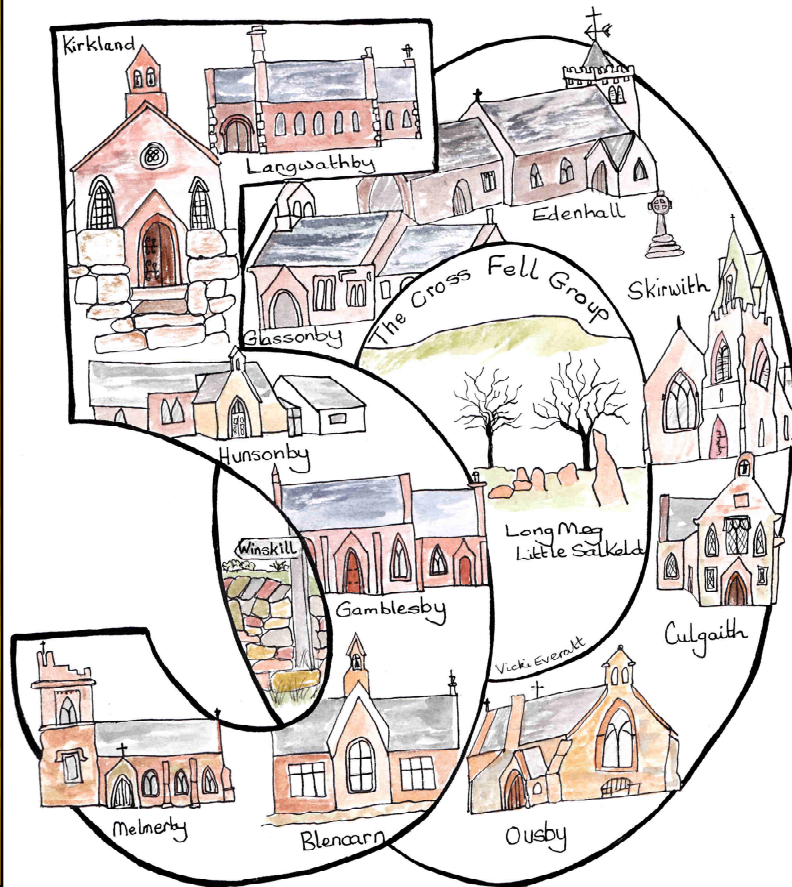


April 1973  
to  
April 2023

# MEMO

## Mid-Eden Magazine

with news  
from the  
Parishes of  
The Cross Fell  
Group



Sponsored by \_\_\_\_\_

Langwathby Stores & Post Office.  
The VIC, Culgaith.  
Tithe Cottage Furnishings.  
Parish Councils: Culgaith, Langwathby  
PCC of Langwathby  
Langwathby Methodist Chapel

Dear Parishioners

Easter is the climax of the Christian year and cannot be underrated, it is the most detailed account of anything in the Bible. Lent, with its forty days of anticipation, focuses us on Easter the time of remembrance of the death and resurrection of Jesus Christ who gives all who trust in him forgiveness and eternal life. We have got used to the idea of Advent calendars with their daily open-door path to Christmas. Lent is, if you like, an invisible Easter calendar of forty days leading to the cross and resurrection. (It's worth noting that one is often marked with the daily presence of chocolate and the other – at least for some Christians – marked by chocolates' absence).

The week before Easter Sunday, known as Holy Week, starts with Palm Sunday where we commemorate Jesus riding into Jerusalem on a donkey. Kirkoswald actually has a donkey which accompanies us as we walk from the chapel to the church singing hymns and carrying palm crosses. From Monday to Saturday there are a variety of evening services within the Mission Community and we are delighted to be joined by Bishop Graham Dow, the former Bishop of Carlisle:

Monday 3rd April 7pm Taize Service @ Lazonby Church led by John Doidge-Harrison

Tuesday 4th April 7pm Celtic Evening Prayer @ Renwick Church led by Julie Barrett

Wednesday 5th April 7pm Evening Prayer @ Langwathby Chapel  
Bishop Graham Dow

Thursday 6th April 7pm Maundy Thursday HC @ Culgaith Church  
Bishop Graham Dow

Friday 7th April 12-3pm Good Friday The Passion @ Addingham Bishop  
Graham Dow

2pm Good Friday Devotional Hour @ Kirkoswald

Michael Watts

Saturday 8th April 8pm Easter Vigil Skirwith Church Revd F Jenkins &  
Revd A Burrell

Sunday 9th April Easter Day – please see the services on the back  
page.

I would like to invite you to join us in experiencing one or more of these services during this week. Holy Week is a time of thoughtful contemplation and reflection which can bring hope, peace and joy into our busy, stressful lives.

