

July
2023

MEMO

*Mid-Eden
Magazine*

with news
from the
Parishes of
The Cross Fell
Group



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Langwathby Methodist Chapel

As I write this in early June, the weather is glorious* – sunshine and clear blue skies with a gentle breeze – just how I like it. In fact, we've been enjoying quite a long spell of such weather. True some days have been a bit cool and cloudy, but we haven't had actual *rain* in... well, I can't quite remember, but it's been a while and the ground is hard and dusty.

This is great news for walkers whose routes lead them across usually boggy ground, but it's not so great for the keen gardeners amongst us who are having to go out with the watering can each evening to stop their plants from wilting. Neither is it good news for our farmers of course – livestock need access to drinking water and crops need moisture to grow and mature. So although I might not greet grey wet days so enthusiastically, I will still be grateful when the rain returns.

In the Bible, the state of the land is often used as a metaphor, or even an indication, for the state of people's hearts. John's Gospel tells of Jesus encountering a Samaritan woman at a well and breaking convention by asking her for a drink of water. There followed a slightly confusing conversation as the woman thought Jesus was talking about a physical thirst, whereas he was actually referring to the spiritual thirst people have for meaning, purpose, fulfilment, love, contentment and peace in their lives.

Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' (John 4:13-14)

I wonder what you're thirsting for at the moment?

Rev'd. Lindsay Harrod

DATES FOR YOUR DIARY

JULY 2023

2nd	Skirwith Open Gardens, Skirwith	2.00pm
5th	Langwathby & Eden WI, 'BOCCACIA' Langwathby VH (p10)	7.30pm
6th	Table tennis, Culgaith VH	7.00pm-9.00pm
6th	Meeting Point, Langwathby Methodist Church (p8)	10.15am
6th	The Vic Community Café, Culgaith VH (p9)	2.00pm-4.00pm
8th	Music for Summer Evening, St Michael's Ch, Add'ham (p10)	7.30pm
11th	Soup & Cake, Skirwith VH (p9)	12.00pm-1.30pm
13th	The Vic Community Café, Culgaith VH (p9)	2.00pm-4.00pm
15th	Table tennis, Culgaith VH	7.00pm-9.00pm
18th	Gresgarth Hall Visit with MDGC	8.30am
18-19th	Canine and Feline first aid course, Culgaith Village Hall	
20th	Oasis, Langwathby Methodist Church (p8)	10.30am
20th	Boon Night, St Cuthbert's Church, Edenhall (p6)	6.00pm
20th	The Vic Community Café, Culgaith VH (p9)	2.00pm-4.00pm
22nd	Table tennis, Culgaith VH	7.00pm-9.00pm
23rd	Songs of Praise, St John's Church, Skirwith (p5)	6.00pm
27th	The Vic Community Café, Culgaith VH (p9)	2.00pm-4.00pm

AUGUST 2023

3rd	Meeting Point, Langwathby Methodist Church (p8)	10.15am
15th	MDGC, 'History of growing & preserving' Melmerby VH (p10)	7.00pm
19th	Culgaith Village Show (p7)	from 10.00am
28th	Sports and BBQ, Kirkland & Blencarn VH (P8)	

CLERGY CONTACT NUMBERS

*The following **EEMC** ministers can be contacted by email or telephone:*

Canon Katharine Butterfield Tel 01768 898176, Email kmbutterfield@btinternet.com

Rev Keith Speck Tel 01768 898257, Email: keithspck1@gmail.com

Rev Dave Milner Tel 01768 863209, Email: dave@revmilner.plus.com

MEMO COPY DATES FOR 2023

14th July, 11th August,
15th September, 13th October, 10th November

About The MEMO A team of over 40 volunteers collate, type, proof & distribute your MEMO each month to produce a community based publication. We are grateful for the support given by businesses & sponsors. You can contact us as follows:

For editorial enquiries for next issue: editor@midedenmemo.org.uk

For business advert enquiries contact our business coordinator:
Jeff 01768 881163; e: jeff.midedenmemo@gmail.com

For payment related enquiries contact our treasurer:
Sheila 01768 881348; e: treasurer.midedenmemo@gmail.com

For community (non-business) advert / general enquiries contact:
Chris 01768 881015; e: chris.midedenmemo@gmail.com

**All copy for the August issue by
NOON FRIDAY 14th July 2023**

Items ready to be typed can be sent directly to -
midedenmemo@gmail.com

Payment should accompany the advert request .

