

October  
2022

# MEMO

*Mid-Eden  
Magazine*

with news  
from the  
Parishes of  
The Cross Fell  
Group



HER MAJESTY  
QUEEN ELIZABETH II

*Sponsored by* \_\_\_\_\_

Langwathby Stores & Post Office.  
The VIC, Culgaith.  
Tithe Cottage Furnishings.  
Parish Councils: Culgaith, Langwathby  
PCC of Langwathby  
Langwathby Methodist Chapel

**Dear Friends,**

Many words have been written and spoken since the death of Queen Elizabeth II. Many stories have been told recounting people's memories of her. I first heard the following story a number of years ago, and I have no way of ascertaining its veracity. Is it true or apocryphal?

Every Sunday evening at St George's chapel in Windsor there is a service of Evensong which the Queen would attend when in residence there. Once, the young Methodist minister in Windsor was asked (in a spirit of ecumenism) to step in and cover the service, which he did with great nervousness. He had been warned that after the service, the Queen would invite him back to the Royal Apartments for afternoon tea. And so, after the service, she duly led him along some corridors in Windsor Castle to a drawing room, where tea had been set out.

He was expecting some servants or a butler to come and help, but the Queen explained that it was Sunday evening and all the staff had time off. Graciously she invited him to help himself to sandwiches and cake, while she poured the tea from the pot.

They sat down and began to chat, but it was awkward for him to balance the plate of food on his knee. Disaster and embarrassment! The plate slid off and smashed on the floor, much to the delight of the corgis round his ankles. What happened next, though, truly amazed him. As there were no staff on duty to help, the Queen herself got up, went into a kitchen area, opened a cupboard door, and pulled out a dustpan and brush.

She then knelt down and swept up the mess that had been made! What must it have felt like to have the Queen kneeling at your feet?

Is it a true story? I don't know... But the truth to learn is one of humility. Just as Jesus knelt and washed his disciples' feet, so we must humbly follow, and be willing to serve others. "I have set an example for you," says Jesus, "that you will do just what I have done for you." [John 13.15] Are we willing to follow Jesus' (and the Queen's) example of humble service?

Many blessings,

**Dave Milner (Co-leader of the East of Eden Mission Community)**

## DATES FOR YOUR DIARY

### SEPTEMBER

29th The VIC Community Café, Culgaith (p3) 2.00-4.00pm

### OCTOBER

2nd The Big Breakfast - Langwathby Village Hall (p11) 10.00 - 2.00pm  
 5th W.I. Meeting, Langwathby Village Hall (p3) 7.30pm  
 6th East of Eden Mission Xmas Choir, Lazonby (p7) 7.30 - 9.30pm  
 6th Meeting Point, Langwathby Methodist Church (p12) from 10.15am  
 9th Harvest Festival, Langwathby Methodist Church (p12) 11.00 am  
 9th Toy Sale, Langwathby Village Hall (p10) 2.00-4.00pm  
 11th Soup & Cake Lunch, Skirwith Village Hall (p11) 12.00 - 1.30pm  
 14th Langwathby Village Hall renovation consultation (p5) 3.00 - 8.00pm  
 15th Gin tasting night Langwathby Village Hall (p11) from 7.30pm  
 15th Ayrton Family Singers, Gamblesby Methodist Chapel (p7) 7.30pm  
 17-20 Langwathby School collection for GNAAS (p5)  
 18th Melmerby & District Gardening Club event (p7) from 7.30pm  
 20th Oasis, service Langwathby Methodist Church (p12) from 10.30am  
 27th 'A Taste of Europe' at The Vic, Culgaith (p3) 2.00 - 4.00pm  
 28th Oysland Klezmer Band, Skirwith Village Hall (p11) 7.30 pm  
 28th A talk from the BEEP Doctors, Blencarn Village Hall (p14) 7.30 pm  
 29th Coffee afternoon, Ousby Community Centre (p5) 2.00-4.00pm

### NOVEMBER

3rd Meeting Point, Langwathby Chapel from 10.15am  
 11th Christmas shopping night, Langwathby Village Hall (p6) 7.00 - 9.30pm

### MEMO COPY DATES FOR 2022 - 14th October, 11th November

### CLERGY CONTACT NUMBERS

*The following EEMC ministers can be contacted by email or telephone:*

**Canon Katharine Butterfield** Tel 01768 898176

Email [kmbutterfield@btinternet.com](mailto:kmbutterfield@btinternet.com)

**Rev Keith Speck** Tel 01768 898257.

Email: [keithspck1@gmail.com](mailto:keithspck1@gmail.com)

**Rev Dave Milner** Tel 01768 863209

Email: [dave@revmilner.plus.com](mailto:dave@revmilner.plus.com)



The MEMO now has a website!

**[www.midedenmemo.org.uk](http://www.midedenmemo.org.uk)**

*You can download the electronic copy of the MEMO from there.*

**About The MEMO** A team of over 40 volunteers collate, type, proof & distribute your MEMO each month to produce a community based publication. We are grateful to the support given by businesses & sponsors. You can contact us as follows:

**For editorial, general or non-business enquiries contact:**

Chris 01768 881015; e: chris.midedenmemo@gmail.com

**For business advert enquiries contact our business coordinator:**

Jeff 01768 881163; e: jeff.midedenmemo@gmail.com

**For payment related enquiries contact our treasurer:**

Sheila 01768 881348; e: treasurer.midedenmemo@gmail.com

**All copy for the October issue by  
NOON FRIDAY 14th October 2022**

Items ready to be typed can be sent directly to -

**midedenmemo@gmail.com**

Payment should accompany the advert request .