Hope you have a peaceful and joyful Easter

**Revd Katharine Butterfield**

**Joint leader of the East of Eden Mission Community**

## DATES FOR YOUR DIARY

### **MARCH 2023**

30th The VIC Café, Culgaith Men in the Kitchen 2.00pm

### **APRIL 2023**

2nd Memo 50th Anniversary Exhibition, Melmerby (p6) 10.30am-12.30pm  
 3rd Coffee Morning, Melmerby VH (p14) 10.00am-noon  
 4th Book Club, Melmerby VH (p14) 8.00pm-10.00pm  
 5th Langwathby & Edenhall WI, Langwathby VH (p7) 7.30pm  
 6th Memo 50th Anniversary Exhib, Langwathby (p6) 10.15am-12.30pm  
 6th Meeting Point, Langwathby VH (p8) 10.15am  
 6th The VIC Café Easter Special (p10) 2.00pm-4.00pm  
 12th Coffee Morning, Kirkland & Blencarn VH (p15) 10.30am  
 12th Whist Drive, Kirkland & Blencarn VH (p15)  
 13th The VIC Café Grand National Sweepstake (p10) 2.00pm-4.00pm  
 14th Quiz night, Kirkland & Blencarn VH (p15) 7.30pm  
 14th Soup lunch at Skirwith VH (p15) 12 noon-1.30pm  
 15th Bring & Take swap at Culgaith V.H. (p10)  
 15th Waters Edge Concert, Melmerby VH (p13) 6.45pm  
 16th Film night & supper, Skirwith VH (p15) 5.00pm  
 16th Memo 50th Anniversary Exhibition, Ousby (p6) 11.00am-1.00pm  
 18th Melmerby & District Gardening Club meeting (P10) 7.30pm  
 19th Langwathby Women's Fellowship, Langwathby Chapel (p7) 2.00pm  
 20th Memo 50th Anniversary Exhibition, Culgaith (p6 ) 2.00pm-4.00pm  
 20th The VIC Café hosting The Memo Exhibition (p10) 2.00pm-4.00pm  
 22nd Coffee Morning, Kirkland & Blencarn VH (p15) 10.30am  
 22nd & 23rd Gamblesby Art Group Exhibition (p12) 11am-4.00pm  
 23rd Big Breakfast, Langwathby VH (p8) 10am-4.00pm  
 23rd Memo 50th Anniversary Exhibition, Skirwith (p6) 10.30am-12.30pm  
 27th The VIC Café, Culgaith (p10) 2.00pm-4.00pm  
 28th Film night & supper, Gamblesby VH (p9) 7.00pm  
 29th Dementia UK 'Time for a Cuppa' Langwathby VH (p9) 10.00am-noon  
 29th Whist Drive, Kirkland & Blencarn VH (p15)

### **MAY 2023**

4th Meeting Point, Langwathby Chapel (p8) 10.15am  
 7th Langwathby & Edenhall WI Over 70s Coronation Tea (p7) 2.30pm  
 8th Picnic on the Green, Langwathby (p8) 11.30am-3.00pm  
 20th Langwathby May Day celebrations 1.00pm-4pm

### **CLERGY CONTACT NUMBERS**

*The following EEMC ministers can be contacted by email or telephone:*

**Canon Katharine Butterfield** Tel 01768 898176  
 Email [kmbutterfield@btinternet.com](mailto:kmbutterfield@btinternet.com)

**Rev Keith Speck** Tel 01768 898257.  
 Email: [keithspck1@gmail.com](mailto:keithspck1@gmail.com)

**Rev Dave Milner** Tel 01768 863209  
 Email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)

**About The MEMO** A team of over 40 volunteers collate, type, proof & distribute your MEMO each month to produce a community based publication. We are grateful to the support given by businesses & sponsors. You can contact us as follows:

**For editorial, general or non-business enquiries contact:**

Chris 01768 881015; e: chris.midedenmemo@gmail.com

**For business advert enquiries contact our business coordinator:**

Jeff 01768 881163; e: jeff.midedenmemo@gmail.com

**For payment related enquiries contact our treasurer:**

Sheila 01768 881348; e: treasurer.midedenmemo@gmail.com

**All copy for the MAY issue by  
NOON FRIDAY 14TH APRIL 2023**

Items ready to be typed can be sent directly to -  
**midedenmemo@gmail.com**

Payment should accompany the advert request .

**Cheques payable to 'The MEMO';** Payment can also be made by **BACS/electronically using the following details:**

**A/c Name:** The MEMO **A/c Number:** 30875570 **Sort Code:** 20-66-97  
*The Committee maintain the right to edit and/or withhold material as deemed necessary.*

**MEMO distributors will be able to collect from Langwathby Church on Wednesday 26th April 2023**

**MEMO CHARGES FROM 1ST JANUARY 2023**

**Non-Business Adverts (Individual/Groups/Clubs/Education):**

£7 per third of page entry or £70 subscription (eleven thirds for the year). Sponsorship (name on front cover) £65 minimum - this donation does not include advertising within the Memo.

**Business Adverts:**

Standard Business Directory Advert £8 per issue or £80 subscription (11 issues) Max. 40 words excluding title & contact details plain text.  
Premium Business Directory Advert £12 per issue or £120 subscription (11 issues) Max 1/6 of a page with border, image and formatting.

**Cover Artist**

We'd like to thank **Vicki Everatt** for kindly producing this special 50th anniversary cover for us. You can see the original artwork on display at the MEMO exhibition—see page 6 for details.





## Happy Birthday, Mid-Eden Magazine: “MEMO”

It is with great pleasure - and some relief! - that we can celebrate the 50th birthday of our Mid-Eden Magazine.

Yes - that's over 550 editions of our Parish Magazine that have been dropped through the letterboxes of households in Addingham, Culgaith, Edenhall, Gamblesby, Kirkland, Langwathby and Skirwith. Actually, it's more than 550 editions because in the beginning - April 1973 - there were 12 issues a year rather than 11.