Cheques payable to 'The MEMO'; Address on request from Chris/Jeff
Payment can also be made by **BACS/electronically using the following details:**

A/c Name: The MEMO **A/c Number:** 30875570 **Sort Code:** 20-66-97

The Committee maintain the right to edit and/or withhold material as deemed necessary.

MEMO distributors will be able to collect from Langwathby Church on Wednesday 26th July 2023

MEMO CHARGES FROM 1ST JANUARY 2023

Non-Business Adverts (Individual/Groups/Clubs/Education):
£7 per third of page entry or £70 subscription (eleven thirds for the year). Sponsorship (name on front cover) £65 minimum - this donation does not include advertising within the Memo.

Business Adverts:

Standard Business Directory Advert £8 per issue or £80 subscription (11 issues) Max. 40 words excluding title & contact details plain text.
Premium Business Directory Advert £12 per issue or £120 subscription (11 issues) Max 1/6 of a page with border, image and formatting.

Cover Artists

We'd like to thank **Ray Ogden**
for kindly producing this month's cover for us

Culgaith Parish Council

Monday 15th May 2023 at 7.30pm Culgaith Victoria Institute

Present – 5 Councillors and no members of the public, plus WAF Councillor M Handley

Annual Parish Meeting – Minutes of the 2022 meeting were signed as a correct record. There was no public comment and the next meeting was agreed as the 13th May 2024 in the Culgaith Victoria Institute.

Annual General Meeting – Chair, Caroline Richardson and Vice – Chair, Pauline Topping were re-elected. The Annual Report was presented and unanimously accepted. The Land and Asset Register and Risk and Financial Management Assessment for 2023/2024 were agreed.

The Insurance cover arrangements for 2023/2024 were confirmed.

May Council Meeting

The following key issues were discussed: -

- **Foot Path Signs** - All fallen signs now replaced, except by Tarn Villa, Culgaith.
- **Potholes and Other Numerous Road Issues within the Parish.**
- **Skirwith Failed Footway Light** – Pear Tree House. To seek a progress report.
- **ENW – Tree Maintenance in Church Street Skirwith.** Work to be actioned.
- **Eden Speed Limit Review and New Village Entrance Signs – Culgaith.** New signs have been installed. Road markings awaited.
- **Skirwith – Path fence down towards Beck Cottage**
- **HGV and Coach Traffic from Station Road to ‘Black Swan’ Junction.**
In hand with Highways
- **Skirwith Bus Shelter External Mural**
Request granted to position a water butt and planters.
- **Acorn Bank 10k Cycle event – 17th September.**
- **Road Markings at Blencarn Junctions.**
- **Bench by the Kirkland Jubilee Tree.** Permission granted to site a bench by tree.
- **Foot Bridge – Skirwith Village Green.** Agreed to repair
- **Police Fire and Crime Commissioner, (PFCC) Survey.**
- **Eden Rivers Trust- Annual Supporters Day and Ullswater Fundraising Cruise.**
- **Dalefoot Compost – Blencarn Hall Farm**
- **Culgaith Coronation Bench** – Grateful thanks is expressed, by the Council, to a Parishioner who kindly installed it in time for the Coronation.
- **Planning**
23/0182 - Croft House Barn, Kirkland Road, Skirwith - Silver Birch tree.
Thin by approx. 20% Supported

Date of next meeting - Monday- 3rd July 23 – Skirwith Village Hall.