**Cheques payable to 'The MEMO'**; Payment can also be made by BACS/electronically please contact Jeff or Chris as above for details or confirmation of charges for your advert.

*The Committee maintain the right to edit and/or withhold material as deemed necessary.*

**MEMO distributors will be able to collect from Langwathby Church on Wednesday 26th October**

**MEMO CHARGES FROM 1ST JANUARY 2022**

**Non-Business Adverts (Individual/Groups/Clubs/Education):**

£5 per third of page entry or £50 subscription (eleven thirds for the year). Sponsorship (name on front cover) £65 minimum - this donation does not include advertising within the Memo.

**Business Adverts:**

Standard Business Directory Advert £7 per issue or £70 subscription (11 issues) Max. 40 words excluding title & contact details plain text.

Premium Business Directory Advert £10 per issue or £100 subscription (11 issues) Max 1/6 of a page with border, image and formatting.



The Wilson Family would like to thank everybody for the donations they have received for parking cars in our field, during the closure of Langwathby Bridge. £600 has been sent to The Trustees of Langwathby and Edenhall Sports Field.

## **Queen Elizabeth II**

With the passing of our much-respected Monarch,  
**Queen Elizabeth II**, Langwathby Parish Council extends its deepest sympathy and condolences to all her family. Throughout her long reign **Queen Elizabeth** has led by an impeccable example of unstinting public service, demonstrating, throughout, wisdom, compassion and warmth; serving the British people with exceptional dignity. Her Majesty will be sadly missed by her family, our Nation, the Commonwealth and in many other parts of the world. Our thoughts are with the members of the Royal Family during this most difficult time.

**Langwathby Parish Council**

### **THE VIC, CULGAITH'S FRIENDLY COMMUNITY CAFÉ - EVERYONE WELCOME!**

**Every Thursday 2 – 4pm**

at the Victoria Institute, Culgaith. Come along and enjoy a cuppa and our delicious homemade cakes.

**A warm welcome is guaranteed.**



Herzlich Willkommen

Merhba

**Welcome**

**WITAMY**

Benvenuti

***On the 27th of October we look forward to welcoming you to our Continental afternoon! Join us for a taste of Europe.***

Bienvenidas

*Bienvenue*

*Welkam*

Bem-vindo

Velkommen



## **Langwathby & Edenhall WI**

**Wednesday October 5th at 7.30pm  
 in Langwathby Village Hall**

October 5th: Rag Rug Demo & History  
 Pamela Bolton

Competition: A recycled item

Hostesses: P. Jago; M. Barr; J. Percival

**MEMO  
 SHORTS**

{

Apologies from The MEMO team to Addingham Church for missing an advert in the printed edition of September's MEMO

}

### Herald October 1922

Fine, cold, windy. Harvest in by 14th. Colours at best by 20th. Frozen tarns by 27th. GMT returns 8th.

Addingham W.I.'s competition was fruit bottling. One lady's entry was bottled in 1911 but still good. Edenhall and Langwathby W.I.'s talk was Leather Work; met in the Long Room, Edenhall.

The County Council tarred the Hartside road from Penrith - Melmerby, mid October.

Park Head's minister, the Rev. R. Batey led the Harvest Service at Gamblesby Congregational Church, Sunday 1st October.

John, youngest son of Mrs Mounsey, (ex Melmerby Mill) was born at Melmerby, went to Manchester to learn the Millinery trade (ladies' hats etc), went to the City of London c.1905, and is now elected to the Common Council of the City, its inner circle. He has been Councillor for Cripplegate Without (ie outside the wall) for 15 years, he could be Lord Mayor soon.

(Report and photo, Saturday 14th, page 1).

Born, 1872, early October, an heir for Eden Hall. The bells of St. Andrew's, Penrith, rang in celebration. The Musgraves are highly regarded in Penrith and district (the baby became Sir R.G. Musgrave, 12th Baronet, who sold up and died in 1926).

Married, 1922, at Appleby United Methodist Church, 21st October, Frank, son of Mr. & Mrs. Burton, Hunsonby, to Jane, daughter of Mr. and the late Mrs. T.A. Fawcett, Trainlands, Maulds Meaburn.

At Langwathby Church, 21st, by the Rev'd B.G.R. Hale, Harry, youngest son of Mr. & Mrs. Mounsey, Langwathby Hall, to Helena (Nellie), youngest daughter of Mr. & Mrs. Waugh, Langwathby.

Died at the Home Farm, Edenhall, 4th, Lydia, widow of Edward Lancaster, age not said, buried at Kirkland, 12th.

Died at Swinton, Manchester, 12th, Annie Isobel, wife of Joseph Ritson Kidd, 36. She was buried in Addingham Churchyard.

Died at Town Foot, Melmerby, date not said, Sarah, wife of Christopher Morton, 45, buried at Melmerby, Sunday 15th, 21.30pm.

"Broadcasting is not just a craze. It's here to stay", says Marconi.

Penrith Cottage Hospital reopened after 7 months closure for extension and upgrading. It serves the Eden Valley as well as Penrith.

Jeremy Godwin

## St. Lukes Church, Ousby

### Coffee afternoon in the Community Centre

Saturday 29th October

2.00 - 4.00pm.

Cake Stall, Homemade Jams & Cards + Raffle.