But the magazine's origins go earlier still, with its roots in Culgaith where a monthly village newsletter had been produced by the local church with two aims: “as a means of obeying Christ's words to go out into the world and preach the Gospel”; and “to foster a true feeling of community and fellowship by giving items of local interest and a diary of events for the future weeks.”

We cannot truthfully say there have been 550 editions of “MEMO”, however, for the magazine had no name until September 1976. Until then, the cover design simply included the names of local villages. Then, a competition was launched to name it with the condition that it must be “short and with geographical connections”. This drew 32 suggestions, one of which came from Jeremy Godwin of Penrith: “MEMO”, short for “MID EDEN MAGAZINE”. Yes - that's the same Jeremy Godwin who has faithfully contributed to MEMO since January 1976 with Notes from the Archives. (Before then there were articles “From Other Days” penned by William Dodd of Ousby.)

At that early stage, MEMO was typed onto stencils which were attached to a rotating, inked drum. There was no clipart, of course, and the only illustration was on the cover. Printing was done by Mr JC Monkhouse.

The first edition had a contribution “From the Vicarage” by David R King, and various church notices; there was the forthcoming visit from the Library van; a Culgaith WI outing to Harrogate Spring Flower Show (details from Mrs Collin or Miss Ball); a Langwathby/Edenhall WI visit to Edinburgh arranged by Mrs Beattie and a demonstration on Puff Pastry at Bells of Lazonby. Contributions for the second edition were to be given to the Vicar or Miss Burkett.

MEMO has evolved in its technology, content and style as well as now being delivered to 13 villages rather than just the original seven. But has it remained true to its original mission statement? This is how Alan Stephenson described its *raison d'être* in that very first magazine that led to MEMO and all its volunteers serving our community for 50 years without a break:

“Whatever our work or other interests, we belong to this bit of countryside, share in the life of a small community and contribute to it in some way. Community feeling, a sense of belonging, is essential to the total well-being of men and women...Let us use this magazine as a vehicle for our shared hopes and dreams. Contribute to it and find in it a link which draws us, with all our diversity, into a Comm-UNITY.”

**Culgaith Parish Council**  
**Monday 6<sup>th</sup> March 2023 at 7.30pm**  
**at Blencarn Village Hall**

**Present – 8 Councillors + 1 Parishioner**

**The following key issues were discussed: -**

- **A Parishioner** expressed a personal view regarding the composting enterprise taking place at Blencarn Hall Farm, as reported in the Nov. meeting correspondence.
- **Foot Path Signs** - Kirkland/Broats, Bramblelands/Barn Croft, Culgaith Chapel to Back Road, Kirkland/Cross Fell. Two replaced, remainder work awaited.
- **Drainage Issue by the Beck Mill entrance.** Still with Highways
- **The Pea to A6412 Junction** – Drainage issue. Still with Highways
- **Potholes - Bank Hall Farm Adopted Access Road.** Still with Highways
- **Skirwith Footway Lights** – By Pear Tree house. In hand with EDC/ENW
- **Electricity NW – Tree Maintenance in Church Street Skirwith.** With ENW
- **New Signage on Entrances to Culgaith.** With Highways
- **Skirwith Bus Shelter** – Confirmed permission granted - Mural to be painted on exterior walls.
- **Buses and Coaches – Using the Station Rd - The Pea route –** Discussed.
- **Coronation Bench – Culgaith.** In conjunction with Culgaith Vic Café.
- **Local Parish Elections May 2023**
- **Playground Inspection Reports Received – Skirwith and Culgaith**
- **Cumbria in Bloom Competition** - Reported
- **Rural Cost of Living Survey** - Reported
- **'A Community Hub' – Linked to a major electricity failure.** - Reported
- **Westmorland and Furness Council – Briefing Event** - Reported
- **By Skelling Entrance** - Pothole reported.
- **Planning**
  - 22/0927 – Skirwith Hall Cottage, Skirwith Penrith - Siting of a shepherd's hut and erection of associated shower hut. Supported
  - 22/0988 – Ranbeck, Kirkland. Penrith - Addition of sun room Supported
  - 22/0902 – Skelling Farm, Kirkland Road. Skirwith. Penrith  
Erection of a side extension Supported

**Date and Venue of Next Meeting –**  
**Culgaith, Victoria Institute, 15<sup>th</sup> May 2023**  
**(Annual Parish Meeting/AGM/May meeting)**

**Full minutes are available on [www.culgaith.org.uk](http://www.culgaith.org.uk)**  
**John Fleming – Parish Clerk. [culgaithpc@yahoo.co.uk](mailto:culgaithpc@yahoo.co.uk)**

## Hunsonby Parish Council

Main points discussed at November & January meetings -

- 2 quotes received to trim & remove trees behind the swimming pool & community centre - Tall Trees were selected & the work will be done together with North West Electric.
- All Annual donations were reviewed.
- Following the resignation of John Holiday as Chairman, Ian Veitch was elected & Linda Hebson as vice chairman.
- The parish precept was maintained at £5400 for 2023/24.
- 22/0903 – Chestnut House, Little Salkeld, Penrith - Erection of an outbuilding - application supported by all councillors.
- Wicksteed have been instructed to inspect both playgrounds at Winskill & Little Salkeld.