Full minutes are available on www.culgaith.org.uk

John Fleming – Parish Clerk. culgaithpc@yahoo.co.uk

Langwathby Parish Council

Thursday 18th May 2023 at 7.30 pm in Langwathby Village Hall

Present – 8 Councillors, WAFC Cllrs M Handley, M Robinson and no members of the public,

Annual Parish Meeting – Minutes of the 2022 meeting were signed as a correct record. There was no public participation. The Chairman presented an Annual Report.

AGM and May Meeting

The following key issues were discussed: -

- **Chairman, Vice Chair:** Doug Banks / Kerry Little; elected respectively.
- **Village Hall Committee** – Kerry Little, Chris Wilson James Hodgson were elected.
- **Village Hall Renovation Committee** – Doug Banks, Craig Eland and Mark Holiday and John Fleming (Parish Clerk) were elected.
- **Finance - 2022 / 2023** audited accounts were approved.
- **Beech replaced with a Walnut Tree - Langwathby Village Green.**
- **Back Lane Light – Langwathby** – Still awaiting a resolution by WAFC.
- **Edenhall Roadside Drainage Issues.** – Continuing to be monitored.
- **Ladies Walk** – Broken, wooden, footpath sign. – Still awaiting attention.
- **Low Mill, Langwathby** – Road sign. – Request being considered by WAFC.
- **Potholes – Church Lane Edenhall** - In hand with Highways.
- **Langwathby Playground.** – Priority to install perimeter fence,
- **Langwathby Bridge – Cycling Signage and Road Markings.** In hand
- **Edenhall Ash Trees** – Dangerously hanging boughs. With Highways.
- **Japanese Knot Grass, Edenhall** – Responsibility and control is ongoing.
- **Eden View – Langwathby Development** – To be named -. Galloper Heights’.
- **Village Hall Parking.** Need to encourage use of new car park.
- **Langwathby Village Hall/ Parish Council** – Constitution updated.
- **Langwathby Village Hall Renovation Project** – Planning permission has been granted. Grant aid being sought to move project forward.
- **Planning: -**
 - 23/0211** - 16 Low Farm, Langwathby - Proposed alterations/extension. Supported
 - 23/0280**, Land at Eden View Langwathby. Variation of condition 2 (plans compliance) for design amendments to plots 8 and 9, attached to approval 20/0087 No comment
 - 23/0316** – Land at Eden View, Langwathby – Variation of condition 2 (plans approval 20/0087 Supported

Date of Next meeting Thursday 20th July.2023

John Fleming – Parish Clerk.

A full set of minutes is available on www.langwathby.org

St Michael & All Angels Church, Addingham

Music for a Summer's Evening

Saturday 23rd September at 7.30pm

Please note change of date

A concert arranged by Bob Saudek with choir, organ and instrumental music.

The programme includes:

Handel's Violin Sonata

Summer music for Flute and Piano by Richard Rodney Bennett

Prelude and Fugue for Organ by J S Bach

The choir will sing:

Now is the Month of Maying

If Ye Love Me

Fair Phyllis

....and much more.

Tickets £12 include a glass of wine or soft drink.

Available from:

Bryan Gray (07802 950222)

Kate Stannard (07852 254607)

Dori Henderson (01768 881369)

Proceeds to support the Church



**St John's Church
Skirwith**



Summer Songs of Praise

6pm Sunday 23rd July 2023

An opportunity to gather together and be uplifted as we raise our voices singing favourite Songs of Praise.

All welcome!

ST CUTHBERT'S CHURCH, EDENHALL

BOON NIGHT

**Thursday, July 20th 2023
at 6.00 p.m**



**We should be really
grateful for your help with:
grass cutting,
general ground
maintenance,
and
cleaning of the
Church interior.**



**If you could spare a little time
to help us, we'd be very grateful!!**

LIQUID REFRESHMENT PROVIDED!!