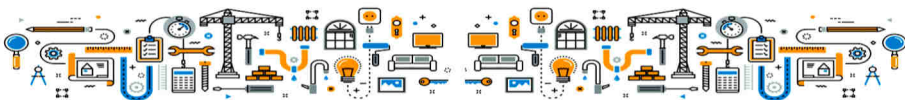
All welcome



## Langwathby Village Hall – Renovation Consultation

A **Public Consultation meeting** is called for Friday 14<sup>th</sup> October between 3pm and 8pm in Langwathby Village Hall, to present the proposed plans for the renovation of Langwathby Village Hall.

The Architects,  
**The Frank Whittle Partnership,**  
and members of the **Renovation Committee** will be present to discuss the project.



## **Support FRIENDS OF LANGWATHBY SCHOOL and GNAAS**

FOLS are organising their regular collection for GNAAS from 17th - 20th October. Bags are available from school and Langwathby Stores and can be filled with clothing, bedding, curtains, towels, handbags, shoes, belts. Mobile 'phones (working or otherwise) used ink and toner cartridges are also accepted - please put in a separate bag.

Collection point in the school foyer will be open during school hours from Monday, 17th to Thursday, 20th October.

Thank you for your support.



## Glassonby Parish Council Meeting

Wednesday 27th July – Key Points

**Planning** - Hartside Cafe plans had been withdrawn.

22/0526 – Old Mill Barn - Change of use from Holiday let,  
no objections.

22/0426 – Highway Department Alston – no objections.

22/0403 – Clogsteps Barn, Little Salkeld – approved by EDC.

**Highways** – There were still lots of potholes on the Robberby and Maughanby Road. The ditch on Voil Moor had been unblocked. The increase in traffic on Dale Raven would mean the road may need some repairs due to the increase in traffic due to the bridge closure.

**Jubilee Tree Planting** – A letter had been received from the Gamblesby WI who would like to plant a Maple tree to commemorate the Queen's Jubilee. A tree had already been planted in Glassonby.

The Parish Councillors would like to thank all the Parishioners who attended both Villages' Jubilee Parties – it was great to see so many attend.

Next Meeting September 21st 7.30 at Gamblesby Community Centre.

## Christmas Shopping Night - Langwathby Village Hall

*Friday 11th November 2022 - 7pm to 9.30pm*

Entry £3 (includes arrival drink and mince pie) Stalls, Bar, Raffle



**In aid of Hunsonby Swimming Pool,  
Hunsonby Community Centre and Winskill Play Park.**

## Melmerby and District Gardening Club

### The Song of the Soil and Us

**Kate Roberts**

**Tuesday 18 October 2022, 7.30 p.m. Melmerby Village Hall**

Please bring along a sample of soil from your garden.

We will look at the samples through a microscope to see the life within.

Raffle, Tea/Coffee

**M&DGC annual membership of £10 per person due September 2022**

Visitors are very welcome to attend for £3.00,

Any queries contact **Lorna Egan** (Secretary) [l.m.egan@btinternet.com](mailto:l.m.egan@btinternet.com) or

**Jennifer Baker** (Treasurer) [tonybakerdevelopments@gmail.com](mailto:tonybakerdevelopments@gmail.com) or 079234 30932



All Welcome

### GAMBLESBY METHODIST CHAPEL

## THE AYRTON FAMILY SINGERS

'Farmers from the beautiful Forest of Bowland area of Lancashire'

**Saturday 15th October 2022 at 7.30pm**

*A mixture of Old-time Gospel and Country*

*...toe-tappin' music for all!*

**Admission by suggested donation of £7.50**

**including light refreshments**

[claire.slee@btinternet.com](mailto:claire.slee@btinternet.com) or 07756932116

### East of Eden Mission Community Choir

Rehearsals for our Christmas concert start

**Thursday October 6th, 7.30-9.30pm**

**in St Nicholas' Church, Lazonby.**

**Thereafter October 20th, November 3rd, 17th & 24th.**

**All welcome.**



**Culgaith Parish Council**  
**Monday 5<sup>th</sup> September 2022 at 7.30pm Blencarn Village Hall**

## **Queen Elizabeth II**

*With the passing of our much-respected Monarch, **Queen Elizabeth II**, Culgaith Parish Council extends its deepest sympathy and condolences to all her family. Throughout her long reign **Queen Elizabeth** has led by an impeccable example of unstinting public service, demonstrating, throughout, wisdom, compassion and warmth. She will be sadly missed by her family, our Nation, the Commonwealth and in many other parts of the world. Our thoughts are with the members of the Royal Family during this most difficult time.*

**Present – 8 Councillors and no members of the public.**

**The following key issues were discussed: -**

- **Foot Path Signs** - Kirkland/Broats, Bramblelands/Barn Croft.
- **Potholes and Other Numerous Road Issues within the Parish.**
- **Skirwith Footway Lights** – Opposite Skirwith VH and by Pear Tree house. In hand with EDC and Electricity N W.
- **Blencarn Village Green Steep Track Repair.** Work completed.
- **Fir Tree 1 Station Road** – Tree felling and killing of stump. In hand.
- **Kirkland Beck** – Excessive weed growth. Discussed with Natural England.
- **Skirwith/ Kirkland – Roadside Boundary Fence.** Repair planned for November.
- **Electricity NW – Tree safety maintenance work on Church Street Skirwith.** Permission granted to fell all trees interfering with the electricity supply.
- **Culgaith Entrance Road Signage** – New Langwathby entrance sign erected. Other entrance signs and road markings awaited.
- **Culgaith War Memorial Road Junction Marking** – Still with Highways.
- **Culgaith School Yellow ‘No Parking’ Markings** – With Highways.
- **Cost of a May 2023 Parish Election** – As there will be no District or County elections should there be one? The Parish will have to bear the full cost – est. £2000.
- **Inter Village 5-a-side Football Tournament - Spring / early Summer 2023** Interested? Contact Tom Evans [tomevans2192@hotmail.co.uk](mailto:tomevans2192@hotmail.co.uk)
- **Traffic issues** – The issue of speeding HGVs Culgaith.
- **Speed Limit Revision** by Highways in Culgaith.
- **CALC AGM** – 24<sup>th</sup> September 2022.
- **Cumbria Action for Sustainability - Big Green Week** – 24<sup>th</sup> Sept-2<sup>nd</sup> Oct.
- **Reported, Sandstone Pillar** had fallen over – Old A66 / A6412 Junction.

