>7.00pm Carol Service                            |  | Gamblesby<br>Skirwith               |
| <b>Sunday 24<sup>th</sup> December</b>   | <b>Fourth Sunday of Advent (Christmas Eve)</b>                     |  |                                     |
| Culgaith Village Hall                    | 10:30am Café Church  |  | Lay led                             |
| Gamblesby                                | 10.00am Little Acorns  |  | Claire Slee                         |
| Gamblesby                                | 2:00pm Afternoon Worship   |  | L Tomlinson                         |
| Langwathby Methodist Chapel              | 11.00am Carols & Coffee  |  | Joan and Ray Wager                  |
| Langwathby St Peter's                    | 4.00am Christingle & Crib  |  | Rev Lindsay Harrod                  |
| Langwathby St Peter's                    | 11.00pm Midnight Mass  |  | Rev Lindsay Harrod                  |
| Skirwith                                 | 9.30am Holy Communion  |  | Rev Canon K Butterfield             |
| <b>Monday 25<sup>th</sup> December</b>   | <b>Christmas Day</b>   |  |                                     |
| Addingham                                | 9.30am Holy Communion  |  | Rev Lindsay Harrod                  |
| Culgaith                                 | 9.30am Holy Communion by extension                                 |  | Julie Barrett                       |
| Edenhall                                 | 11.00am Holy Communion by extension                                |  | Julie Barrett                       |
| <b>Sunday 31<sup>st</sup> December</b>   | <b>First Sunday of Christmas</b>                                   |  |                                     |
| Lazonby                                  | 10.00am EEMC joint Holy Communion                                  |  | Revs L Harrod & D Milner            |

**CHURCH SERVICES IN OUR CHURCHES AND CHAPELS FOR JANUARY 2024**

|                                       |                                      |  |                          |
|---------------------------------------|--------------------------------------|--|--------------------------|
| <b>Sunday 7<sup>th</sup> January</b>  | <b>The First Sunday of Epiphany</b>  |  |                          |
| Addingham                             | 9.30am Covenant service              |  | Bryan Gray               |
| Gamblesby                             | 10.00am Little Acorns                |  |                          |
| Culgaith                              | 11.00am Covenant service             |  | Rev Keith Speck          |
| Melmerby                              | 9.30am Holy Communion                |  | Rev Canon K Butterfield  |
| Langwathby St Peter's                 | 11.00am Holy Communion               |  | Rev Fiona Jenkins        |
| Langwathby Methodist Chapel           | 5.00pm Taize                         |  | Joan Wager               |
| <b>Sunday 14<sup>th</sup> January</b> | <b>The Second Sunday of Epiphany</b> |  |                          |
| (Gamblesby go to) Renwick             | 2.00pm Covenant service              |  | Rev Dave Milner          |
| Kirkland                              | 9.30am Holy Communion                |  | Rev Lindsay Harrod       |
| Langwathby Methodist Chapel           | 11.00am Covenant service             |  | Rev J Tebbutt            |
| <b>Sunday 21<sup>st</sup> January</b> | <b>The Third Sunday of Epiphany</b>  |  |                          |
| Addingham                             | 9.30am Holy Communion                |  | Rev Canon K Butterfield  |
| Culgaith                              | 11.00am Holy Communion               |  | Rev Fiona Jenkins        |
| Ousby                                 | 10.00am Holy Communion               |  | Rev Lindsay Harrod       |
| Langwathby St Peter's                 | 11.00am Holy Communion               |  | Rev Canon K Butterfield  |
| <b>Sunday 28<sup>th</sup> January</b> | <b>The Fourth Sunday of Epiphany</b> |  |                          |
| Gamblesby                             | 10.00am Little Acorns                |  |                          |
| Gamblesby                             | 2.00pm Holy Communion                |  | Rev Dave Milner          |
| Skirwith                              | 11.00am Family Worship & Baptism     |  | Rev Lindsay Harrod       |
| Langwathby Methodist Chapel           | 11.00am Morning Worship              |  | Rev Dave Milner          |
| Edenhall                              | 11.00am Holy Communion               |  | Revd Canon K Butterfield |