**More info from: Pam Jago, PCC Sec.
on: 01768/88790 or
07950042605
jagopamela2@gmail.com**





Culgaith Village Show, Fun Run & Sports Day



**Saturday 19th August 2023
from 10am
Culgaith Recreation Ground**

After Party from 6.30pm

(£15 adults, Under 16's free. Tickets required)

**Contact Rebecca Ramsden (07581 878518) or
Freya Findlay (07929 873234) for entry forms
or extra information.**

**Contact Sarah Ruddick (07791 22721), Sally
McCulloch (07936 129888), Em Sturch
(07765 213595), Paul Lowthian (07816
066540) for tickets for the evening
party.**



Kirkland and Blencarn Village Hall - July

The coffee mornings and whist drives are taking a summer break and will restart in the Autumn - watch this space!



Our annual
Sports and BBQ
will take place on
Monday August 28th



June 50/50 Club Winners

- 1st - Joshua Holloway
- 2nd - Barrie Blenkinship
- 3rd - Grace Fleming
- 4th - David Lea
- 5th - Caroline Richardson

50/50

You can find us on Facebook and Instagram

#kirklandblencarnvillagehall

or

email blencarnandkirklandvillagehall@gmail.com

All are welcome at Langwathby Methodist Church



Thurs 6th July from 10.15 : "Meeting Point"

Enjoy a cup of coffee and conversation!

Thurs 20th July from 10.30 : "Oasis"

Coffee followed by an informal service and light lunch

Skirwith Village Hall

Come and join us every second Tuesday of
the month
12.00pm -1.30pm

Scrummy home made soup and cakes
Next lunch Tuesday 11th July



Look forward to seeing you.



THE VIC

CULGAITH'S FRIENDLY COMMUNITY CAFÉ,

EVERYONE WELCOME!

Every Thursday 2 – 4pm

at the Victoria Institute, Culgaith.



July 6th- Yankee Doodle day.

To celebrate American Independence Day (a little late!) our bakers are putting together a selection of Stateside themed cakes. Dig out your Stetson and cowboy boots and come join us.



July 27th -Summer Fruity Treats

Seasonal fruits provide the main ingredients of our cakes today. Come and enjoy!

Langwathby & Edenhall WI

We meet on the 1st Wednesday of the month in Langwathby Village Hall



JULY 5TH BOCCACIA
Ball game ANNE CRADDOCK

Competition: A ball
Hostesses: J. Baker, K.Holmes,
E. Edgar

Please note meeting starts at 7.30pm

“Thankyou to everyone who supported our Mission to Ukraine meeting, £149.50 was donated to the appeal”

Melmerby and District Gardening Club



Our visit to Gresgarth Hall on 18 July 2023 is now fully booked

The History of Growing and Preserving

with Jane Maggs founder of 'Wild and Fruitful' preserves

Tuesday 15 August 2023 Melmerby Village Hall 7.00 pm for **AGM**

followed by our speaker for the evening

Refreshments and raffle. Visitors are very welcome to attend for £3.00

Prior notice of a special event on 19 September 2023 in Melmerby Village Hall

Peter Macqueen as Old Herbaceous

A charming one man play, humorously portrayed by Peter Macqueen

Herbert Pinnegar, a retired head gardener to the lady of the manor, recounts his life amongst the plants.

Set in his greenhouse, pottering amongst the seeds and cuttings.

7.00pm for a 7.30pm start Tickets £12 (MDGC members £10)

To purchase tickets please contact Jennifer Baker (Treasurer)
tonybakerdevelopments@gmail.com or 079234 30932

Any queries contact Lorna Egan (Secretary) l.m.egan@btinternet.com
or 01768862764

www.melmerbyanddistrictgardeningclub.btck.co.uk

LANGWATHBY PAROCHIAL FOUNDATION

Grants may be available to pupils from Langwathby who are moving to secondary school after the summer. The Trustees of the Langwathby Parochial Charity will be meeting in early September, to consider any applications. If money allows, grants may also be awarded to students living in Langwathby who are beginning or already attending university or college. If you would like to be considered for a grant, please email jkdh98@gmail.com, or write to John Doidge-Harrison, Church House, Little Salkeld, CA10 1NN, by 31st August.