**Planning:**

**22/0536** – Land adjacent to Ivy House, Culgaith - New two storey dwelling on site of former agricultural depot that is to be demolished. Supported

**22/0530** – West View, Blencarn. Penrith - Proposed sun room. Supported

**Date and Venue of Next Meeting**  
Culgaith Victoria Institute, 7<sup>th</sup> November 2022

**Full minutes are available on [www.culgaith.org.uk](http://www.culgaith.org.uk)**  
**John Fleming – Parish Clerk. [culgaithpc@yahoo.co.uk](mailto:culgaithpc@yahoo.co.uk)**

It's Autumn! Time to think of Winter activities. An activity that will be friendly and sociable; one that includes exercise and mental stimulation. Have you thought of **Scottish Country Dancing**? It is all of those things, plus wonderful music, and is a skill that can introduce you to people all over the world.

**Penrith and District Scottish Country Dancing club** meet on a Monday evening 7.30 - 10.00pm at the Parish Rooms Penrith and on a Friday afternoon 2.00 to 4.00pm at Eamont Bridge Village Hall. No need to bring a partner, and the first two sessions are free. You will be most welcome, whether a beginner or an experienced dancer. We look forward to seeing you !

For further information contact Kay Fenton, email [kayfen@sky.com](mailto:kayfen@sky.com) or Peter Simpson mob: 07880 864224



*Scottish Country Dancing*

## Sing a song of sixpence, a pocket full of RYE

This year, for demonstration and education purposes at the Acorn Bank Watermill, I grew a small trough of Wheat, of Barley and of Oats. I had collected the ears of grain from under my bird feeder. The one I was missing was Rye.

Is anyone able to supply me with a small handful of Rye that I could add to the demonstration next year? It would be lovely to have all four grains. Many of our visitors do not know the different grains, and are even surprised when they see grains of Wheat, and we say this is what is making flour.

We have a hand quern which is very popular as, particularly with children, but also the on-looking adults, they are intrigued when they put in Wheat grain and crush it and out comes white flour!

**Bridget - email: [greenrushes@gmail.com](mailto:greenrushes@gmail.com)**





Langwathby Village Hall  
Sunday 9th October 2- 4pm

Seller's tables  
£10 each

Entry £1 per person, children free.  
Tea, coffee, cakes & Tombola.  
For more information contact Bridget 07833 290287

### An Update on Culgaith Village Hall

The new committee for Culgaith Village Hall has now been in place for around 3 months. The members are:

**Roger Leech** (*Chairman*) - **Helen Leech** (*Secretary*)  
**Jon Begg** (*Treasurer*) - **Sally Shaer** (*Bookings*)  
**Jacqui Hutchinson** (*super supporter*)

We have created a mailing list of "friends" for people who are interested in actively supporting the hall and helping to make it a vibrant part of Culgaith Village life. If anyone would like to know more and possibly become a friend of the hall then please email [culgaithvillagehall@gmail.com](mailto:culgaithvillagehall@gmail.com)

There is now a booking process in place for the hall and we would welcome any requests to use it by emailing: [culgaithhallbookings@gmail.com](mailto:culgaithhallbookings@gmail.com).

We aim to post the calendar of events once a fortnight on the Culgaith community Facebook page, or for those who don't use Facebook please email: [culgaithhallbookings@gmail.com](mailto:culgaithhallbookings@gmail.com) and it can be emailed.

Going forward there are a number of repairs and improvements being undertaken that are hoped may improve energy efficiency, which is a major challenge with the current building, and a relaunch of the 100 club will be coming soon.

**SKIRWITH VILLAGE HALL events OCTOBER**

**Tuesday 11th October 12.00-1.30pm**, home made soup and cake lunch.

**All welcome!**

**Friday 28 October 7.30PM 'highlights' event**

Join us in Skirwith Village hall for the

**'OYSLAND KLEZMER BAND'**

Oysland are a five piece, London Klezmer band who embody the new generation of Jewish roots music, serving an exuberant and soulful cocktail of vivacious tunes. Doors will open at 7pm, we will have a bar and serve snacks.

**Tickets £10 Telephone 01768 88276 or on [highlightsnorth.co.uk](http://highlightsnorth.co.uk)**

**Langwathby Village Hall**

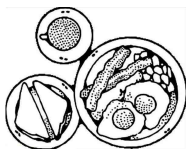
***BIG BREAKFAST***

**Sunday 2nd October 10.00 - 2.00**

Pay at the door on the day, cash only please.

£8 Adults

£5 for children under 12



**Langwathby Village Hall**

**Gin Tasting Night with Spirit of Keswick**

**Saturday 15th October**

**Doors open at 7.30 until late!**

£20 per person:

3 Gin and Tonics

1 Double Limoncello

Snacks and fun!