## Langwathby Parish Council

**Thursday 16<sup>th</sup> March 2023 at 7.30 pm in Langwathby Village Hall**

**Present – 6 Councillors and WAFC Cllr Michael Hanley**

The following key issues were discussed: -

- **Planning:** -
  - 23/0062 – Home Farm, Edenhall, Penrith - Erection of roof over existing silage pit. Supported
  - 23/0051 – Land at Eden View, Langwathby, Penrith - Variation of condition 2 (plans compliance) for design amendments for plots 4 and 5 for introduction of room over the garage and sunroom, attached to approval 20/0087. Supported
  - 23/0103 – Moor Cottage, Langwathby, Penrith - Reinstatement of former dwelling including associated operations. Objected.
- **Edenhall Drainage Issues** – To continue to monitor.
- **Low Mill** – Langwathby. New road signs still awaited.
- **Ladies Walk** – Broken, wooden, footpath sign. – Still awaiting replacement.
- **Langwathby Back/Coxen Lane Light.** – Malfunction is wayleave issue.
- **Langwathby Village Hall Renovation Project** - Ongoing detail discussed
- **Self-Seeded Ash Trees – Gas House Lane, Edenhall.** –Safety Pruning still with Highways.
- **Japanese Knotweed** – Edenhall- position clarified.
- **Langwathby Village Green** – Beech bush to be replaced with a Walnut tree.
- **Playground Inspection Reports** – Tabled.
- **Langwathby Playground** – Refurbishment project was now underway again with 'PLAY' Funding now available to erect a perimeter safety fence..
- **May Parish Council Elections.**

### Date of Next Meeting

18<sup>th</sup> May, Parish Annual Meeting and AGM.

**John Fleming – Parish Clerk.**

A full set of minutes are available on [www.langwathby.org](http://www.langwathby.org)

## MEMO 50th Anniversary Exhibitions

This month marks 50 years since volunteers first published and distributed the Mid-Eden Magazine.

To celebrate this milestone, there will be opportunities for everyone to browse through past copies, dating back to the very first edition in April 1973 and an opportunity to see the original artwork for this month's special 50th anniversary cover by Vicki Everatt.

Everyone is invited to come along to any of these events, when all back-copies will be available.



Sun 2 April	St John's Church, Melmerby	10.30am-12.30pm
Thurs 6 April	Langwathby Methodist Chapel (Refreshments till 11.45)	10.15am-12.30pm
Sun 16 April	St Luke's Church, Ousby	11.00-1.00pm
Thurs 20 April	The Victoria Institute, Culgaith (Drinks & cakes available)	2.00pm-4.00pm
Sun 23 April	St John's Church, Skirwith	10.30am-12.30pm

### MEMO COPY DATES FOR 2023

14th April  
11th August

12th May  
15th September

16th June  
13th October

14th July  
10th November

## **THE MEMO COMMITTEE NEEDS YOUR HELP**



We need to expand our committee to spread an increasing load on a small number of committee members & are looking for help in the following areas:

- Treasurer
- Community Advert Coordinator

If you, or someone you know, think you may be able to volunteer help then get in touch (or encourage them to) and we'll happily provide more info. We'll feature more details on the roles next month. Contact Chris 01768 881015 or email: [chris.midedenmemo@gmail.com](mailto:chris.midedenmemo@gmail.com)



## LANGWATHBY FELLOWSHIP

Monthly meeting on 3<sup>rd</sup> Wednesday  
(unless otherwise stated)

**2pm at the Methodist Chapel**

*All are welcome – men & women – programme of meetings -  
an opportunity to meet people, enjoy a chat & refreshments.*

**APRIL 19th : An afternoon with Gordon**

## Langwathby & Edenhall WI

**We meet on the 1st Wednesday of the month at 7.30pm in  
Langwathby Village Hall**



**April 5th “NIGHT STOP”**

**SHARON JACKSON**

Competition: A Postcard

Hostesses: K. Richardson, C. Sharp

## OVER 70s CORONATION TEA

Langwathby & Edenhall WI

Invite residents of the two villages to join us for  
Afternoon Tea

in Langwathby Village Hall on Sunday, 7<sup>th</sup> May, at 2.30pm.

Admission by ticket

Please ring Kathleen on 881179,

email [jkdh98@gmail.com](mailto:jkdh98@gmail.com)

or contact a WI member for a ticket.





## MEETING POINT

A welcome awaits at Langwathby Methodist Church

Thurs 6<sup>th</sup> April 10.15 onwards: "Meeting Point"



*Enjoy a cup of coffee and good company!*

*Also a chance to view "The MEMO Exhibition"*  
(see page 6)

Open to all

(There will be no "Oasis" meeting in April)

## Langwathby Village Hall

### BIG BREAKFAST

Come and celebrate St. George's Day at Langwathby Village Hall with a patriotic Big Breakfast!



Sunday, 23rd April 10am - 2pm

£10 for a Full English Breakfast or a Veggie Breakfast

£6 for a children's breakfast.

PLUS **\*NEW\*** for this year, visit the Pancake Station for a sweet breakfast for £5

**\*FREE\*** Breakfast for those named George (proof required)

**\*HALF PRICE BREAKFAST\*** for those grandparents bringing grandchildren (who buy a children's breakfast)

All proceeds to the Village Hall renovations - improving and modernising our great community space.