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Culgaith Village Hall

We're starting to turn ideas into reality.

Table tennis will be starting in the hall from 6th July. There will be regular Thursday evening openings as well as an adhoc booking system. Come along for free on 6th, 15th and 22nd (7pm - 9pm) for a drop in session to find out more.

Other ideas being actively pursued include a quiz and pie night in September, once a month information talks starting in October, organising some gin and/or wine tasting events and trying to find someone to offer some sort of fitness class out of office hours.

Another very popular request was for a Community Shop. The committee is looking to connect with local growers/ other producers who may have excess produce that they would like to sell in the hall. If you have anything then please let us know.

If you would like to know about anything mentioned above then email culgaithhallbookings@gmail.com or telephone Jacqui 0777 2205 776

Congratulations to the **100 club WINNERS** and a big thank you to all that have joined in. Your support is invaluable.

1st £50 Betty Allinson (64)

2nd £20 Louise Thompson (43)

3rd £10 Alex Chapman (96)

Another £120 was raised again this month for The Village Hall.
The next draw is Thursday 29th June.

What became of Addingham Village?

By the look of the cross now south of the present church, the original church and village was in being by the 10th century. Addingham, the placename, means ‘the farm village of Adda’s people’, and shows that its settlers were Anglians (not Anglicans who first arose in the 16th century) speaking Old English. Some of the earliest settlers came in the 5th—7th centuries from Angels, just south of Denmark. Men with names ending with an ‘a’ (e.g. Horsa, Offa etc).

The village had another name as well, possibly a local nickname, ‘Leigham’, which is Old English for ‘Farm village in a grassy glade in the wood’. The wood is still there. Some say Leigham means ‘Low-lying village’ but it doesn’t!

The present church dates from 1512 and after. Tradition says that there was a deluge and landslip and/or earthquake that flooded the original village. This will have occurred circa 1500. Possibly the landslip or blockage e.g. by fallen trees, was just downstream at the mouth of the Daleraven where it joins the Eden and if in full spate, the waters backed up onto Leigham. The Eden then changed its course and has run above Leigham ever since. Leigham originally stood 60 feet above the Eden but its bank was washed away during the spate.

In 1794 the foundations of Leigham’s houses were visible along the Eden’s bank. These will have been at the top of the village. In 1829, bones, crosses, etc. had often been found there. In 1913 the Rev. C.J.Gordon took advantage of the drought and rescued the hogbacks (10th century tombstones) now in the present church’s porch. The Eden was only 7’ to 10’ deep at this time so he got a number of local men to help. Using a rowing boat and grappling irons they managed to raise the hogbacks but it took 5 days. In a wide pool 50 yards north and south of the church they also saw a good many stones from the drowned houses. The ancient 10th century Cross was on the riverside.

West of the church, across the field (and now across the Eden), is St Michael’s Well. It’s still there but now in Lazonby parish.

If the Eden falls to 10 feet deep again you’ll be able to look at the remains of Leigham for yourselves, if they’re still visible. In 1794, people said these were Addingham village’s houses. Folk-memory last for centuries; a valuable historical source.

With thanks to Jeremy Godwin for his research

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COMMUNITY ACTIVITIES

VILLAGE HALLS

Langwathby Village Hall bookings - please contact Brenda Shannon on 07871 994988 (please leave a message, and we'll get back to you) or by email bookings.vhlangwathby@gmail.com.