Booking and payment in advance, please email [fundraisinglangwathbyvh@gmail.com](mailto:fundraisinglangwathbyvh@gmail.com) to secure your gin tasting seat asap



Are you a lapsed **BRIDGE PLAYER** who would like to join a friendly group playing with tuition on a Wednesday evening in Culgaith Village Hall?

**Contact Jon on 07717845625 or email**

**[jonwb999@outlook.com](mailto:jonwb999@outlook.com)**



## **Melmerby School Allotment Trust**

We are a small Charitable Trust for the educational needs of the **Residents of Melmerby Parish**.

If you live in the Parish of Melmerby and would like to apply for help with Educational Costs, please apply in writing to the **Trustees of Melmerby School Allotment**, c/o Pear Tree House, Melmerby, Penrith CA10 1HF.

All applications will be decided on merit.

### **“Meeting Point”**

*Enjoy a cup of coffee and good company!*  
*From 10.15, Thursday, 6th October*

### **“Oasis”**

**Coffee, a short reflective service and light lunch**

*Thursday, 20<sup>th</sup> October, from 10.30*

Venue: Langwathby Chapel

**All are welcome**



### **A Traditional Harvest Festival for Langwathby**

*Come and celebrate the harvest*

*11am Sunday, 9<sup>th</sup> October*

At the Methodist Church

Service led by Rev Paul Turner

*Gifts for Foodbank welcome*

## New Electric Vehicle Charging Point at Gamblesby Community Centre

Drivers of electric vehicles now have the opportunity to recharge them if they are near Gamblesby. The community centre has a new charge point, with a twin socket to enable two cars to charge up at the same time, which was installed this year by ‘**Charge My Street**’, a community benefit society installing and operating charge points initially in Lancashire and Cumbria but now expanding nationwide. The lack of charge points where people need them (especially in rural areas) is one of the biggest barriers to the full scale changeover to electric vehicles, which is vital to the reduction of air pollution and the control of greenhouse gases. The one at Gamblesby is in a particularly strategic position, offering a chance to recharge before making the long ascent up Hartside to Alston and beyond.



The charge point can be found in the car park at Gamblesby Community Centre close to the building. It is automatically lit at night. It operates on the maximum possible charge available at the time, and the actual rate of charge depends on the car. A Nissan Leaf would get enough power to drive 70 miles on a 3 hour charge, and a Renault Zoe enough to drive 70 miles on a 1 hour charge. Payment for the electricity used is made via an app called the ‘**Fuuse**’ app on your mobile phone. The cost is 48p per kWh. The charge points use the Community Centre’s power supply and the cost is reimbursed by ‘**Charge My Street**’. The Community Centre acts just as a host for the charge points and makes no profit nor incurs any losses from the transactions.

‘**Charge My Street**’ is committed to improving the overall network of charge points, in both rural and urban areas wherever residents cannot install their own domestic charging points because they have no driveways, given that it is illegal to run loose power cables across pavements and roads.

Trustees of Gamblesby Community Centre are also considering installing solar panels on the south facing aspect of the roof and incorporate battery storage, which would offer the opportunity for allowing electric vehicles to be charged using the highest possible proportion of generated green energy.



**There's lots on during the week at Langwathby Village Hall**

- Monday:**     **Yoga** 9.30am – 11am  
                  **Blast & Burn** 7pm – 8pm  
*This is a new class suitable for all abilities 16+, burn your legs, blast your core and grow your glutes*
- Tuesday:**    **North Lakes Field Archers** 7pm – 9pm
- Wednesday:** **Playgroup** 9.30am – 11.30am  
                  **Budokon Yoga** 6pm – 7pm  
                  **Langwathby & Edenhall WI** meet 1<sup>st</sup> Wednesday of month 7.30pm
- Thursday:**  **Yoga** 9.30am – 11.00am & 11.30am – 1.00pm  
                  **Centergy/Yoga** 6.15pm – 7.15pm (previously held on Monday evenings)  
                  **Badminton** 8.00pm – 9.30pm
- Friday:**     **Fit 4 Life** 10.15am – 11.15am

**Friday evening, Saturday and Sunday:** Perfect time and place to host your events, party celebrations or performances on our lovely big stage.

If you would like to join in with any of these activities or make a booking for the hall, please contact us on: [bookings.vhlangwathby@gmail.com](mailto:bookings.vhlangwathby@gmail.com) or ring 07871 994988. We will put you in touch with the relevant group, or deal with your booking enquiries. **See you soon**



**Kirkland & Blencarn 50/50 Club**

*September Winners*



- 1st Sally Firth
- 2nd R & J Ridley
- 3rd Grace Fleming
- 4th Sebastian Knight
- 5th Sue Littlewood

**Friday October 28th at 7.30pm in Blencarn Village Hall**

A talk from the **BEEP Doctors**  
(Volunteer Pre-Hospital Emergency Care Doctors)

**Tickets £7.50 - includes a Pie & Pea Supper!**

*Essential to book in advance. Contact Jane Porter 01768 879191*

## PUBS, SHOPS & RESTAURANTS

### The Shepherds Inn

The Village Green,  
Langwathby CA10 1LW  
E: [stephen@shepherds-inn.co.uk](mailto:stephen@shepherds-inn.co.uk)  
[www.shepherds-inn.co.uk](http://www.shepherds-inn.co.uk)  
T: 01768 881463



Scan for the menu

## THE OLD VILLAGE BAKERY

'We are Open'  
Monday to Sunday  
9.00am - 4.00pm

Seating Inside and Outside...

Breakfast & Lunch Menu available...

A range of Cards & Gifts...  
Booking recommended...01768 881811

&

'Upstairs'  
Open  
10.00 - 4.00

Or by appointment: please call  
Deborah on 07739 071141

Ladies fashion, Gifts & Interiors  
Looking forward to seeing you all...