## Picnic on the Green



To celebrate the coronation of Charles III

**Monday 8th May**

**11.30am to 3pm**

Bring your own picnic, blanket and chairs

Wear something red, white, or blue

Bring your family, friends and neighbours

for some community fun and games

Saddlebacks Café will be there

**COMPETITION:** Decorate a throne fit for a King.

Can be any size or shape. £1 to enter.

Age groups; Under 11s, 12-18yrs; Adults.

Bring along to Langwathby Village Hall by 1pm on Monday 8th May.

Follow Langwathby Village Hall on Facebook for more details



**The Eden Valley Friends of Dementia UK invite  
 you to celebrate with them the  
 appointment of the first Specialist Dementia Care  
 Nurse for Penrith and the Eden Valley**

at

**TIME FOR A CUPPA  
 SATURDAY APRIL 29TH  
 10.00am - 12 noon.**

**LANGWATHBY VILLAGE HALL**

**Delicious Refreshments : Various Stalls**

**Raising funds for Dementia UK**



**GAMBLESBY VILLAGE HALL**



**28th April Film Night presentation of:**

**See How They Run**  
 "Comedy mystery at its finest"

**Starring Saoirse Ronan, Sam Rockwell and Adrien Brody**

Film begins at 8pm, food served from 7pm.  
 Film only: £6. Film and 2 course meal: £12.  
 Vegetarian option available (please request when ordering). Pay bar, cash only.  
 Please order food before 26th April.

To book contact Vicki Everatt on 07741 474364 or email  
 gamblesbycommunitycentre@outlook.com



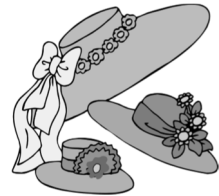
**THE VIC  
CULGAITH'S FRIENDLY  
COMMUNITY CAFÉ  
EVERYONE WELCOME!**



**Every Thursday 2 – 4pm**  
at the Victoria Institute, Culgaith.  
Come along and enjoy a cuppa and our  
delicious homemade cakes.

**Thursday 6th April- Easter Special!**

We're celebrating Easter just a little early so  
search out your Easter bonnet for our very own  
Easter Parade!!



**Thursday 13th April- Grand National Sweepstake Afternoon.**

Your horse could be the winner!!

**Thursday April 20th - The Memo 50<sup>th</sup> Anniversary**

To celebrate this notable occasion Iain Broadway will be bringing  
the Memo Travelling Exhibition to the VIC.

The Memo has changed greatly over the years and looking back  
through past copies will no doubt bring back lots of memories!

\*\*\*\*\*  
 \* **Melmerby and District Gardening Club** \*  
 \* **The Magic of Compost** \*  
 \* *by Steve Mees of Kendal* \*  
 \* *Tuesday 18 April 2023, 7.30 p.m. Melmerby Village Hall* \*  
 \* *Raffle Tea/Coffee* \*  
 \* **M&DGC Annual membership of £10 per person** \*  
 \* Visitors are very welcome to attend for £3.00 \*  
 \* Any queries contact Lorna Egan (Secretary) \*  
 \* [l.m.egan@btinternet.com](mailto:l.m.egan@btinternet.com) or \*  
 \* Jennifer Baker (Treasurer) [tonybakerdevelopments@gmail.com](mailto:tonybakerdevelopments@gmail.com) \*  
 \* or 079234 30932 \*  
 \*\*\*\*\*

## GUARDIANS OF CULGAITH TARN

### BUZZ ELLIOT CONCERT

So sorry for having to have cancelled the Buzz Elliot concert which should have taken place in March. This was due to Buzz's personal reasons and our committee wish him well and hope that one day in the future he may be able to return to us.



### PLANTFEST

The tarn committee will be staging a Plantfest event on its meadow on Saturday, 20<sup>th</sup> May from 10 am to 12 noon to raise much-needed funds as its coffers are very depleted due to not being able to hold fund-raising events during Covid.

If you are a gardener and will be splitting plants (flower or veg), we would be very grateful for some. Similarly, if you are sowing seeds, we would love any spares you may have. We will also be having stalls selling used gardening books and gardening tools (no power tools please) and used ceramic/clay pots (no plastic ones please).



We hope to have an "Ask the expert" session and to attract stalls from garden-related firms in the area. We will also be staging a raffle if anybody has something

they would like to donate.

If you good folk would like to donate, would you mind hanging on to them until nearer the time please and we will give further details on the posters. We can collect if necessary. Thank you.

## For Sale

Box Bushes suitable for small hedges or topiary.

Various sizes ranging from approx 30 - 60cms

Price according to size from £2 to £5

Phone Vicki on 07741 474364



**GAMBLESBY ART GROUP**  
**ANNUAL EXHIBITION AND SALE OF WORK 2023**  
**22 and 23 April 11am to 4pm**

*The members of Gamblesby Art Group are delighted to invite everyone to our popular annual exhibition at Gamblesby Community Centre on Saturday and Sunday the 22nd and 23rd April from 11am to 4pm.*

*There will, as always, be a wide selection of high quality original paintings by our talented local artists available at extremely competitive prices.*

*Home made cakes and refreshments will also be available.*

*We look forward to welcoming old friends and meeting new guests.*



**Culgaith Village Hall Update**

Going forward The Culgaith Village Hall Committee is working hard to increase the amount of activities and general usage of the hall. To do this we really need your help. If you live in Culgaith you should have received a questionnaire through your letterbox (or go to <https://forms.gle/6mP5Pn5hhG5gXvHd7>) asking for your input on how to increase the villagers' use of the building. For ease of completion there are a number of tick box questions, but we would welcome more detailed feedback and any new ideas. The questionnaire will be followed up by a meeting in May to discuss the outcome. The date of this meeting will be displayed on the notice board outside the hall and on Facebook.