LOCAL PLAYGROUPS

A friendly, welcoming playgroup, open to everyone from local and surrounding areas during term time, offers a variety of toys, craft sessions, outings, snacks and story/song time suitable for 0-4 years.

Langwathby - Wednesdays 9.30 -11.30am - Langwathby Village Hall.
Contact Lili Kersey 07876 086871

Culgaith - 'Come and Play' at Culgaith School, 2pm-3pm

Fri 5th May – Kings Coronation celebration from 12.30pm, Mon 15th May,
Mon 5th June, Thurs 22nd June, Mon 3rd July, Mon 17th July
Contact admin@culgaith.cumbria.sch.uk or 01768 88655

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Contact: Ian Rigg 07743 967222 or visit ian-rigg.com

LAMBKINS DAY NURSERY & PRE-SCHOOL CENTRE Providing Outstanding Care and Education for children aged 3 months to 8 years old. Flexible free 15-30 hours available. Exciting opportunities for the children including forest school and creative workshops.

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or lambkinsdaynursery@hotmail.co.uk



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ABOUT US

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TLC Home Care

Tel Claire: 07947 774451

Email: tchomecareservices11@gmail.com

They may be able to help...



Citizens' Advice Bureau - <http://www.cac-e.org.uk>
Penrith Office
2 Sandgate, Penrith, CA11 7TP
01768 891503



Mind - Money and mental health
<https://tinyurl.com/w5ctfo>



Christians Against Poverty
CAP debt centre in partnership with Penrith Methodist Church
Mon - Thu 9.30 - 5.00 : Fri 9.30 - 3.30
To book an appointment or find out more, telephone 0800 328 0006



Salvation Army Food Bank
Hunter Lane, Penrith
Items can be left in the porch at Hunter Lane on Tuesdays, Wednesdays and Fridays or in the Food Bank Box in St Peter's Church, Langwathby or in the Food Bank Box in All Saint's Church, Renwick

Financial donations can be made to the Penrith Food Bank as follows:

Sort Code 60-01-73 ; Account number 00178123 ;

Quote reference PE05/GR1

Cheques cannot be processed at the moment



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CHURCH SERVICES IN OUR CHURCHES AND CHAPELS FOR JULY

Sunday 2nd July

Addingham
Culgaith All Saints
Fellside Churches
Langwathby St Peter's
Langwathby Methodist Chapel
Melmerby

Trinity 4 (Proper 8)

11.00am FW & Baptism Revd Fiona Jenkins
11.00am Morning Worship Revd Keith Speck
9.30 ATTEND MELMERBY
11.00am Morning Worship Julie Barret
5.00pm Taize Joan Wager
9.30am Morning Worship Julie Barret

Sunday 9th July

Gamblesby
Gamblesby
Kirkland
Langwathby Methodist Chapel

Trinity 5 (Proper 9)

10.00am Little Acorns Claire Slee
2.00pm Afternoon Worship J Blackshaw
10.00am Holy Communion Revd L Harrod/J Barrett
11.00am Methodist Service Revd Dave Milner

Sunday 16th July

Addingham
Culgaith All Saints
Langwathby St Peter's
Ousby

Trinity 6 (Proper 10)

9.30am Holy Communion Revd L Harrod/
Canon K Butterfield
9.30am Holy Communion Revd Fiona Jenkins
11.00am Holy Communion Revd L Harrod/
Canon K Butterfield
11.00am Holy Communion Revd Fiona Jenkins

Sunday 23rd July

Edenhall
Gamblesby
Gamblesby
Langwathby Methodist Chapel
Skirwith

Trinity 7 (Proper 11)

5.00pm Evensong Canon Bryan Gray
10.00am Little Acorns Claire Slee
2.00pm Holy Communion C Blackshaw
11.00am Methodist Service Revd Keith Speck
6.00pm Songs of Praise Revd Lindsay Harrod

Sunday 30th July

Edenhall

Trinity 8 (Proper 12)

10.00am Holy Communion for all EEMC