T 01768 881811

The Old Village Bakery | Melmerby | CA10 1HE

Sponsored by 'The Old Village Bakery'  
holistic horse and hound

Are you considering a trip away  
but concerned about putting your cat into a cattery  
or having small pets cared for?  
I offer fully insured animal care  
whilst you are away from home.  
Please contact me for availability and pricing.

Read more on fb or call Lynn  
07706 771356

## LANGWATHBY STORES & POST OFFICE

Shop & Post Office  
Opening Times:  
Monday to Saturday 7am to 7pm  
Sunday 8am to 6pm

For those everyday essentials  
and an excellent selection of  
wines (including fine wines),  
spirits, beers, lagers!

Plus hot & cold drinks!

Also remember to check out our  
regular special offers in store.

*Orders taken for Delivery or  
Collection*

Telephone:  
01768 881342





## PUBS, SHOPS & RESTAURANTS (continued)



### Edenhall Country Hotel



#### Fish & Chip Friday Bar meals served daily

12pm-2pm & 6pm-9pm

Battered Haddock, Homemade Chips & Mushy

Peas for only £10.95

Sumptuous Sunday Lunch from £11.95

Lunchtime meals served 12pm to 2pm

Friday, Saturday & Sunday

Evening meals served every evening from

5:30pm-9:00pm

Edenhall Country Hotel, Edenhall,

Penrith, CA11 8SX T:01768 881454

[www.edenhallhotel.co.uk](http://www.edenhallhotel.co.uk)



### THE SHEPHERDS INN, MELMERBY

**Opening times January - April**

Mon & Tues—CLOSED

Wed—Takeaway Only 5pm-7pm

Thurs 6pm-10pm

Fri & Sat 5.30pm -11pm ; Sun Noon-9pm

We will still be doing our Shepherds at Home  
**takeaway menu** during our opening hours as  
well as Wednesdays 5pm-7pm

**\*NEW FOR 2022\***

**Fish on Fridays! Weekly changing 'Fishy'  
specials from mussels & kippers to fish  
curry**

**Tel: 01768 889064**

**Village Green, Melmerby CA10 1HF**

**Facebook: The Shepherds Inn**

**Website: [shepherdsinn.pub](http://shepherdsinn.pub)**

## COMMUNITY ACTIVITIES

### VILLAGE HALLS

**Langwathby Village Hall bookings** - please contact Brenda Shannon on 07871 994988 (please leave a message, and we'll get back to you) or by email [bookings.vhlangwathby@gmail.com](mailto:bookings.vhlangwathby@gmail.com).

### LOCAL PLAYGROUPS

A friendly, welcoming playgroup, open to everyone from local and surrounding areas during term time, offers a variety of toys, craft sessions, outings, snacks and story/song time suitable for 0-4 years.

**Langwathby** - Wednesdays 9.30 -11.30am - Langwathby Village Hall.  
Contact Lili Kersey 07876 086871

**Culgaith** - Come and **Play@Culgaith School**

First Monday of every month during term time, from 2:00pm – 3:00pm  
Contact Kerrisa 07725 046181 or [admin@culgaith.cumbria.sch.uk](mailto:admin@culgaith.cumbria.sch.uk)

## BUSINESS AND LOCAL SERVICES

### ACUPUNCTURE & MASSAGE PENRITH

Experienced Acupuncturist & Deep Tissue Massage Practitioner.

I take an holistic approach to your health, seeing people with a wide range of conditions, and I'd be happy to discuss how acupuncture or massage could help you.

**Please contact me, Jules Burrell MBACc, on mobile 07890 197 759 or visit [www.acupuncturepenrith.co.uk](http://www.acupuncturepenrith.co.uk).**

*Strict hygiene standards and PPE are in place to ensure your safety.*

I look forward to welcoming you into a safe, healing and nurturing space.

### BORDER WATER TECHNOLOGIES LTD:

We undertake all aspects of drainage, groundworks, erosion control, wetland/pond creation, CCTV surveys of drains; also design, installation, maintenance of sewage treatment systems & tank surveys for house sale. Contact 01768 881612.

Email: [admin@borderwatertechnologies.co.uk](mailto:admin@borderwatertechnologies.co.uk) or [www.borderwatertechnologies.co.uk](http://www.borderwatertechnologies.co.uk)

### ANDREW BRISCOE CARPET & UPHOLSTERY CLEANING

30 Years' experience in the carpet cleaning industry

Van mounted carpet cleaning system for all types of carpets

Upholstery cleaning including Viscose, Linen and fine fabrics

Rug cleaning drop off or pick up service

National Carpet Cleaners Association Corporate Member



Office Tel: 01768 865812 Mobile: 07850805251

Acrestone Cottage Winskill CA10 1PD



**New Builds - Extensions - Renovations**

Tel: 01768 881413. Mobile: 07510 416851

Email: [mc.castleview@hotmail.com](mailto:mc.castleview@hotmail.com)

[www.castleviewconstruction.co.uk](http://www.castleviewconstruction.co.uk)

All aspects of joinery, building, plastering and tiling.  
Suppliers and installers of UPVC windows, doors, conservatories, fascias and soffits.  
Free estimate and guaranteed to beat any like for like. Written quotation.



Langwathby Hall, Langwathby, Penrith CA10 1LW

Call the Salon for Hair Appointments 01768 889380

For Beauty Call Marie on 07944 643337

Plenty of FREE PARKING.