One event already organised is a bring and share on 15th April. This is a swap meet, the idea being that people bring things (anything, not just clothes) they no longer want and take any items they like.

If you would like to know about anything mentioned above then email [culgaithhallbookings@gmail.com](mailto:culgaithhallbookings@gmail.com) or telephone Jacqui on

**0777 2205 776**



### Waters Edge Gig on 15th April 2023

Waters Edge in concert at Melmerby Village Hall Saturday 15th April with food from Langwathby station cafe.

The award winning Waters Edge, winners of Cumbria Live best live band 2017, return to Melmerby to play songs from the forthcoming album *New Boat Same Sea* along with old favourites from the last 15 years. Expect soulful ballads, melodic pop rock songs and epic anthems.

The gig will be preceded by delicious food from Janet of Langwathby station cafe payable separately.

Tickets available on the door £5 adults and £2.50 under 16 or ring Bill Burford 07975 955956. Order food directly in advance from Janet on 07767 602687. Doors open 6.45pm.

### **Stories about The Helm Wind**

Looking for stories / folktales / experiences relating to the Helm Wind for research for a short documentary exploring this subject.

The documentary seeks to explore our relations with the Helm Wind (both present and historical), essentially conducting an ethnography of the wind through the human bodies that engage with, and encounter, it.

Contact:  
***rosa.prosser83@gmail.com*** if you have any stories or would be interested in being interviewed for the documentary!



### **Thank you to all concerned**

What a fantastic time everyone had at Preloved to Reloved.

Over 300 bags of clothings sold and a great amount of monies raised towards Friends of Langwathby School, Hunsonby Swimming Pool and the Great North Air Ambulance.

The coffee and cake were delicious.

Thank you once again to everyone who made this happen, the donations, the huge task of sorting, the baking and cake supply, the on the day helpers and cafe supervisors. All those involved are truly amazing. Until next year.....

*Thank you* ♥

## Melmerby Village Hall

We are quite busy through the week but still have plenty of space for you to join us at one of our regular events or for us to host one of your events on a regular or one off basis.

### **Monday**

- 3rd of the month Open Coffee Morning 10.00 – 12.00pm
- Weekly Fit4All Exercise Class 2.15 – 3.15pm
- Weekly Alston Moor & Eden Dance Class From 4.00pm



### **Tuesday**

- Weekly Fellside Active Exercise Class 9.00 – 10.00am
- 1st of the month Book Club 8.00 – 10.00pm
- 3rd of the month Melmerby & District Gardening Club 7.00 – 9.00pm

### **Wednesday**

- 2nd of the month W.I. 2.00–4.00 or 7.30-9.30pm
- Alternate Months Parish Council Meeting 7.30pm
- Occasional (see Memo ad) Gong Bath Therapy 7.00 – 8.00pm

### **Thursday**

- Weekly Yoga 6.30 – 8.00pm

If you would like to join in any of these activities or make a booking, please contact our Bookings Secretary, Michelle Davis on 01768 881464, email [melmerbyvillagehallcumbria@gmail.com](mailto:melmerbyvillagehallcumbria@gmail.com). For general enquiries please contact our Chairperson, Jane Bardsley on 01768 881557 or [janebardsley12@btinternet.com](mailto:janebardsley12@btinternet.com)

## Melmerby Village Hall Lottery Results



### January 2023

- 1<sup>st</sup> £20 Batey family
- 2<sup>nd</sup> £10 L Walls
- 3<sup>rd</sup> £5 Armstrong family
- 4<sup>th</sup> £5 B Gallon
- 5<sup>th</sup> £5 C Jones

### February 2023

- 1<sup>st</sup> £20 A Devine
- 2<sup>nd</sup> £10 H Ivinson
- 3<sup>rd</sup> £5 McAneney family
- 4<sup>th</sup> £5 C Tuft
- 5<sup>th</sup> £5 B Walls

### March 2023

- 1<sup>st</sup> £20 James family
- 2<sup>nd</sup> £10 A Smith
- 3<sup>rd</sup> £5 A Burford
- 4<sup>th</sup> £5 S Hinkley
- 5<sup>th</sup> £5 Jones family

## **EVENTS IN SKIRWITH VILLAGE HALL**

Tuesday 14 April 1200-1330 Soup Lunch... and of course, bread and cake, all home-made. Good food and good crack. Come and join us.