Chloe's Hair & Beauty offers all aspects of Hair Dressing & Beauty Treatments for Women, Men and Children.

## BUSINESS AND LOCAL SERVICES (continued)

### COLIN DAWSON LTD: ELECTRICAL AND DAIRY ENGINEERS



All types of Electrical Installation and testing carried out.  
Bagged animal, poultry, and wild bird seed.  
A wide range of household and electrical supplies, workwear, tools and general hardware is available from our shop at Highmill, Langwathby.  
Tel: 01768 889084 email: dawson@xlninternet.co.uk



SERVICES

TARMACADAM  
DRIVEWAYS  
FOOTPATHS  
GROUNDWORKS  
LANDSCAPING



adamoneil78@hotmail.co.uk | 07896 029 454



### CULGAITH SAFE & LOCKS: 24 hour Emergency Response 07790 613320

Services provided: Emergency entry to your home, business or car/van; Lock servicing/replacement and fitting; Key cutting, home and business security advice.  
Website: [www.safeandlocks.com](http://www.safeandlocks.com) E-mail: [safeandlocks@hotmail.co.uk](mailto:safeandlocks@hotmail.co.uk)



### Eddie Potts : Decorative Painter

All aspects of Interior / Exterior paintwork undertaken.  
Experienced painter of High End Bespoke fitted kitchens.  
Specialist paint effects available - Murals, Marbling etc.  
email: [eddiepotts@uwclub.net](mailto:eddiepotts@uwclub.net) Mobile: 07968 642661

**FELLSIDE GROUNDWORKS LTD:** Council approved– all types of commercial and domestic groundwork undertaken: Drives, tarmacing, concreting, curbing, walling, drainage etc. Also plant hire and small tool hire at reasonable rates. Please call John on 07825 768911 or 01768 881158. Or email [fellside.groundworks@gmail.com](mailto:fellside.groundworks@gmail.com)



Covering all your electrical works for the last 25 years.  
Our local, friendly, and reliable team cover all aspects of electrical work.  
Contact us today for a free, no obligation estimate.

Tel: 017684 80754 - 24 Hour Emergency Response  
Email: [info@fieldviewelectrical.co.uk](mailto:info@fieldviewelectrical.co.uk)  
Web: [www.fieldviewelectrical.co.uk](http://www.fieldviewelectrical.co.uk)

12 Moorside, Hunsonby, Penrith CA10 1PL



**GARDEN SERVICES:** Joe Thwaites, The Lilacs, Langwathby - Lawn mowing, strimming, pruning, hedge trimming and general maintenance. - Fully insured  
Tel: 01768 881441 Mobile: 07929 155816 or email: [joethwaites66@hotmail.com](mailto:joethwaites66@hotmail.com)

**LAMBKINS DAY NURSERY & PRE-SCHOOL CENTRE** Providing Outstanding Care and Education for children aged 3 months to 8 years old. Flexible free 15-30 hours available. Exciting opportunities for the children including forest school and creative workshops.

Call the team for more information: 01768 881888  
or [lambkinsdaynursery@hotmail.co.uk](mailto:lambkinsdaynursery@hotmail.co.uk)



**ELECTRICAL**

Your Domestic and Commercial Electrician

As a local electrician with over 12 years experience, I offer a friendly and professional service in all aspects of electrical work. I am fully registered and insured with the NICEIC. Free design advice and quotations offered. All works will always be of the highest standard and signed off appropriately. Why not give me a call today.

National Inspection Council for  
Electrical Installation Contracting  
**NICEIC**  
APPROVED CONTRACTOR

07568 729010  
01768 879115

Marius Erasmus - Pea Top House, Culgaith, CA10 1QW

me.electrical@hotmail.com

**M.J. ELECTRICAL** Friendly and Reliable, Local Electrician based in Gamblesby. All aspects of electrical work undertaken. Free quotations available. Call Michael for all your electrical queries: 01768 881799 or 07760 444525  
Email: mjenningslectrical@gmail.com

### PS TREE

Providing qualified tree management and professional tree inspections. Work undertaken includes pruning, felling, crown reduction, hedge cutting and orchard management. Qualified to provide tree risk assessments and reports. Fully insured. For a free, no obligation quote please call Dave Willetts on 075000 49755 or visit [www.pstree.co.uk](http://www.pstree.co.uk)

### PINE TREE NURSERIES & GARDEN DESIGN SERVICES

Glassonby CA10 1DZ Tel: 07899 722530 / 07391 450735

Email: [pinetreenurseries@gmail.com](mailto:pinetreenurseries@gmail.com)

Wander round our display beds and choose from a large selection of perennials, shrubs, conifers and grasses. Friendly advice always available.

**Opening times: Wed - Sun 10am - 5.30pm including Bank Holidays**

[www.pinetreenurseries.co.uk](http://www.pinetreenurseries.co.uk)



**RACHEL EW BANK** – Direct seller of Flamingo Paperie greetings cards, gift wrap, stationery goods (including Christmas cards, Advent Calendars, Bunting etc) and paper craft kits.

Contact me for brochure: Tel: 07760 230945

Email: [rachel.ewbank@btinternet.com](mailto:rachel.ewbank@btinternet.com)

Settle House, Salkeld Road, Langwathby, CA10 1ND

### **ROWAN Tree Surveys**

t 01768 881207 m 07517 489527

[phil@rowantreesurveys.co.uk](mailto:phil@rowantreesurveys.co.uk) [www.rowantreesurveys.co.uk](http://www.rowantreesurveys.co.uk)

Phil Scott-Collins Arboricultural Consultant providing professional tree condition reports, tree risk assessments and development site tree surveys.