Sunday 16 April Film evening 5pm. Final film of the season until next autumn: **THE ELECTRICAL LIFE OF LOUIS WAIN.**

Tickets £5 phone Helen 01768 879024 or  
Email: [team@skirwithvillagehall.co.uk](mailto:team@skirwithvillagehall.co.uk)



Pre-bookable post film supper £8.50 chilli and baked potatoes, veggie option available (please book supper by 10 April)

### **Kirkland & Blencarn 50/50 Club**

# 50/50

#### **March Winners**

1st Vi Trevaskis	2nd Gordon Braithwaite
3rd Gudrun Ravetz	4th Norma Wood
5th Jayne Salt	

The first draw of the new season will take place on the first weekend in April. If you are an existing member, we thank you for your valuable support and hope that you will rejoin. New members wishing to support the Village Hall are welcome to join the club. Half the money raised helps finance the upkeep of the Village Hall and the remainder is used to fund twelve monthly prize draws. The cost of a subscription is £12 per year. For more details contact Andrew Clay, The Croft, Blencarn, CA10 1TX (0176888693 / 07931732825).

**April 12th Coffee Morning 10.30am** raising money for Guide Dogs - includes games, prizes, raffle and homemade dog biscuits for sale!!

**April 12th and 29th - Whist Drives** - £3 entry includes prizes and a cuppa

**April 14th - Quiz Night! 7.30pm** Bring and Share Supper. £2.50 per person. Bring a team of four or come along and join a team

**April 22nd Coffee Morning 10.30am**



## There are no strangers at Lazonby Bowling Club, only friends you have not yet met.

(Borrowed from J B Keats - almost)

### Playing bowls offers you all of the following:

- ⇒ Opportunities to meet new friends in the community and expand your social group.
- ⇒ A new challenge in your life
- ⇒ A different way to enjoy time spent outside
- ⇒ A team activity with potential health benefits
- ⇒ Improved fitness from gentle exercise
- ⇒ Improved co-ordination and skill development
- ⇒ Improved confidence and self esteem



We are repeating our offer for to you to join us at our Jumbles sessions held every Wednesday evening at 6.45 and every Friday afternoon at 1.45 throughout the season. **Sessions start on Wednesday April 19<sup>th</sup>.**

## **WHY NOT IMPROVE YOUR HEALTH AND WELLBEING BY GIVING BOWLS A TRY?**

**Participation in any group sport is largely acknowledged to make a positive impact on our happiness, on our mental and physical health and on our overall wellbeing.**

Playing bowls is widely recommended by GP's and by the British Heart Foundation. Medical benefits are said to include: -

- ⇒ Improved flexibility
- ⇒ Improved co-ordination and skill development
- ⇒ Improved muscle strength
- ⇒ Mental stimulation
- ⇒ Stimulation of Cardio benefits which promote a healthy heart
- ⇒ Gentle physical activity is known to be good for stress relief

## **BOWLS IS A SOCIAL SPORT SUITABLE FOR ALL AGES AND LEVELS OF FITNESS**

What other sport enables play between grandparent & grandchild?

- \* It offers a gentle way to get active.
- \* It's a contact free sport making it perfect for any age, sex, or ability.
- \* It can be played for recreation, relaxation, competition or just socially. It brings people together in all its formats.
- \* It can be a great family game, perfect for play across and between all generations.

**If you are interested in exploring the possibilities you are welcome to join us at Lazonby Bowling Club either as a full subscribing member\* or, for first time trialists in 2023, just at our regular Jumbles sessions.**

For these we charge £2 per session and on average we play for about 75 minutes. Afterwards, for just 50p, join us for tea and biscuits and enjoy the crack meeting new or old friends. We can lend you a set of bowls BUT TO PROTECT THE PLAYING SURFACE YOU MUST BRING AND CHANGE INTO PREDOMINANTLY FLAT BOTTOMED SHOES.

\*You may apply to join us as a full subscribing member for an annual fee of £45 which gets access to all Club activities with opportunities to enter our own Club competitions, to play in Eden Valley League matches and in inter-club friendly matches. Also, as a full and registered member of our club, you will be eligible to personally enter numerous open competitions run by other clubs plus Cumbria County knock-outs.

**Don't miss this opportunity to try social or competitive bowls at Lazonby Bowling Club and meet new friends.**

(Although all ages are welcome under 14's must be accompanied by an adult and 14-17 year-olds must first provide parental permission on the correct form which must be obtained, completed and signed at the Club.)

**May Day practise dates**



Penrith May Day is on 1st May and practise days are on:

April 19th, 20th, 25th, 26th and 27th.

Langwathby May Day is on 20th May and practises are on:

April 9th, 10th, 11th, 15th, 17th and 19th.

All at 4.30pm - 5.30pm. Could parents stay to assist at practises.

We desperately need volunteers to help on the day and to join the committee otherwise we'll lose our Mayday.

**SAVE THE DATE**

A note for your calendar

**Langwathby May Day celebrations will be on**

**Saturday, May 20th 2023**

1pm to 4pm

Further details to follow in May's Memo



**PUBS, SHOPS & RESTAURANTS**

**THE SHEPHERDS INN, MELMERBY**

**Opening times January - April**

Mon & Tues—CLOSED

Wed—Takeaway Only 5pm-7pm    Thurs 6pm-10pm    Fri & Sat 5.30pm -11pm; Sun Noon-9pm

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**Facebook: The Shepherds Inn    Website: shepherdsinn.pub**



## PUBS, SHOPS & RESTAURANTS (continued)



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## COMMUNITY ACTIVITIES

### VILLAGE HALLS

**Langwathby Village Hall bookings** - please contact Brenda Shannon on 07871 994988 (please leave a message, and we'll get back to you) or by email [bookings.vhlangwathby@gmail.com](mailto:bookings.vhlangwathby@gmail.com).

### LOCAL PLAYGROUPS

A friendly, welcoming playgroup, open to everyone from local and surrounding areas during term time, offers a variety of toys, craft sessions, outings, snacks and story/song time suitable for 0-4 years.

**Langwathby** - Wednesdays 9.30 -11.30am - Langwathby Village Hall.  
Contact Lili Kersey 07876 086871

**Culgaith - 'Come and Play' at Culgaith School, 2pm-3pm**

Thurs 9th Feb, Fri 17th Feb, Mon 6th March, Fri 24th March, Mon 17th April, Fri 5th May, Mon 15th May. **All welcome!**

Contact Kerrisa 07725 046181 or [admin@culgaith.cumbria.sch.uk](mailto:admin@culgaith.cumbria.sch.uk)

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## BUSINESS AND LOCAL SERVICES (continued)

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**CHURCH SERVICES IN OUR CHURCHES AND CHAPELS FOR APRIL**

**From The Herald: April 1923**

Cold easterlies all month (Helm for a week, too).

Good attendance at the Easter's Evening Concert in Ousby.

Mrs Anne Egglestone, from Blencarn, capable and hard working, married a railwayman in Great Strickland and helped him farm there and also in Gamblesby and Scales. At Scales he was Kirkoswald's Tuesday carrier to Penrith. Retired 1921 and went to live with son William, in Cliburn. Died there on Good Friday at age of 72 years. They had five sons and two daughters.

At 9pm Wednesday 11th, Robert Davidson, a farmer, Blencarn, was cycling along the Skirwith road when he collided with another cyclist! Alas, it was Constable Wills (Melmerby's bobby) and Robert's bike had no lights! Fined £1 plus costs (now £80 plus costs).

Edenhall Post Office had a public telephone fitted on the 14th. Calls cost 3d (now £1.80).

The subject for Edenhall and Langwathby W.I. was Garden Pests and Diseases and the talk was given by a Mr. A Britten from Beck Mill.

The Gamblesby Parish Council decided that 'Beggars Trod' is an ancient footpath from Unthank to Busk but there was a discussion regarding who owned the footbridge and also who removed the stepping-stones. (the path continues on along the edge of Renwick to Kirkoswald and on towards Croglin).

Married at Penrith Registry Office on the 14th, C.R., second son of Mr. and Mrs. Hodgson, Bank Hall, to Elsie, eldest daughter of Mr. and Mrs. Clark, Eamont Bridge.

Died at Hunsonby, 12th, Sarah Alice, 60 years, wife of John Horn. Burial at Addingham, 2pm on Saturday 14th.

Died at Hog House Hill, Newbiggin (Dacre), 17th, Ann, 52 years, wife of Joseph Preston and daughter of the late Charlotte Hetherington of Spire House. Buried at Addingham.

British Summer Time is from 22nd April to 16th September, 1923.

*With thanks to Jeremy Godwin for his research*

**St Michael's Church, Addingham Electoral Roll**

The Electoral Roll will be revised in preparation for the Annual Meetings on 10th May (7pm in Hunsonby Community Centre). If you are already on the roll you do not need to do anything. If you would like to join the roll, please contact Lydia Gray by Thursday 20th April (The Chapel, Hunsonby, 01768 889078).

<b>Sunday 2<sup>nd</sup> April</b>	<b>Palm Sunday</b>		
Culgaith	11.00am	Palm Sunday	Revd Lindsay Harrod & Revd Fiona Jenkins
Langwathby St Peter's	11.00am	Holy Communion	Revd Andrew Burrell
Langwathby Methodist Chapel	5.00pm	Taize	Joan Wager
Melmerby	9.30am	Morning Worship	Revd Andrew Burrell
<b>Sunday 9<sup>th</sup> April</b>	<b>Easter Day</b>		
Addingham	9.30am	Holy Communion	Revd Fiona Jenkins
Culgaith	11.00am	Holy Communion	Revd Andrew Burrell
Edenhall	11.15am	Holy Communion	by Ext Julie Barrett
Gamblesby	2.00pm	Holy Communion	Revd Dave Milnerl
Kirkland	9.30am	Holy Communion	Revd Andrew Burrell
Langwathby Methodist Chapel	11.00am	Holy Communion	Revd Nicola Price-Tebbutt
<b>Sunday 16<sup>th</sup> April</b>	<b>Easter 2</b>		
Langwathby St Peter's	11.00am	Morning Worship	Canon Bryan Gray
Ousby	10.00am	Morning Worship	Julie Barrett
<b>Sunday 23<sup>rd</sup> April</b>	<b>Easter 3</b>		
Addingham St Michael's	5.00pm	Evensong	Canon Katharine Butterfield
Edenhall	5.00pm	Evensong	Revd Lindsay Harrod
Gamblesby	10.00am	Little Acorns	Claire Slee
Gamblesby	2.00pm	Afternoon Worship	Jan Blackshaw
Langwathby Methodist Chapel	11.00am	Morning Worship	Revd Dave Milner
Skirwith	9.30am	Holy Communion	by Ext Julie Barrett
<b>Sunday 30<sup>th</sup> April</b>	<b>Easter Offering</b>		
Culgaith All Saints'	1.00pm	Baptism	Canon Katharine Butterfield
<b>Kirkoswald Chapel</b>	<b>11.00am</b>	<b>EEMC – Easter Offering</b>	