**STONE & COUNTRY**

Tel: 07485 011534

of Little Salkeld offer a comprehensive service covering **stonemasonry** and **walling**, **landscaping** and associated **groundworks**. Design and build, rebuild, repairs and restoration. Also small plant & equipment hire.  
Email: [howdo@stoneandcountry.co.uk](mailto:howdo@stoneandcountry.co.uk)

**ROY HODGSON LOCAL BUILDER:** All aspects of building work undertaken. No job too small. Fully qualified (C&G) with over 30 years experience.  
For a free, no obligation quote please call 07721 730108 or 01768 88658

**TIM METCALFE JOINER AND TILER:** All types of joinery and tiling work undertaken. Fully qualified with 25 years experience. All size jobs considered. Call 01768 881827 or 07977 571237



### TITHE COTTAGE FURNISHINGS



Professional, friendly service making all types of curtains, roman blinds, pelmets, cushions and more. Free home measuring service and can provide all linings, tapes etc. All you need to do is choose your material! A growing selection of curtain poles, tracks and trimmings are also available. Alternatively why not recycle existing furnishings into new window dressings? Please call Catherine Atkinson on

01768 889179 / 07443 899659 or email:[tithecottagefurnishings@talktalk.net](mailto:tithecottagefurnishings@talktalk.net)

## NEW ADVERTISERS

### *Community Celebrant*

Beautiful, personalised, inclusive ceremonies created and officiated across the Eden Valley.

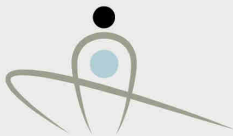
Each ceremony is bespoke, and based on your beliefs not mine. This may be religious, spiritual, humanist or other.



. Cremation . Burial . Eco-burial  
. Interment or Scattering of Ashes  
. Memorial . Wedding . Vow Renewal  
. Handfasting . Naming (for all ages)  
. Other life transitions  
and healing ceremonies

**Veronika Robinson | Celebrant | Celebrant Trainer**

01768 898 748 or 07717 222 695 | [www.veronikarobinson.com](http://www.veronikarobinson.com)



**IAN RIGG**

### **Yoga, Meditation & Wim Hof Method with Ian Rigg**

Prioritise your own health and well being and become stronger and more resilient. The following classes and workshops are available in Langwathby and Penrith: Budokon Yoga and Mobility classes, Mindfulness meditation and compassion based interventions, Wim Hof Method Fundamentals Course.

Contact: Ian Rigg 07743967222 or visit [ian-rigg.com](http://ian-rigg.com)



Beautiful rugs hand made by Louise

I make woven rugs from the finest woollen edges cut from the sides of woven cloth. Crafted on a peg loom, these rugs add warmth to any room and make a lovely gift. Example rug size 120cm x 60cm x 5cm. Sensibly priced.

Please contact me for further information.

Email : [enquiries@deepdaledesign.co.uk](mailto:enquiries@deepdaledesign.co.uk) Tel: 07942 941344

## THE QUEEN

Elizabeth reigned for seventy years  
with dignity, grace and a smile on her face.  
A face so familiar to us all  
from coins, stamps and parades down the Mall.

Maybe in the background  
but always there in good and in bad.  
To comfort in grief  
and rejoice in the glad.

Now she is gone  
and what can we say?

Only one thing.....

## GOD SAVE THE KING

*Kath Holmes*

### SERVICES IN OUR CHURCHES AND CHAPELS FOR OCTOBER

Sunday 2 <sup>nd</sup> October		Sixteenth Sunday after Trinity	
Edenhall	4pm	Evensong	Bryan Gray & Canon Katharine Butterfield
Melmerby	9.30am	Morning Prayer	Canon Katharine Butterfield
Langwathby St Peter's	11am	Holy Communion	Canon Katharine Butterfield
Langwathby Methodist Chapel	5pm	Taizé-style Evening Prayer	Joan Wager

Sunday 9 <sup>th</sup> October		Seventeenth Sunday after Trinity	
Gamblesby	10am	Little Acorns	Claire Slee
	2pm		Rev Dave Milner
Kirkland	9.30am	Holy Communion	Rev Andrew Burrell
Langwathby Methodist Chapel	11am	Harvest Festival	Rev Paul Turner
Melmerby	11.30am	Baptism	Rev Andrew Burrell

Sunday 16 <sup>th</sup> October		Eighteenth Sunday after Trinity	
Addingham	9.30am	Holy Communion	Rev Fiona Jenkins
Culgaith	11am	Holy Communion	Rev Andrew Burrell
Langwathby St Peter's	11am	Baptism	Rev Lindsay Harrod
Ousby	10am	Morning Prayer	Julie Barrett

Sunday 23 <sup>rd</sup> October		Nineteenth Sunday after Trinity/Bible Sunday	
Culgaith Village Hall	10.30am	Café Church	
Edenhall	3pm	Evensong	Bryan Gray
Gamblesby	2pm		Jan Blackshaw
Langwathby Methodist Chapel	11am	Morning Worship	Bryan Gray
Skirwith	9.30am	Holy Communion	Rev Andrew Burrell

Sunday 30 <sup>th</sup> October		All Saints Sunday	
Langwathby St Peter's	5pm	Service of Thanksgiving & Remembering	Rev Lindsay Harrod
Melmerby	5pm	Service of Thanksgiving & Remembering	Rev Andrew Burrell



Paddington ✓  
@paddingtonbear

Thank you Ma'am, for everything.

6:41 PM · Sep 8, 2022 · Twitter Web App